

Parents and Provider H1N1 Resources for Children

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Families and providers working with children have several resources and information available for prevention of pandemic influenza.



Sesame Street has a website that includes simple everyday actions that help parents and children to stay healthy and to keep germs away, especially those that can lead to the flu. Young children may not understand exactly how germs spread, but they will understand

that there are certain things that they can do to stay healthy, especially when they do them with the adults who care for them during their everyday routines! Information for both parents and children can be found at www.sesamestreet.org/parents/topics/health/flu/

The Centers for Disease Control and Prevention (CDC) has suggestions for parents in talking with young children about pandemic influenza, as well as information on caring for family members with influenza.



Topics of interest include:

- Taking Care of a Sick Person in Your Home
- Advice for Parents on Talking to Children
- Feeding your Baby: What Parents Should Know
- School (K-12) Dismissal and Childcare Facilities
- Interim CDC Guidance on Day and Residential Camps
- Seasonal and Novel H1N1 Flu: A Guide for Parents

For more information, please visit www.cdc.gov/h1n1flu/talkingtokids.htm.

The website www.flu.gov/, has a document for schools and families related to guidance for schools. Helpful information and recommendations for keeping ill children home. The document is available at www.flu.gov/plan/school/schoolflutookit.pdf.



For more information, go to the KDHE H1N1 Pandemic Flu website at www.kdheks.gov/H1N1/index.htm.