BE PREPARED!

Pandemic Influenza Is Inevitable

What Could The Impact Be In Kansas?

1 million may become ill
500,000 may need outpatient care
5,000 may be hospitalized
2,500 may die

What Can I Do?

* Develop a home preparedness kit that includes a supply of medications, water, food, a battery-powered radio, a hard-wired phone and a plan for checking on family members;
* Wash your hands often;
* Cover your cough;
* Get a flu shot;
* Stay home when sick;
* Limit your contact with large crowds during the height of the flu season;
* Contact your medical provider if you have flu symptoms requiring medical attention.

To find out how to prepare for the next influenza pandemic, contact your local health department or visit the KDHE Web site at: www.kdheks.gov