

Employee Advisory Committee Meeting Minutes
January 23, 2008, 10:30 a.m.
Landon State Office Building, Room 106

Attending: Pres. Jan Sides, Cheryl Buxton, Elizabeth Fultz, Linda Kelly, Steve Dechant, John Oswald, Greg Piper, Linda Prothe, Elizabeth Smith, Patty Delmott, Kyle Austin, Barbara Barto, Kim Fowler, Claudia Keller

On the Phone: Tori Dinkel, Marjorie Knoll

Absent: Lynn Ging, Richard Leighty, David Rapson, Sandy Russell, Susan Warriner

Call to Order: 10:35 by Pres. Jan Sides

- I. Approval of Minutes of November 14th meeting motioned by Steve Dechant and seconded by Greg Piper. All members present unanimously approved the meeting minutes.
- II. Pres. Jan Sides introduced new members, Kim Fowler and proposed new member, Kyle Austin. He will be taking the place of William Purdy. In addition, current members terms were renewed for Barbara Barto, Cheryl Buxton, Linda Kelly, Greg Piper, and Jan Sides. In addition, the EAC elected new officers for 2008. They are President Jan Sides, Vice President Cheryl Buxton, and Secretary Tori Dinkel.
- III. Cheryl Miller, HealthQuest Program Director, addressed the committee with updates on the PHA (Personal Health Assessment) Program. The State of Kansas currently has a 3-year contract with the health coaches. Health coaches consist of specialists such as Nurses, Dieticians, Respiratory Therapists, etc. Online programs are also available for those who choose not to work one on one with a person. There is a \$50 gift card available for those who register and complete the PHA. Cheryl stressed that beginning at the Dialog Center would be most helpful in accessing all the online tools available. Steve Dechant recommended making this available through the state website for those who cannot access the internet. Cheryl stated that's most likely not going to be an option, but she would do some checking. It was also mentioned that a person must register 3 days prior to the screening. A question was asked regarding having to report the \$50 gift card as income. Cheryl stated that anyone other than employees would need to report it. Next year, the goal is to link the PHA with the State health plan benefits. The committee asked that Cheryl report back with updates.
- IV. Jennifer Flory reported HCC items of interest to the committee. Recently, the HCC approved the appointment of EAC members with the exception of Kyle

Austin who is currently pending approval. Health plan changes include removal of maximum allowance of prosthetic/orthopedic devices of \$5,000 and Urgent Care co-pay visit/co-insurance was revised. The committee requested a report showing utilization of the PHA program. Jennifer asked that anyone with suggestions for Plan "B" or High Deductible Plan improvements or changes please email her. Health plan funding was reviewed. She stated that a reserve account would need to be set up now that it is self-funded. The HCC will receive quarterly reports on funding and the documents will be available on their website for viewing. A comment was made referencing letters that are being received from Caremark when prescriptions aren't filled within a timely manner. Information in the letter provides instructions on how to be removed from their mailing list. Jennifer mentioned two changes to the drug plan, tobacco control and weight loss. Information regarding the chronic care benefits is available on both the KHPA and HealthQuest websites. For questions, additional cards, etc. the health plan customer service department direct. The State health plans are currently out for bid.

- V. Pres. Jan Sides again suggested an Insurance 101 session possibly to be conducted at the next EAC meeting lasting for approximately one hour. The EAC members concurred. The session will begin at 10:30 am at the April EAC meeting. A question was asked regarding health care coverage for same sex partners. Jennifer stated that same sex partners currently do not qualify for the State health plan and would require the HCC to take recommendations to Legislation in order to be considered. Steve Dechant inquired as to the importance in attending HCC meetings. Pres. Sides encouraged EAC members to participate in attending at least one meeting a year particularly when voting issues arise. The HCC meeting agenda's are available on the website. A request was made for a time line of changes for the upcoming year. Flory stated that the July meeting is the absolute last chance to make changes in order to meet the Open Enrollment deadline. Pres. Sides stated he received mixed feedback on Open Enrollment from people. He also encouraged the new EAC members to email Jennifer Flory and cc: him with any questions or concerns.

Meeting adjourned at 12:55 p.m.

Next EAC meeting: April 23, 2008, 10:30 a.m., Landon State Office Bldg., Room 106