



We Don't Judge.

The Quit For Life Program meets you right where you are – we know it's hard to quit tobacco, and we understand that it often takes many attempts to succeed. Our Quit Coaches, many of whom are former tobacco users, are here to provide you with support and knowledge, not judgment.

Today is a new day. Let us help you let go of your past as a tobacco user, and embrace a healthy new you.

It's FREE. It's confidential. It works.

1.888.275.1205 (select option 3) | www.KansasHealthQuest.com

The tobacco cessation program is provided at no cost to you and addresses all forms of tobacco.

Who is eligible to participate?

Benefits eligible state and non-state employees who are enrolled in the state employee health plan or who have waived coverage in the plan. Retirees, spouses and dependents 18 years or older who enrolled in the state employee health plan.

