

Employee Advisory Committee Meeting Minutes
August 31, 2010
Landon State Office Building
FINAL (Approved at 4/20/2011 Mtg.)

Attending: Pres. Cheryl Buxton, Kyle Austin, Brant Barber, Barbara Barto, Tracy Clarke, Kim Fowler, Beth Fultz, Marjorie Knoll, Greg Piper, Kristy Rizek, Jackie Scott, Steve Stankiewicz, Susan Warriner

By Phone: John Oswald, Linda Prothe

Absent: Patty Delmott, Beth Fenske, Linda Kelly, Ben Middleton, Jan Sides, Elizabeth Smith

Meeting called to order by President Cheryl Buxton.

Approval of May 12 Minutes

One revision to the minutes was noted. The next meeting date should reflect August 31 instead of July 21 as there was no meeting on that date. A motion to accept the minutes with the noted revision was made, seconded, and approved.

KHPA Update

Jennifer Flory reported that open enrollment books are at the printer and would be shipped to agencies the first part of September. Training the trainer meetings for human resources staff is scheduled to start Thursday, September 2 and they expect to schedule at least seven of these meetings throughout the state. The new website for 2011 open enrollment will not be available until the end of September. Insurance rates will also be out soon.

Long Term Care enrollment is ongoing and available until the end of September.

Health Quest Program

The HealthQuest Communications Coordinator gave a presentation to the committee about the benefits and wellness services for the State of Kansas employees.

She spoke about the different programs available, such as:

- Health Assessment Screenings (Includes the Availability of \$50 Gift Cards for Participating)
- Nurse Help Line
- Health Coaching (Telephonic or Electronic Coaching with a Personal Health Coach)
- Condition Management Coaching
- Tobacco Cessation Program
- Employee Assistance Program (EAP)
 - Short Term Counseling on Employee and Family Matters
 - Legal Consultation (Excludes Employment Law or Workers Compensation)

- Personal Money Management Assistance
- Elder Care and Child Care Assistance
- Grab-A-Cab (Offers free cab rides twice a year for employees who have drunk too much to drive.)
- Life Coaching

Enrollment for any of these programs is available through the HealthQuest website.

The newest initiative is setting up the Wellness Champion Network to provide program support and implementation at the grass roots level. The goal is to have a wellness representative or team at each agency.

Health Insurance Rates

A handout was distributed with the new health insurance rates. The maximum increase is 8%. Jennifer was asked to e-mail the costs associated with keeping children on parents' insurance until they are age 26 when the numbers are available. KHPA will also provide an analysis regarding the change from a 60-day wait to a 30-day wait for insurance coverage.

By-Law Changes

A draft copy of the revised by-laws was handed out. Suggested areas to be revised included:

- Attendance
- Job Duties of Committee Members
- Term Limits and Rotation of Committee Members
- Clarification about the President, Vice President, and Secretary as Voting Members
- Requirements at End of Term

The draft by-laws will be sent to the KHPA legal department for review. The approved copy will be e-mailed to all members. Approval voting will be conducted via e-mail.

Agenda Items for Next Meeting

- Feedback from KHPA on 2010 Open Enrollment

Next EAC meeting will be November 17, 2010.

Meeting adjourned.