

# Individualized Healthcare Plan

By Jane Stueve, Adolescent and School Health Consultant

An Individualized Healthcare Plan (IHP) is developed to take the guesswork out of providing care, relying on a scientific knowledge base to make decisions about the delivery of nursing care. (Denehy, 2004) An IHP documents the assessment, nursing diagnosis, the student goals and outcomes to be achieved, the nursing interventions to be utilized and ways in which the plan's effectiveness will be measured.

Professional school nurses are leaders in the provision of special healthcare services. An IHP is the written document that captures these professional activities provided to individual students. (Selekman, 2006)

The registered professional school nurse is responsible and accountable for creating the IHP, managing its activities and for its outcomes, even when implementation of the plan requires delegation to unlicensed, assistive personnel. (NASN, 2006)

Students whose health needs affect their daily functioning or education should be considered as a priority for an IHP. Some of the students included in this definition are:

- Medically fragile with multiple health needs
- Students requiring multiple nurse contacts during the school day
- Students with an identified health need in an IEP or 504
- Students needing daily care from the school nurse services

The IHP should include the name of the student, date of birth, allergies and medical diagnosis and physician orders. It can be set up in several formats including a test box (see example):

- Date your IHP entries. The IHP can be updated at any time and reviewed twice a year with anyone whom the professional nurse has delegated care.
- The Assessment Data can include health history, current health status, self-care skills and needs, psychosocial status and health issues related to learning.
- Nursing Diagnosis is defined by the North American Nursing Diagnosis Association (NANDA) as "a clinical judgment about individual, family, or community responses to actual or potential health problems/life processes. Nursing diagnoses provide the basis for selection of nursing interventions to achieve outcomes for which the nurse is accountable." In other words, it is not a medical diagnosis but the student's response to the condition. You can find a list of nursing diagnoses at Nursing Care Plans website <http://www1.us.elsevierhealth.com/MERLIN/Gulanick/Constructor/index.cfm>.
- Goals are hoped-for outcomes for the student related to the nursing diagnosis.
- Nursing Interventions are treatment or interventions listing specific activities to be carried out.
- Expected Outcomes are what the student is to do in response to the intervention. Outcomes generally answer questions of when, where and how.

The IHP is developed collaboratively with information from the family, the student, the student's healthcare providers and school staff as appropriate. (NASN & ANA, 2005) Signatures of persons involved in the development of the IEP are recommended, as this will provide clarification for everyone involved.

Date	Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes

# Educational Dental Materials Provision Required in Expanded CHIP Benefit Package

By Brenda Nickel, Child and School Nurse Consultant



Barbara Langner, Ph.D., acting Medicaid Director at the Kansas Health Policy Authority (KPHA), released information regarding expansion of services through the Children's Health Insurance Program (CHIP) and new requirements regarding educational materials for parents.



Kansas will make educational materials available in the clinics that provide or support prenatal care services to low income children. The Centers for Medicare Services CMS has indicated that the *Healthy Start Grow Smart* brochures found on their website, <http://cms.ntis.gov/>, will meet this requirement.

In February, President Obama signed the Children's Health Insurance Program Reauthorization Act (CHIPRA) enacted by Congress that renewed CHIP through the end of 2013. It also expanded its scope to include educating parents on the risk of early childhood caries and the importance of a dental visit by the age of one and improving access to dental care for children.

Kansas has been a state that has always provided dental benefits. In addition to expansion of coverage for many other states, a new provision requires development and dissemination of dental educational materials, as well as state requirements to post lists of participating dental providers.

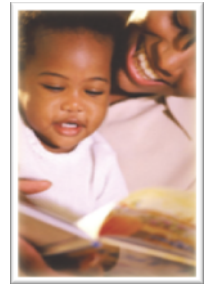
To meet these new requirements:



The list of Kansas dental providers has already been posted on the Insure Kids Now website at: [www.insurekidsnow.gov/](http://www.insurekidsnow.gov/).

All brochures are available to download in English, Spanish, Chinese and Vietnamese.

To ensure that Kansas meets the federal funding requirements and that parents and children receive the information they need, it is essential that clinics make these brochures available by either downloading or ordering the series for free at <http://cms.ntis.gov/>.



## KS-HAN: Kansas Health Alert Network is Resource for School Nurses

By Brenda Nickel, Child and School Nurse Consultant



Updates and information related to the current H1N1 influenza in Kansas is sent out to school nurses and other health providers using the Kansas Health Alert Network (KS-HAN) through the Center for Public Health Preparedness (CPHP).

Participants in the KS-HAN also include local health departments, hospitals, emergency medical services agencies, animal health entities, clinics, private and public health laboratories and other first responders across the state.

The KS-HAN is a secure, web-based electronic communication system that enables local and state emergency health and safety entities to share public and environmental health and general emergency preparedness information rapidly. The system allows for the rapid notification of any and all users in the event of an emergency, when the timely distribution of recommendations on investigation, prevention and treatment is critical.

Since the site is secure, providers wanting to participate in KS-HAN must register to use the system by emailing their name, employer, employer phone number, job title or description to [kshanadmin@kdheks.gov](mailto:kshanadmin@kdheks.gov) (CPHP, 2009). Once approved, an **Invite Code** will be sent via fax or email so that you can complete the registration process.

If you are not currently registered as a user and want to learn more about the Kansas Health

Alert Network and the user agreement, go to <https://kshealth.kdhe.state.ks.us/HealthAlertNetwork/>.

