HealthQuest

Condition Management Program

Part of the State Employee Health Plan

AD ASTRA PER ASPERA

Kansas

Department of Health and Environment

Division of Health Care Finance

HealthQuest

For more information:

1-888-275-1205

TTY Line: 1-888-277-1543

www.KansasHealthQuest.com

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The help you need to make the right decisions about your health

The HealthQuest condition management program, managed by Alere®, is a health improvement benefit available to you through the State Employee Health Plan if you have any of these chronic conditions:

- Asthma
- Chronic Obstructive Pulmonary Disease
- Coronary Artery Disease
- Diabetes
- Heart Failure

This program is being administered by Alere®, a company known for helping people improve their health by supporting their individual health goals. You may be eligible to receive specialized in-home devices to help you better track your progress.

Whether or not you want to participate is completely up to you. Any information you share is strictly confidential. And, best of all, it's an added benefit from HealthQuest/State Employee Health Plan that won't cost you an extra cent.

This program has improved the lives of thousands of people around the country, and it can do the same for you.

Managing any health condition can be difficult, but managing chronic conditions can be even more difficult. However, having a chronic illness does not need to keep you from living a full life. Personal support and information are available to help you make a positive difference in your life:

- It's personal.
- It's private.
- And it's available at no cost to you.

Here's what you can expect:

A team of compassionate healthcare professionals are on call for you 24 hours a day, all year round through a toll-free phone number.

Specially qualified to give you the latest health information, a care manager can help you:

- Learn to recognize your symptoms and lessen their effects
- Understand which treatments and medications work best for you
- Help you follow your doctor's plan of care
- Live healthier and feel your best, every day

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