

# Kansas Child Care Health Consultation Training Spotlighted in Philadelphia

By Brenda Nickel, Child and School Nurse Consultant



I was invited to present at the National Training Institute (NTI) for Child Care Health Consultants (CCHC) meeting November 5 prior to the American Public Health Association conference in Philadelphia.



Thirteen registered nurses practicing in a public health settings completed the training for Kansas Child Care Health Consultants

in May 2009. The Kansas training that used a combination of on-site and distance learning formats was spotlighted as “Innovative Training.” My presentation included an overview of the Kansas training format that included face-to-face training, observation and practice in community settings, and three months of distance learning through KS-Train <https://ks.train.org/DesktopShell.aspx>.

Participants had an opportunity to view the KS-Train website and to explore various examples of training materials used. (Pictured upper left: Jonathan Kotch, MD, MPH, FAAP, Project Director, NTI at Chapel Hill, introduces Nickel. Pictured lower: Nickel answers

questions from attendees about challenges and opportunities of distance learning formats.)

Participants at the meeting heralded from Virginia, New Jersey, California, Arizona, Missouri, Colorado, North Carolina, Indiana, and Pennsylvania. Other presentations included:

- Nurses as CCHCs: Preparation of Student Nurses, Amy Cory, Assistant Professor, Valparaiso University College of Nursing, Indiana and Ritamarie Giosa, Health Consultant Coordinator, Camden County Department of Children’s Services, New Jersey.
- Lead in Child Care: Robert Himmelsbach, Philadelphia Department of Public Health, Childhood Lead Poisoning Prevention Program, Division of Maternal, Child and Family Health.
- The Omaha System of Reporting: Kathi Ford, Statewide Child Care Health Consultation Systems Coordinator and Nurse Manager, Pima County Health Department, Arizona.

NTI is affiliated with the Department of Maternal and Child Health at the University of North Carolina at Chapel Hill and the Frank Porter Graham Child Development Institute. NTI is completing their second five-year competitive grant funding cycle from the federal Maternal and Child Health Bureau to train child care health consultants and has applied for a third competitive renewal.

## Child Nutrition Health Education Kit

By Ileen Meyer, Director of Children and Families Section, adapted from KAFP Weekly, VOLUME 2 ISSUE 45



Leading health authorities nationwide are calling the childhood obesity epidemic one of the greatest challenges to confront our generation. It's time to come together as a community to do everything in our power to treat, prevent and ultimately, give a healthy future back to America's children.

As a health professional, you play an invaluable role in helping to shape the kind of environment that makes it easier for children to make healthy choices.

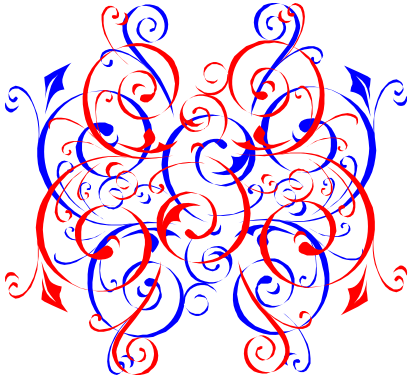
National Dairy Council and Midwest Dairy Council, leaders in dairy nutrition research and education share with you a new science-based toolkit of child nutrition materials to support your local efforts in helping to ensure our children are healthy and well-nourished. The "[Child Nutrition Health Education Kit](#)" includes:

- "[The Importance of Nutrient-Rich Foods In Planning Nutritious Meals for Children,](#)" a new joint editorial supported by the nation's leading health professional and nutrition organizations and fo-

cuses on the need for Americans of all ages to build more healthful diets and to reduce the risk of obesity and chronic disease beginning in childhood.

- "[Safeguarding the Health of America's Children: The Importance of Dairy Foods in Nutrition Programs,](#)" a new white paper that reviews the facts about milk -- whether regular or flavored - and BMI. The paper also takes a careful look at the scientific relationship between nutrition, physical activity and academic performance.
- "[School Milk: Fat Content Has Declined Dramatically Since The Early 1990s](#)" is a new analysis of USDA data (from the School Nutrition Dietary Assessment, or SNDA I & III), which found that three-quarters of students who drink school milk choose low-fat (1 %) or fat-free.

In addition, you'll find an in-depth [turn-key presentation](#) focusing on the latest research on the role of nutrition-rich dairy foods in improving child nutrition. The toolkit is designed to be a resource for you and is available online at [www.midwestdairy.com](http://www.midwestdairy.com).



## H1N1 Resources for Pediatric and Child Health Care Providers

**T**he Centers for Disease Control and Prevention (CDC) recently developed a toolkit for providers on H1N1 and children with high-risk conditions. The toolkit includes an information sheet regarding access to the H1N1 vaccine, a brochure and template letters for parents and caregivers, as well as posters for the office setting.

You can find the toolkit at [www.cdc.gov/h1n1flu/pediatric/@index\\_itd6\\_110209.htm](http://www.cdc.gov/h1n1flu/pediatric/@index_itd6_110209.htm).