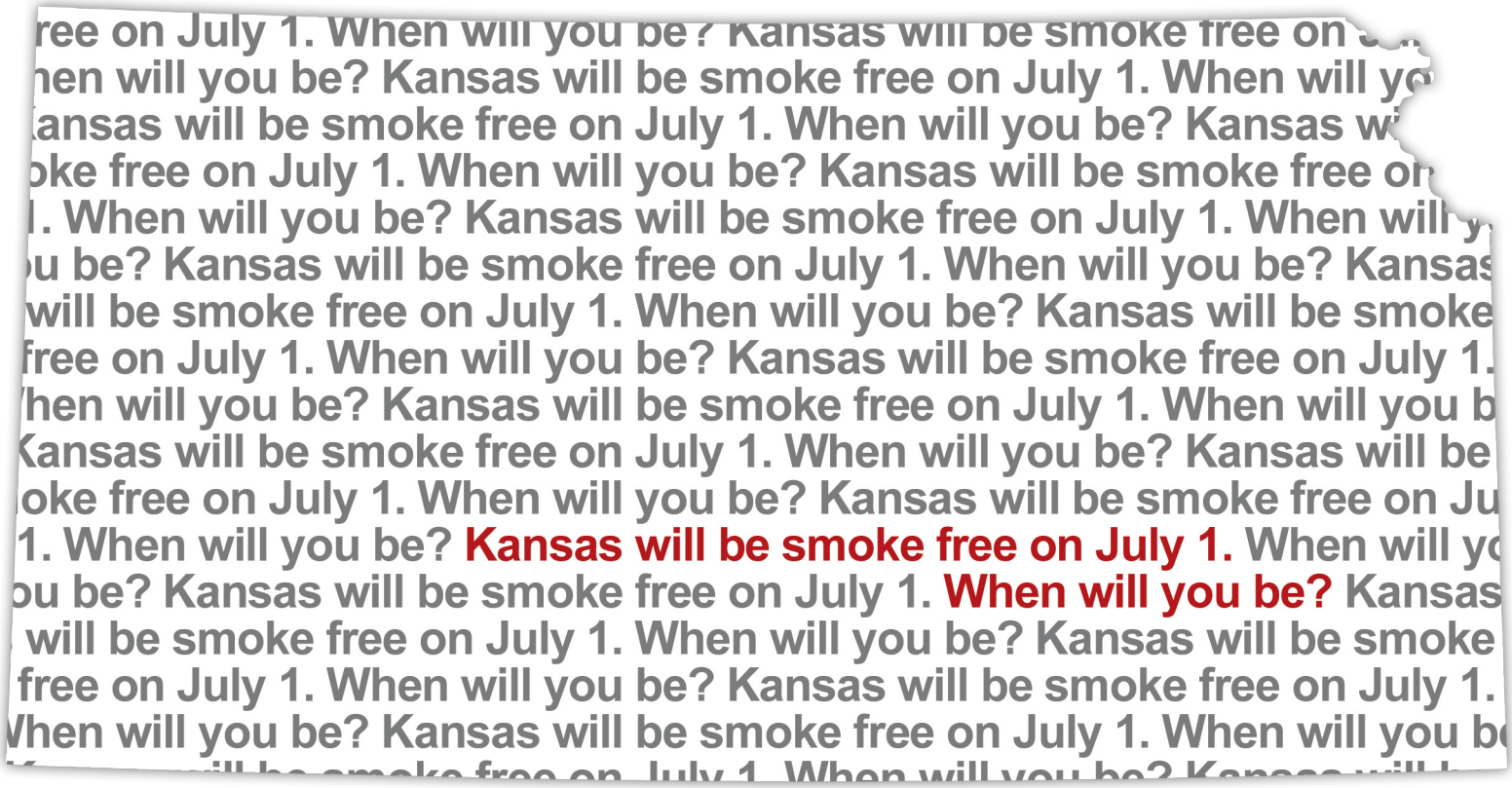

As of July 1, 2010, workplaces, bars and restaurants across the state of Kansas will be smoke free. Isn't it time you quit? When you're ready, the Quit For Life® Program will provide the support you need. Call today to get help putting together a Quit Plan individualized for you. You may even qualify for free nicotine replacement therapy, which can increase your success rate and make smoking a thing of the past.

Who is eligible to participate?

- Benefits eligible state and non-state employees who are enrolled in the state employee health plan or who have waived coverage in the plan.
- Retirees, spouses and dependents 18 years or older who enrolled in the state employee health plan.

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The tobacco cessation program is provided at no cost to you and addresses all forms of tobacco.

The Quit For Life® Program is brought to you by the American Cancer Society® and Free & Clear®. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.

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