

Tracking Financial Fitness Challenge Activity on the Portal

Reference information for logging your challenge activity at www.KansasHealthQuest.com.

The goal for this challenge is to “save” 500 virtual dollars between April 2 – 30. To reach the goal, keep track of these daily, weekly and monthly activities:

**Save 10 virtual dollars each DAY
(max of 20 virtual dollars per day):**

- Keep track of total daily spending
- Avoid using a credit card

**Save 20 virtual dollars each WEEK
(max of 40 virtual dollars per week):**

- Pay bills on time
- Balance your checking account

**Save 30 virtual dollars each MONTH
(max of 60 virtual dollars per month):**

- Put money into savings account
- Put money into retirement account

Sample Tracking Page for Week 1 of the Challenge:

Week of Mar 30, 2014 - Apr 5, 2014							Next week
	Sun	Mon	Tu	Wed	Th	Fri	Sat
Keep track of your total spending (10)				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avoid using a credit card (10)				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pay bills on time week of 4/2 - 4/8 (20)				<input type="checkbox"/>			
Pay bills on time week of 4/9 - 4/15 (20)							
Pay bills on time week of 4/16 - 4/22 (20)							
Pay bills on time week of 4/23 - 4/30 (20)							
Balance your checking account week of 4/2 - 4/8 (20)				<input type="checkbox"/>			
Balance your checking account week of 4/9 - 4/15 (20)							
Balance your checking account week of 4/23 - 4/30 (20)							
Balance your checking account week of 4/16 - 4/22 (20)							
Set aside money into a savings account (30)							
Set aside money into a retirement account (30)							
Daily Virtual Dollars	<input type="text" value="0"/>						

Check boxes for daily activities will appear each day.

Check boxes for weekly activities will appear once per week.

The weekly activities can be completed any time during the week, but must be logged on Wednesdays.

Check boxes for monthly activities will appear only during the final week of the challenge.

The monthly activities can be completed at any time during the month, but must be logged on the portal during the final week of the challenge.

Enter \ Save