

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

Wildcat Region



Kansas BRFSS
Bureau of Health Promotion
Kansas Department of Health and Environment
1000 SW Jackson St., Suite 230
Topeka, Kansas 66612-1274
www.kdheks.gov/brfss/index.html

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

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Kansas Department of Health and Environment
Bureau of Health Promotion
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Kansas Department of Health and Environment (KDHE)
Mission

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

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Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

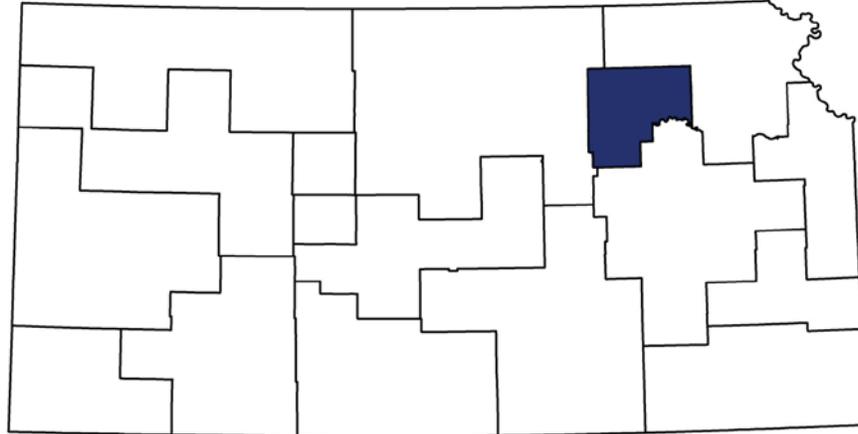
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive style with a large, stylized initial 'J'.

Jason Eberhart-Phillips, M.D., M.P.H.
State Health Officer and Director of Health
Kansas Department of Health and Environment



The Wildcat Region comprises the following counties:
Geary, Pottawatomie, Riley

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Wildcat Region County	66	18.5	11.9	25.1
Gender				
Men	40	25.3	14.3	36.4
Women	26	11.1	5.1	17.1
Age				
18 to 44 Years	35	23.0	13.5	32.4
45 to 64 Years	24	11.8	6.8	16.9
65 Years and Older	7	4.4	1.1	7.6
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	63	18.7	11.8	25.6
Race				
White	61	18.6	11.7	25.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	19	16.3	3.9	28.6
Some College or College Graduate	47	20.0	12.8	27.3
Annual Household Income				
Less than \$35,000 per Year	14	15.6	2.9	28.3
\$35,000 or Higher per Year	48	22.5	13.5	31.4
Disability				
Living with a Disability	10	11.5	3.2	19.7
Living without a Disability	56	20.4	12.6	28.2

Numerator: Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Wildcat Region County	22	5.5	1.1	10.0
Gender				
Men	8	8.3	0.1	16.6
Women	14	2.5	0.9	4.1
Age				
18 to 44 Years	6	6.3	0.0	12.7
45 to 64 Years	14	5.6	2.4	8.7
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	20	5.4	0.7	10.0
Race				
White	20	4.5	0.6	8.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	7	5.4	0.0	13.2
Some College or College Graduate	15	5.6	0.3	10.9
Annual Household Income				
Less than \$35,000 per Year	5	7.5	0.0	19.3
\$35,000 or Higher per Year	16	6.2	0.7	11.6
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	22	6.8	1.4	12.3

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Wildcat Region County	187	16.6	13.0	20.1
Gender				
Men	59	13.1	8.5	17.7
Women	128	20.2	14.9	25.5
Age				
18 to 44 Years	19	6.0	2.7	9.2
45 to 64 Years	79	31.2	24.4	38.0
65 Years and Older	89	51.8	43.6	60.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	185	17.4	13.7	21.2
Race				
White	172	18.2	14.1	22.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	65	15.3	8.7	21.9
Some College or College Graduate	121	17.3	13.3	21.3
Annual Household Income				
Less than \$35,000 per Year	67	15.8	9.7	22.0
\$35,000 or Higher per Year	100	17.0	12.6	21.3
Disability				
Living with a Disability	94	47.5	37.0	57.9
Living without a Disability	93	9.9	7.1	12.7

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Wildcat Region County	86	44.6	34.8	54.3
Gender				
Men	23	33.6	19.7	47.4
Women	63	52.2	40.1	64.2
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	33	41.0	28.1	53.9
65 Years and Older	43	44.0	32.7	55.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	84	43.9	34.0	53.7
Race				
White	79	44.4	34.1	54.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	35	49.9	30.5	69.4
Some College or College Graduate	50	41.1	30.8	51.4
Annual Household Income				
Less than \$35,000 per Year	39	57.8	44.6	71.0
\$35,000 or Higher per Year	39	37.8	26.7	49.0
Disability				
Living with a Disability	66	68.8	54.9	82.8
Living without a Disability	20	19.3	10.6	28.0

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

Denominator: Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Cancer, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Wildcat Region County	89	9.3	5.6	13.0
Gender				
Men	35	9.8	3.2	16.3
Women	54	8.8	5.7	11.9
Age				
18 to 44 Years	8	4.8	0.0	9.9
45 to 64 Years	33	11.9	7.6	16.2
65 Years and Older	48	29.7	22.1	37.4
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	88	9.8	5.8	13.7
Race				
White	81	8.5	6.1	10.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	29	6.4	3.0	9.8
Some College or College Graduate	59	11.1	5.5	16.6
Annual Household Income				
Less than \$35,000 per Year	32	15.6	3.7	27.5
\$35,000 or Higher per Year	47	6.9	4.5	9.4
Disability				
Living with a Disability	45	20.6	13.2	28.0
Living without a Disability	44	6.8	2.6	11.0

Numerator: Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Wildcat Region County	168	22.4	16.5	28.3
Gender				
Men	47	17.7	9.0	26.3
Women	121	27.4	19.6	35.2
Age				
18 to 44 Years	34	17.2	9.0	25.5
45 to 64 Years	91	37.4	30.3	44.4
65 Years and Older	43	25.6	18.4	32.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	163	22.2	16.2	28.1
Race				
White	150	22.0	15.9	28.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	50	22.6	10.3	34.9
Some College or College Graduate	118	22.4	16.9	27.8
Annual Household Income				
Less than \$35,000 per Year	50	15.7	9.1	22.3
\$35,000 or Higher per Year	101	25.6	17.7	33.4
Disability				
Living with a Disability	54	31.1	21.8	40.4
Living without a Disability	114	20.6	13.8	27.4

Numerator: Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Current Asthma, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Wildcat Region County	49	10.0	4.8	15.2
Gender				
Men	12	7.7	0.0	15.7
Women	37	12.5	5.9	19.0
Age				
18 to 44 Years	18	11.4	3.8	19.0
45 to 64 Years	22	8.1	4.2	12.0
65 Years and Older	9	5.3	1.5	9.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	46	9.3	4.2	14.5
Race				
White	45	10.4	4.7	16.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	14	12.0	0.7	23.2
Some College or College Graduate	35	8.7	4.4	13.1
Annual Household Income				
Less than \$35,000 per Year	16	14.2	2.5	26.0
\$35,000 or Higher per Year	29	10.5	3.4	17.6
Disability				
Living with a Disability	18	13.0	6.0	20.1
Living without a Disability	31	9.6	3.4	15.8

Numerator: Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Diabetes, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Wildcat Region County	61	6.3	2.1	10.4
Gender				
Men	25	8.1	0.2	15.9
Women	36	4.3	2.5	6.2
Age				
18 to 44 Years	5	4.5	0.0	10.6
45 to 64 Years	27	8.2	4.9	11.4
65 Years and Older	29	13.1	8.2	18.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	56	6.0	1.6	10.4
Race				
White	58	7.3	2.4	12.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	21	2.8	1.4	4.3
Some College or College Graduate	40	8.5	1.8	15.2
Annual Household Income				
Less than \$35,000 per Year	31	14.4	0.0	29.1
\$35,000 or Higher per Year	28	4.4	2.3	6.5
Disability				
Living with a Disability	32	12.9	7.2	18.7
Living without a Disability	29	5.0	0.0	10.0

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre*diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Living with a Disability, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Wildcat Region County	164	17.6	13.6	21.6
Gender				
Men	63	16.6	10.8	22.5
Women	101	18.6	13.2	23.9
Age				
18 to 44 Years	34	12.2	7.3	17.1
45 to 64 Years	51	20.2	14.5	25.9
65 Years and Older	79	43.4	35.3	51.4
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	160	18.0	13.9	22.2
Race				
White	152	19.8	15.2	24.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	64	19.6	11.4	27.9
Some College or College Graduate	99	16.2	12.2	20.2
Annual Household Income				
Less than \$35,000 per Year	70	20.2	12.2	28.2
\$35,000 or Higher per Year	78	16.0	11.5	20.6

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2009**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Wildcat Region County	152	16.5	12.7	20.4
Gender				
Men	57	15.2	9.6	20.7
Women	95	17.9	12.6	23.2
Age				
18 to 44 Years	33	11.8	6.9	16.6
45 to 64 Years	48	19.1	13.5	24.6
65 Years and Older	71	38.9	30.9	46.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	148	16.9	12.9	20.9
Race				
White	141	18.6	14.2	23.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	58	18.4	10.3	26.4
Some College or College Graduate	93	15.2	11.4	19.1
Annual Household Income				
Less than \$35,000 per Year	66	19.2	11.4	26.9
\$35,000 or Higher per Year	72	15.0	10.6	19.4

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

*** Insufficient Sample**

Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Wildcat Region County	454	77.2	70.6	83.8
Gender				
Men	176	75.9	64.5	87.2
Women	278	78.6	72.3	84.9
Age				
18 to 44 Years	136	76.9	67.3	86.5
45 to 64 Years	196	81.9	76.5	87.3
65 Years and Older	122	70.5	63.0	78.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	441	77.9	71.5	84.3
Race				
White	407	76.0	69.1	83.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	152	82.6	70.9	94.4
Some College or College Graduate	300	73.7	66.1	81.3
Annual Household Income				
Less than \$35,000 per Year	139	68.3	51.3	85.3
\$35,000 or Higher per Year	273	78.9	72.0	85.7
Disability				
Living with a Disability	124	80.5	73.3	87.8
Living without a Disability	330	76.5	68.6	84.3

Numerator: Respondents who reported they consumed fruits and vegetables less than 5 times per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Have Gambled in Past 12 Months, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Wildcat Region County	178	25.9	20.0	31.7
Gender				
Men	76	26.6	17.7	35.4
Women	102	25.1	17.5	32.7
Age				
18 to 44 Years	50	23.3	15.1	31.5
45 to 64 Years	84	34.0	27.1	40.8
65 Years and Older	44	26.1	18.9	33.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	174	25.5	19.7	31.3
Race				
White	167	27.7	21.4	34.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	52	17.4	8.2	26.7
Some College or College Graduate	126	31.3	24.3	38.3
Annual Household Income				
Less than \$35,000 per Year	47	22.6	11.3	34.0
\$35,000 or Higher per Year	116	29.0	22.0	36.0
Disability				
Living with a Disability	42	25.1	15.6	34.6
Living without a Disability	136	26.0	19.2	32.8

Numerator: Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Wildcat Region County	79	8.8	5.6	12.0
Gender				
Men	28	6.3	3.4	9.2
Women	51	11.5	5.8	17.1
Age				
18 to 44 Years	17	6.8	2.5	11.2
45 to 64 Years	31	10.4	6.4	14.4
65 Years and Older	31	17.4	11.2	23.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	76	9.1	5.7	12.5
Race				
White	71	8.8	5.9	11.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	38	12.3	5.1	19.6
Some College or College Graduate	40	6.3	3.9	8.8
Annual Household Income				
Less than \$35,000 per Year	42	12.0	6.6	17.5
\$35,000 or Higher per Year	28	5.6	3.1	8.1
Disability				
Living with a Disability	55	32.0	21.8	42.2
Living without a Disability	24	4.1	1.1	7.0

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Lack Health Care Coverage, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Wildcat Region County	44	10.5	4.9	16.1
Gender				
Men	18	11.3	2.7	19.9
Women	26	9.7	2.6	16.8
Age				
18 to 44 Years	20	12.7	4.6	20.8
45 to 64 Years	19	7.7	3.6	11.7
65 Years and Older	5	3.1	0.3	6.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	41	11.0	5.0	16.9
Race				
White	31	8.3	2.9	13.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	16	17.0	3.9	30.0
Some College or College Graduate	28	6.4	3.4	9.4
Annual Household Income				
Less than \$35,000 per Year	23	11.0	4.7	17.3
\$35,000 or Higher per Year	14	6.1	0.9	11.4
Disability				
Living with a Disability	7	5.4	0.0	10.9
Living without a Disability	37	11.6	4.9	18.4

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Wildcat Region County	80	28.5	20.6	36.3
Gender				
Men	39	33.5	21.2	45.9
Women	41	23.2	13.6	32.7
Age				
18 to 44 Years	48	38.0	27.0	49.0
45 to 64 Years	28	11.9	7.1	16.6
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	77	28.0	20.0	36.0
Race				
White	69	26.3	18.3	34.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	30	40.0	24.4	55.6
Some College or College Graduate	50	21.1	13.8	28.5
Annual Household Income				
Less than \$35,000 per Year	32	39.9	23.7	56.1
\$35,000 or Higher per Year	40	19.6	11.3	27.8
Disability				
Living with a Disability	14	15.6	5.6	25.5
Living without a Disability	66	31.3	22.1	40.6

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Wildcat Region County	34	4.6	2.0	7.2
Gender				
Men	11	3.2	0.9	5.4
Women	23	6.1	1.4	10.8
Age				
18 to 44 Years	11	4.4	0.7	8.1
45 to 64 Years	21	7.4	3.8	10.9
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	33	4.8	2.1	7.6
Race				
White	25	4.2	1.3	7.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	9	2.0	0.4	3.5
Some College or College Graduate	25	6.3	2.2	10.4
Annual Household Income				
Less than \$35,000 per Year	19	7.0	2.7	11.3
\$35,000 or Higher per Year	10	3.9	0.0	7.8
Disability				
Living with a Disability	11	5.9	2.0	9.8
Living without a Disability	22	4.3	1.2	7.3

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Wildcat Region County	39	4.6	2.6	6.6
Gender				
Men	10	2.5	0.6	4.4
Women	29	6.9	3.4	10.3
Age				
18 to 44 Years	12	4.3	1.6	7.0
45 to 64 Years	21	6.6	3.6	9.7
65 Years and Older	6	2.9	0.4	5.5
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	35	4.3	2.3	6.2
Race				
White	37	5.2	2.9	7.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	13	4.4	0.7	8.0
Some College or College Graduate	26	4.8	2.5	7.1
Annual Household Income				
Less than \$35,000 per Year	17	5.4	1.7	9.0
\$35,000 or Higher per Year	18	4.0	1.8	6.3
Disability				
Living with a Disability	22	17.3	8.6	25.9
Living without a Disability	16	1.8	0.6	2.9

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Had a Heart Attack, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Wildcat Region County	25	1.7	0.9	2.5
Gender				
Men	11	1.9	0.6	3.1
Women	14	1.5	0.6	2.4
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	11	4.1	1.4	6.7
65 Years and Older	14	7.1	3.3	10.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	25	1.8	1.0	2.6
Race				
White	23	1.9	1.0	2.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	12	2.2	0.7	3.6
Some College or College Graduate	13	1.4	0.5	2.2
Annual Household Income				
Less than \$35,000 per Year	15	3.4	1.2	5.5
\$35,000 or Higher per Year	8	1.1	0.3	1.9
Disability				
Living with a Disability	16	5.7	2.5	8.9
Living without a Disability	9	0.8	0.2	1.4

Numerator: Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Wildcat Region County	219	29.4	23.9	35.0
Gender				
Men	76	29.6	20.3	38.8
Women	143	29.3	22.7	35.9
Age				
18 to 44 Years	17	9.9	4.4	15.4
45 to 64 Years	113	49.0	41.5	56.4
65 Years and Older	89	55.6	47.2	64.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	216	31.2	25.4	36.9
Race				
White	206	34.7	28.6	40.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	77	26.4	15.3	37.4
Some College or College Graduate	141	31.0	25.3	36.7
Annual Household Income				
Less than \$35,000 per Year	66	35.6	22.2	49.0
\$35,000 or Higher per Year	138	29.4	22.9	36.0
Disability				
Living with a Disability	69	39.4	29.7	49.0
Living without a Disability	150	26.8	20.5	33.1

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Hypertension, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Wildcat Region County	220	17.6	14.0	21.2
Gender				
Men	80	17.3	11.6	23.0
Women	140	18.0	13.7	22.2
Age				
18 to 44 Years	15	5.3	2.2	8.4
45 to 64 Years	99	35.0	28.3	41.8
65 Years and Older	106	58.3	50.2	66.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	215	18.4	14.5	22.2
Race				
White	198	19.5	15.3	23.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	86	15.9	9.7	22.1
Some College or College Graduate	133	18.7	14.5	22.9
Annual Household Income				
Less than \$35,000 per Year	91	21.3	13.6	29.0
\$35,000 or Higher per Year	105	18.5	13.6	23.4
Disability				
Living with a Disability	84	38.0	28.1	47.9
Living without a Disability	136	13.7	10.3	17.1

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot
During the Past 12 Months, 2009**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Wildcat Region County	299	55.9	48.4	63.4
Gender				
Men	111	52.1	40.2	64.0
Women	188	59.9	51.3	68.4
Age				
18 to 44 Years	112	58.8	48.0	69.6
45 to 64 Years	129	57.8	50.8	64.8
65 Years and Older	58	36.1	28.2	44.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	291	57.3	49.7	64.8
Race				
White	265	56.2	48.5	64.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	93	53.2	38.4	68.1
Some College or College Graduate	205	57.6	50.0	65.1
Annual Household Income				
Less than \$35,000 per Year	93	54.2	38.3	70.1
\$35,000 or Higher per Year	178	51.1	42.4	59.9
Disability				
Living with a Disability	59	46.8	36.0	57.5
Living without a Disability	240	57.8	49.0	66.7

Numerator: Respondents who reported they did not have a flu shot during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Wildcat Region County	141	23.0	15.9	30.0
Gender				
Men	45	22.1	10.7	33.6
Women	96	23.8	16.0	31.7
Age				
18 to 44 Years	33	22.5	12.3	32.7
45 to 64 Years	58	22.0	16.2	27.8
65 Years and Older	50	27.2	20.1	34.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	136	23.8	16.4	31.1
Race				
White	123	23.4	15.7	31.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	65	36.5	21.5	51.6
Some College or College Graduate	75	13.9	9.6	18.1
Annual Household Income				
Less than \$35,000 per Year	59	24.3	13.5	35.2
\$35,000 or Higher per Year	64	18.3	10.0	26.6
Disability				
Living with a Disability	61	31.8	22.5	41.1
Living without a Disability	79	21.5	13.1	30.0

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Wildcat Region County	288	45.8	38.1	53.6
Gender				
Men	102	45.8	33.5	58.0
Women	186	45.9	36.8	55.1
Age				
18 to 44 Years	74	42.7	31.6	53.7
45 to 64 Years	129	52.3	44.9	59.7
65 Years and Older	85	53.4	44.7	62.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	284	48.2	40.3	56.0
Race				
White	266	49.6	41.5	57.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	110	55.4	39.7	71.1
Some College or College Graduate	177	39.7	32.3	47.1
Annual Household Income				
Less than \$35,000 per Year	94	35.7	22.7	48.6
\$35,000 or Higher per Year	171	53.1	44.3	61.8
Disability				
Living with a Disability	103	62.2	51.6	72.8
Living without a Disability	185	42.3	33.2	51.4

Numerator: Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Wildcat Region County	288	45.8	38.1	53.6
Gender				
Men	102	45.8	33.5	58.0
Women	186	45.9	36.8	55.1
Age				
18 to 44 Years	74	42.7	31.6	53.7
45 to 64 Years	129	52.3	44.9	59.7
65 Years and Older	85	53.4	44.7	62.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	284	48.2	40.3	56.0
Race				
White	266	49.6	41.5	57.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	110	55.4	39.7	71.1
Some College or College Graduate	177	39.7	32.3	47.1
Annual Household Income				
Less than \$35,000 per Year	94	35.7	22.7	48.6
\$35,000 or Higher per Year	171	53.1	44.3	61.8
Disability				
Living with a Disability	103	62.2	51.6	72.8
Living without a Disability	185	42.3	33.2	51.4

Numerator: Respondents reporting they did not participate in moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Wildcat Region County	439	66.5	58.6	74.4
Gender				
Men	147	59.0	46.4	71.6
Women	292	74.4	65.8	83.0
Age				
18 to 44 Years	115	60.6	49.3	71.8
45 to 64 Years	186	76.5	70.2	82.8
65 Years and Older	138	83.2	77.0	89.5
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	432	69.7	62.0	77.5
Race				
White	399	69.4	61.4	77.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	155	76.1	60.9	91.2
Some College or College Graduate	282	60.4	51.9	68.9
Annual Household Income				
Less than \$35,000 per Year	140	54.8	37.9	71.7
\$35,000 or Higher per Year	259	74.9	68.4	81.5
Disability				
Living with a Disability	139	83.1	75.1	91.1
Living without a Disability	300	62.9	53.6	72.2

Numerator: Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,
2009**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Wildcat Region County	144	31.5	24.2	38.9
Gender				
Men	50	26.6	15.7	37.6
Women	94	36.7	27.2	46.2
Age				
18 to 44 Years	68	37.6	27.1	48.1
45 to 64 Years	55	22.3	16.0	28.5
65 Years and Older	21	12.6	7.0	18.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	141	31.9	24.4	39.5
Race				
White	125	28.6	21.4	35.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	37	28.0	13.5	42.5
Some College or College Graduate	106	33.8	26.0	41.5
Annual Household Income				
Less than \$35,000 per Year	39	26.4	11.9	40.9
\$35,000 or Higher per Year	90	31.6	22.9	40.3
Disability				
Living with a Disability	51	43.6	32.5	54.6
Living without a Disability	92	28.9	20.2	37.5

Numerator: Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Current Smokers, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Wildcat Region County	103	24.2	16.9	31.5
Gender				
Men	36	24.7	13.1	36.3
Women	67	23.7	15.1	32.2
Age				
18 to 44 Years	41	29.8	19.4	40.2
45 to 64 Years	49	15.1	10.5	19.8
65 Years and Older	13	7.4	3.2	11.6
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	100	24.9	17.3	32.6
Race				
White	89	24.3	16.4	32.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	46	41.8	26.7	57.0
Some College or College Graduate	57	12.5	8.1	16.9
Annual Household Income				
Less than \$35,000 per Year	45	21.7	11.5	32.0
\$35,000 or Higher per Year	47	21.3	11.9	30.8
Disability				
Living with a Disability	35	29.9	19.1	40.6
Living without a Disability	68	23.6	14.9	32.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Wildcat Region County	20	8.6	3.2	14.0
Gender				
Men	19	16.6	6.6	26.6
Women	*	*	*	*
Age				
18 to 44 Years	12	11.4	3.6	19.2
45 to 64 Years	6	3.9	0.2	7.6
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	20	9.2	3.4	14.9
Race				
White	18	7.7	2.4	13.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	11	11.9	1.5	22.3
Some College or College Graduate	9	6.4	0.6	12.2
Annual Household Income				
Less than \$35,000 per Year	7	10.3	0.0	22.4
\$35,000 or Higher per Year	11	7.3	1.2	13.3
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	16	10.3	3.6	16.9

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2009**

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Wildcat Region County	114	23.7	17.2	30.2
Gender				
Men	98	39.1	27.9	50.4
Women	16	7.2	2.2	12.2
Age				
18 to 44 Years	41	25.6	16.2	35.0
45 to 64 Years	38	16.4	11.0	21.7
65 Years and Older	35	25.4	17.8	33.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	107	21.1	14.9	27.3
Race				
White	100	21.5	15.4	27.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	39	23.9	11.3	36.5
Some College or College Graduate	75	23.6	16.6	30.6
Annual Household Income				
Less than \$35,000 per Year	31	31.9	16.0	47.9
\$35,000 or Higher per Year	75	24.2	16.4	32.0
Disability				
Living with a Disability	33	24.6	15.8	33.3
Living without a Disability	81	24.1	16.3	31.9

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Obese, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Wildcat Region County	154	22.2	16.5	27.9
Gender				
Men	66	25.3	16.0	34.6
Women	88	18.8	12.6	24.9
Age				
18 to 44 Years	39	19.4	11.6	27.3
45 to 64 Years	65	27.9	21.1	34.6
65 Years and Older	50	28.8	21.5	36.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	146	19.7	14.8	24.6
Race				
White	140	22.0	16.6	27.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	64	23.0	11.9	34.2
Some College or College Graduate	90	21.7	15.8	27.6
Annual Household Income				
Less than \$35,000 per Year	49	28.0	13.8	42.1
\$35,000 or Higher per Year	97	21.5	16.0	27.0
Disability				
Living with a Disability	50	36.2	25.6	46.8
Living without a Disability	104	19.8	13.3	26.2

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Overweight or Obese, 2009

Wildcat Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Wildcat Region County	393	61.3	53.6	69.0
Gender				
Men	173	68.4	56.2	80.5
Women	220	53.5	44.3	62.8
Age				
18 to 44 Years	105	56.3	45.4	67.2
45 to 64 Years	173	75.0	68.6	81.4
65 Years and Older	115	66.9	59.2	74.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	380	60.3	52.4	68.2
Race				
White	356	61.0	52.9	69.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	130	58.8	43.8	73.9
Some College or College Graduate	262	62.9	55.0	70.9
Annual Household Income				
Less than \$35,000 per Year	121	59.4	43.4	75.5
\$35,000 or Higher per Year	249	68.4	60.6	76.3
Disability				
Living with a Disability	109	69.1	58.2	80.0
Living without a Disability	284	61.0	52.1	69.9

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample