

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

Western Pyramid Region



Kansas BRFSS
Bureau of Health Promotion
Kansas Department of Health and Environment
1000 SW Jackson St., Suite 230
Topeka, Kansas 66612-1274
www.kdheks.gov/brfss/index.html

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

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Kansas Department of Health and Environment
Bureau of Health Promotion
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Kansas Department of Health and Environment (KDHE)
Mission

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

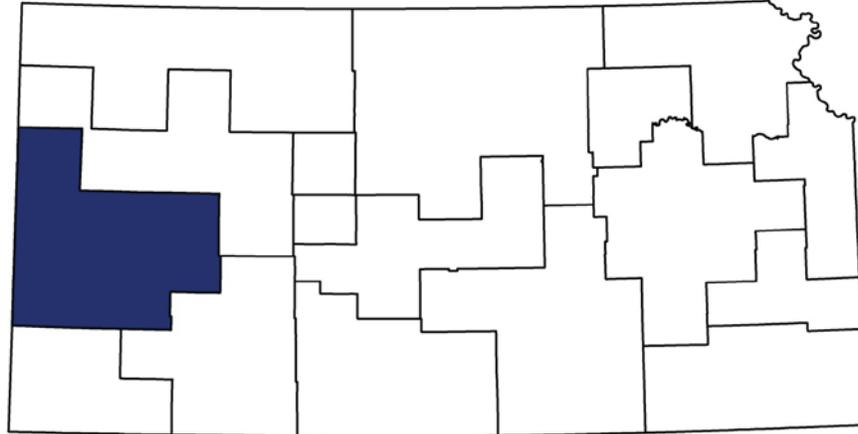
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive style with a large, stylized initial 'J'.

Jason Eberhart-Phillips, M.D., M.P.H.
State Health Officer and Director of Health
Kansas Department of Health and Environment



The Western Pyramid Region comprises the following counties:
Finney, Greeley, Hamilton, Kearny, Lane, Scott, Wallace, Wichita

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Western Pyramid Region County	30	13.8	7.7	19.8
Gender				
Men	19	20.2	9.4	31.0
Women	11	7.3	2.7	11.9
Age				
18 to 44 Years	16	19.1	9.1	29.1
45 to 64 Years	14	10.0	4.3	15.7
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	27	15.3	8.2	22.4
Race				
White	25	15.3	8.0	22.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	13	11.7	4.4	19.1
Some College or College Graduate	17	15.4	6.4	24.5
Annual Household Income				
Less than \$35,000 per Year	7	8.3	0.7	15.9
\$35,000 or Higher per Year	21	16.3	8.9	23.6
Disability				
Living with a Disability	6	8.8	0.5	17.2
Living without a Disability	23	14.3	7.5	21.1

Numerator: Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Western Pyramid Region County	15	6.6	2.4	10.9
Gender				
Men	9	9.6	1.9	17.3
Women	6	3.6	0.5	6.8
Age				
18 to 44 Years	9	10.1	2.9	17.2
45 to 64 Years	6	2.8	0.4	5.3
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	14	7.2	2.4	12.0
Race				
White	13	7.2	2.3	12.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	5	4.3	0.0	9.4
Some College or College Graduate	10	8.6	2.1	15.0
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	10	7.6	2.3	12.9
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	10	6.6	1.9	11.3

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Western Pyramid Region County	98	19.7	14.8	24.5
Gender				
Men	29	15.2	8.7	21.7
Women	69	24.1	17.2	31.1
Age				
18 to 44 Years	11	9.6	3.6	15.7
45 to 64 Years	40	25.8	18.1	33.6
65 Years and Older	47	47.8	37.4	58.2
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	88	22.4	16.6	28.3
Race				
White	87	22.7	16.7	28.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	48	19.3	12.3	26.2
Some College or College Graduate	50	20.0	13.2	26.8
Annual Household Income				
Less than \$35,000 per Year	37	17.7	10.8	24.5
\$35,000 or Higher per Year	46	21.1	13.8	28.4
Disability				
Living with a Disability	39	56.8	41.0	72.6
Living without a Disability	59	14.6	9.9	19.3

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Western Pyramid Region County	42	35.0	24.2	45.8
Gender				
Men	*	*	*	*
Women	27	32.6	19.9	45.2
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	37	34.6	23.2	45.9
Race				
White	37	34.7	23.2	46.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	21	30.1	16.0	44.3
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	15	19.3	8.7	29.9

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

Denominator: Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Cancer, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Western Pyramid Region County	37	7.0	4.2	9.7
Gender				
Men	11	4.2	1.4	7.1
Women	26	9.7	5.1	14.2
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	15	11.3	5.2	17.5
65 Years and Older	18	16.5	8.9	24.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	34	7.5	4.5	10.5
Race				
White	32	7.3	4.3	10.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	18	8.1	3.4	12.8
Some College or College Graduate	19	6.0	2.9	9.2
Annual Household Income				
Less than \$35,000 per Year	15	7.1	2.2	12.0
\$35,000 or Higher per Year	18	7.3	3.6	11.0
Disability				
Living with a Disability	17	24.0	11.7	36.2
Living without a Disability	20	4.7	2.2	7.2

Numerator: Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Western Pyramid Region County	78	19.9	14.1	25.6
Gender				
Men	29	23.0	12.8	33.3
Women	49	16.7	11.4	22.0
Age				
18 to 44 Years	12	13.6	4.8	22.3
45 to 64 Years	46	32.6	23.9	41.3
65 Years and Older	20	21.1	12.8	29.4
Ethnicity				
Hispanic	9	10.8	2.4	19.3
Non-Hispanic	69	22.6	15.6	29.5
Race				
White	68	23.5	16.3	30.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	29	13.6	7.6	19.7
Some College or College Graduate	49	25.1	16.2	34.1
Annual Household Income				
Less than \$35,000 per Year	18	10.2	4.8	15.7
\$35,000 or Higher per Year	54	26.0	18.1	33.9
Disability				
Living with a Disability	18	36.1	20.5	51.8
Living without a Disability	60	17.7	11.6	23.8

Numerator: Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Current Asthma, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Western Pyramid Region County	28	12.3	6.4	18.2
Gender				
Men	11	7.4	2.1	12.7
Women	17	17.3	7.2	27.3
Age				
18 to 44 Years	12	16.5	6.7	26.4
45 to 64 Years	12	7.3	3.1	11.5
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	27	15.9	8.4	23.4
Race				
White	25	15.2	7.7	22.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	15	14.8	4.3	25.3
Some College or College Graduate	13	10.2	4.0	16.3
Annual Household Income				
Less than \$35,000 per Year	9	12.3	3.0	21.6
\$35,000 or Higher per Year	16	14.3	5.2	23.5
Disability				
Living with a Disability	10	22.9	9.3	36.4
Living without a Disability	18	10.9	4.4	17.5

Numerator: Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Diabetes, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Western Pyramid Region County	33	7.3	4.4	10.1
Gender				
Men	11	6.9	2.5	11.4
Women	22	7.6	4.1	11.1
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	15	11.1	5.0	17.2
65 Years and Older	14	17.0	9.9	24.1
Ethnicity				
Hispanic	7	9.5	0.9	18.2
Non-Hispanic	26	6.6	4.0	9.3
Race				
White	27	7.0	4.2	9.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	18	8.6	4.1	13.2
Some College or College Graduate	15	6.1	2.5	9.7
Annual Household Income				
Less than \$35,000 per Year	16	9.8	4.7	14.9
\$35,000 or Higher per Year	15	6.7	2.7	10.8
Disability				
Living with a Disability	14	22.3	11.1	33.5
Living without a Disability	19	5.3	2.5	8.0

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre*diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Living with a Disability, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Western Pyramid Region County	62	11.9	8.2	15.6
Gender				
Men	23	11.9	6.0	17.8
Women	39	11.9	7.5	16.4
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	36	24.9	16.7	33.1
65 Years and Older	22	21.1	13.2	29.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	59	15.0	10.3	19.8
Race				
White	57	14.8	10.1	19.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	32	13.1	7.4	18.7
Some College or College Graduate	30	11.0	6.1	15.8
Annual Household Income				
Less than \$35,000 per Year	32	15.8	9.0	22.5
\$35,000 or Higher per Year	25	10.7	5.6	15.8

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2009**

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Western Pyramid Region County	53	10.2	6.8	13.6
Gender				
Men	20	9.7	4.4	15.0
Women	33	10.7	6.4	15.0
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	33	21.5	14.1	29.0
65 Years and Older	16	15.5	8.0	23.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	50	12.8	8.4	17.2
Race				
White	48	12.5	8.1	16.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	29	11.9	6.3	17.4
Some College or College Graduate	24	8.8	4.5	13.1
Annual Household Income				
Less than \$35,000 per Year	27	13.8	7.2	20.3
\$35,000 or Higher per Year	22	9.0	4.5	13.6

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Western Pyramid Region County	240	77.5	70.9	84.1
Gender				
Men	95	80.4	70.1	90.7
Women	145	74.7	66.4	82.9
Age				
18 to 44 Years	64	77.0	66.4	87.6
45 to 64 Years	105	80.9	74.1	87.8
65 Years and Older	71	73.5	64.1	83.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	201	76.1	68.5	83.7
Race				
White	198	76.0	68.2	83.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	114	79.8	69.2	90.4
Some College or College Graduate	126	75.6	67.3	83.8
Annual Household Income				
Less than \$35,000 per Year	92	76.1	63.0	89.2
\$35,000 or Higher per Year	119	77.2	69.4	84.9
Disability				
Living with a Disability	53	89.6	81.9	97.2
Living without a Disability	186	75.8	68.4	83.3

Numerator: Respondents who reported they consumed fruits and vegetables less than 5 times per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Have Gambled in Past 12 Months, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Western Pyramid Region County	90	29.0	21.9	36.1
Gender				
Men	36	32.4	20.5	44.3
Women	54	25.5	17.9	33.2
Age				
18 to 44 Years	27	28.9	17.7	40.0
45 to 64 Years	47	34.3	25.1	43.6
65 Years and Older	16	19.7	10.6	28.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	82	34.5	26.1	42.9
Race				
White	79	34.8	26.2	43.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	35	19.6	11.6	27.6
Some College or College Graduate	55	36.8	26.5	47.0
Annual Household Income				
Less than \$35,000 per Year	23	18.0	9.2	26.8
\$35,000 or Higher per Year	62	37.6	27.7	47.4
Disability				
Living with a Disability	19	41.1	25.0	57.2
Living without a Disability	71	27.4	19.7	35.0

Numerator: Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Western Pyramid Region County	53	10.9	7.2	14.7
Gender				
Men	18	8.0	3.8	12.1
Women	35	13.9	7.7	20.2
Age				
18 to 44 Years	5	4.2	0.0	8.9
45 to 64 Years	27	19.7	12.3	27.1
65 Years and Older	21	21.0	13.2	28.8
Ethnicity				
Hispanic	10	11.0	2.8	19.2
Non-Hispanic	43	11.0	6.6	15.3
Race				
White	44	11.6	7.0	16.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	34	17.3	9.7	24.9
Some College or College Graduate	19	5.6	2.7	8.4
Annual Household Income				
Less than \$35,000 per Year	34	20.2	11.6	28.8
\$35,000 or Higher per Year	15	5.9	2.4	9.3
Disability				
Living with a Disability	30	42.4	28.1	56.7
Living without a Disability	23	6.7	3.1	10.4

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Lack Health Care Coverage, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Western Pyramid Region County	41	22.0	14.5	29.5
Gender				
Men	15	20.2	8.2	32.1
Women	26	23.8	14.8	32.8
Age				
18 to 44 Years	22	29.0	17.0	41.1
45 to 64 Years	15	15.7	7.5	23.9
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	20	57.5	39.9	75.0
Non-Hispanic	20	11.1	5.4	16.8
Race				
White	20	11.6	5.6	17.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	27	36.1	23.0	49.2
Some College or College Graduate	14	10.0	3.9	16.1
Annual Household Income				
Less than \$35,000 per Year	27	38.0	25.1	50.9
\$35,000 or Higher per Year	9	7.0	1.7	12.3
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	36	23.7	15.3	32.1

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Western Pyramid Region County	64	29.4	21.3	37.4
Gender				
Men	34	36.1	23.1	49.2
Women	30	22.5	14.1	31.0
Age				
18 to 44 Years	31	39.2	26.4	52.0
45 to 64 Years	25	18.5	11.1	26.0
65 Years and Older	8	11.0	3.4	18.5
Ethnicity				
Hispanic	21	52.7	34.4	71.1
Non-Hispanic	42	22.2	14.3	30.0
Race				
White	40	22.4	14.3	30.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	34	37.3	24.3	50.3
Some College or College Graduate	30	22.6	13.1	32.2
Annual Household Income				
Less than \$35,000 per Year	30	39.2	26.2	52.2
\$35,000 or Higher per Year	27	16.9	9.5	24.3
Disability				
Living with a Disability	5	15.0	1.6	28.4
Living without a Disability	57	31.1	22.1	40.0

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Western Pyramid Region County	40	12.8	8.0	17.5
Gender				
Men	11	6.0	1.7	10.3
Women	29	19.6	11.6	27.6
Age				
18 to 44 Years	15	13.7	6.2	21.2
45 to 64 Years	21	15.4	9.0	21.9
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	11	16.3	5.2	27.5
Non-Hispanic	29	11.7	6.5	17.0
Race				
White	26	11.1	5.7	16.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	19	15.3	7.0	23.6
Some College or College Graduate	21	10.6	5.5	15.7
Annual Household Income				
Less than \$35,000 per Year	23	25.0	14.1	35.9
\$35,000 or Higher per Year	16	6.8	3.1	10.5
Disability				
Living with a Disability	12	21.4	9.5	33.3
Living without a Disability	28	11.7	6.5	16.8

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Western Pyramid Region County	32	11.9	5.7	18.2
Gender				
Men	6	7.6	0.0	16.0
Women	26	16.3	7.3	25.4
Age				
18 to 44 Years	11	14.7	4.4	25.0
45 to 64 Years	17	10.6	5.1	16.2
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	30	15.3	7.4	23.2
Race				
White	31	16.1	7.9	24.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	15	15.6	3.7	27.4
Some College or College Graduate	17	8.9	3.7	14.0
Annual Household Income				
Less than \$35,000 per Year	18	17.3	5.5	29.0
\$35,000 or Higher per Year	13	10.9	2.4	19.4
Disability				
Living with a Disability	14	27.3	12.7	41.8
Living without a Disability	18	10.0	3.1	16.8

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Had a Heart Attack, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Western Pyramid Region County	7	1.1	0.3	2.0
Gender				
Men	5	1.7	0.1	3.2
Women	*	*	*	*
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	7	1.5	0.3	2.6
Race				
White	6	1.2	0.2	2.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	6	2.1	0.3	3.9
Some College or College Graduate	*	*	*	*
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

Numerator: Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Western Pyramid Region County	106	35.8	27.7	43.8
Gender				
Men	43	41.9	28.2	55.5
Women	63	29.3	21.5	37.1
Age				
18 to 44 Years	13	27.3	12.4	42.1
45 to 64 Years	52	39.5	29.9	49.2
65 Years and Older	41	50.3	39.5	61.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	93	38.3	29.6	46.9
Race				
White	93	38.2	29.5	46.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	46	36.3	22.1	50.4
Some College or College Graduate	60	35.4	26.0	44.8
Annual Household Income				
Less than \$35,000 per Year	35	40.7	23.8	57.6
\$35,000 or Higher per Year	58	35.2	25.8	44.6
Disability				
Living with a Disability	31	51.3	35.7	66.9
Living without a Disability	75	33.3	24.2	42.4

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Hypertension, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Western Pyramid Region County	115	28.1	20.8	35.4
Gender				
Men	45	33.8	21.4	46.2
Women	70	22.4	15.8	29.1
Age				
18 to 44 Years	15	21.3	9.4	33.2
45 to 64 Years	48	30.0	21.9	38.1
65 Years and Older	52	51.4	41.0	61.7
Ethnicity				
Hispanic	10	23.9	3.3	44.6
Non-Hispanic	104	29.2	21.8	36.5
Race				
White	102	30.0	22.4	37.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	56	33.4	20.6	46.2
Some College or College Graduate	59	23.7	16.4	30.9
Annual Household Income				
Less than \$35,000 per Year	43	26.1	14.6	37.7
\$35,000 or Higher per Year	56	26.8	18.6	34.9
Disability				
Living with a Disability	36	51.8	36.5	67.1
Living without a Disability	78	24.8	16.7	32.9

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot
During the Past 12 Months, 2009**

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Western Pyramid Region County	182	63.4	55.5	71.2
Gender				
Men	72	65.9	53.6	78.1
Women	110	60.8	51.1	70.5
Age				
18 to 44 Years	63	68.8	56.2	81.4
45 to 64 Years	84	66.0	57.3	74.8
65 Years and Older	35	36.8	26.4	47.3
Ethnicity				
Hispanic	36	67.7	47.5	88.0
Non-Hispanic	146	62.0	53.7	70.4
Race				
White	140	60.7	52.1	69.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	81	61.6	48.5	74.6
Some College or College Graduate	101	64.9	55.5	74.2
Annual Household Income				
Less than \$35,000 per Year	73	71.9	61.0	82.8
\$35,000 or Higher per Year	88	60.4	50.1	70.6
Disability				
Living with a Disability	32	57.4	42.6	72.2
Living without a Disability	149	64.1	55.4	72.8

Numerator: Respondents who reported they did not have a flu shot during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Western Pyramid Region County	95	26.9	20.1	33.6
Gender				
Men	30	22.5	12.5	32.6
Women	65	31.2	22.5	40.0
Age				
18 to 44 Years	19	22.2	11.7	32.6
45 to 64 Years	42	30.8	21.8	39.8
65 Years and Older	34	38.0	28.3	47.8
Ethnicity				
Hispanic	20	31.8	16.0	47.6
Non-Hispanic	74	25.2	17.7	32.7
Race				
White	74	26.3	18.6	34.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	61	39.1	27.0	51.1
Some College or College Graduate	34	16.5	10.1	22.9
Annual Household Income				
Less than \$35,000 per Year	46	37.4	24.6	50.3
\$35,000 or Higher per Year	36	19.6	12.2	26.9
Disability				
Living with a Disability	28	40.7	26.4	54.9
Living without a Disability	66	24.9	17.5	32.3

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Western Pyramid Region County	161	49.3	41.2	57.5
Gender				
Men	63	54.7	41.7	67.7
Women	98	43.9	34.6	53.2
Age				
18 to 44 Years	36	43.7	30.8	56.7
45 to 64 Years	78	58.6	49.0	68.1
65 Years and Older	47	54.8	43.6	65.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	127	45.8	36.9	54.7
Race				
White	128	48.5	39.4	57.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	82	57.9	44.9	70.9
Some College or College Graduate	79	42.4	32.4	52.3
Annual Household Income				
Less than \$35,000 per Year	68	53.4	40.3	66.6
\$35,000 or Higher per Year	76	44.7	34.5	55.0
Disability				
Living with a Disability	45	78.2	65.2	91.3
Living without a Disability	115	45.4	36.4	54.4

Numerator: Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Western Pyramid Region County	161	49.3	41.2	57.5
Gender				
Men	63	54.7	41.7	67.7
Women	98	43.9	34.6	53.2
Age				
18 to 44 Years	36	43.7	30.8	56.7
45 to 64 Years	78	58.6	49.0	68.1
65 Years and Older	47	54.8	43.6	65.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	127	45.8	36.9	54.7
Race				
White	128	48.5	39.4	57.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	82	57.9	44.9	70.9
Some College or College Graduate	79	42.4	32.4	52.3
Annual Household Income				
Less than \$35,000 per Year	68	53.4	40.3	66.6
\$35,000 or Higher per Year	76	44.7	34.5	55.0
Disability				
Living with a Disability	45	78.2	65.2	91.3
Living without a Disability	115	45.4	36.4	54.4

Numerator: Respondents reporting they did not participate in moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Western Pyramid Region County	243	72.4	64.8	80.0
Gender				
Men	84	74.1	62.9	85.4
Women	159	70.7	60.6	80.9
Age				
18 to 44 Years	53	65.5	53.2	77.8
45 to 64 Years	107	79.1	71.3	86.9
65 Years and Older	83	87.0	79.5	94.5
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	207	73.7	65.3	82.2
Race				
White	206	75.1	66.5	83.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	111	70.9	58.7	83.1
Some College or College Graduate	132	73.6	64.0	83.1
Annual Household Income				
Less than \$35,000 per Year	95	74.5	62.8	86.1
\$35,000 or Higher per Year	117	70.4	60.5	80.4
Disability				
Living with a Disability	56	92.6	85.8	99.4
Living without a Disability	186	69.6	61.0	78.1

Numerator: Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,
2009**

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Western Pyramid Region County	66	21.9	15.6	28.1
Gender				
Men	20	18.3	9.0	27.5
Women	46	25.5	17.2	33.8
Age				
18 to 44 Years	24	24.9	14.8	35.1
45 to 64 Years	32	20.7	13.5	27.9
65 Years and Older	10	11.5	4.3	18.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	60	24.3	17.2	31.4
Race				
White	55	21.9	15.1	28.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	29	18.9	10.1	27.6
Some College or College Graduate	37	24.5	15.7	33.2
Annual Household Income				
Less than \$35,000 per Year	26	23.7	12.9	34.5
\$35,000 or Higher per Year	36	24.5	15.7	33.4
Disability				
Living with a Disability	20	33.3	18.9	47.8
Living without a Disability	46	20.4	13.6	27.2

Numerator: Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Current Smokers, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Western Pyramid Region County	60	22.0	15.1	29.0
Gender				
Men	24	19.4	9.6	29.2
Women	36	24.7	15.1	34.3
Age				
18 to 44 Years	21	24.0	12.8	35.2
45 to 64 Years	32	25.1	16.4	33.8
65 Years and Older	7	8.6	3.3	13.8
Ethnicity				
Hispanic	9	13.7	4.7	22.8
Non-Hispanic	51	24.6	16.2	33.0
Race				
White	48	24.7	16.0	33.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	31	27.3	15.1	39.5
Some College or College Graduate	29	17.5	10.4	24.6
Annual Household Income				
Less than \$35,000 per Year	31	28.4	15.9	40.9
\$35,000 or Higher per Year	24	20.7	11.0	30.3
Disability				
Living with a Disability	14	19.4	9.1	29.7
Living without a Disability	45	22.4	14.6	30.2

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Western Pyramid Region County	21	7.8	3.8	11.8
Gender				
Men	19	15.0	7.2	22.9
Women	*	*	*	*
Age				
18 to 44 Years	6	7.7	1.3	14.1
45 to 64 Years	11	8.9	3.5	14.2
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	21	10.2	5.1	15.3
Race				
White	19	8.7	4.4	13.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	11	7.0	2.3	11.7
Some College or College Graduate	10	8.6	2.4	14.7
Annual Household Income				
Less than \$35,000 per Year	8	6.2	1.7	10.7
\$35,000 or Higher per Year	13	10.9	4.0	17.7
Disability				
Living with a Disability	5	13.7	1.6	25.7
Living without a Disability	16	7.1	2.9	11.3

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2009**

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Western Pyramid Region County	26	6.5	3.5	9.4
Gender				
Men	25	12.6	6.7	18.5
Women	*	*	*	*
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	11	8.7	3.5	13.8
65 Years and Older	13	17.8	8.7	26.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	25	8.0	4.3	11.7
Race				
White	24	8.1	4.3	11.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	17	9.1	4.1	14.2
Some College or College Graduate	9	4.2	0.9	7.5
Annual Household Income				
Less than \$35,000 per Year	9	6.2	1.3	11.1
\$35,000 or Higher per Year	14	6.9	2.7	11.1
Disability				
Living with a Disability	8	12.8	4.0	21.7
Living without a Disability	18	5.6	2.6	8.7

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Obese, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Western Pyramid Region County	96	38.9	30.5	47.3
Gender				
Men	39	42.2	29.0	55.5
Women	57	35.1	25.6	44.5
Age				
18 to 44 Years	32	45.7	32.0	59.3
45 to 64 Years	40	31.1	21.9	40.4
65 Years and Older	24	28.2	18.2	38.2
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	77	35.3	26.7	43.9
Race				
White	75	35.3	26.6	44.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	38	35.5	21.7	49.4
Some College or College Graduate	58	41.3	30.9	51.8
Annual Household Income				
Less than \$35,000 per Year	37	40.6	27.2	54.0
\$35,000 or Higher per Year	54	35.0	25.5	44.5
Disability				
Living with a Disability	27	45.1	29.6	60.6
Living without a Disability	69	38.0	28.6	47.4

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Overweight or Obese, 2009

Western Pyramid Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Western Pyramid Region County	197	72.1	65.5	78.8
Gender				
Men	88	78.3	68.8	87.8
Women	109	65.1	56.1	74.1
Age				
18 to 44 Years	52	75.3	65.1	85.6
45 to 64 Years	88	67.9	58.5	77.4
65 Years and Older	57	68.0	58.7	77.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	164	69.8	62.4	77.3
Race				
White	156	69.5	62.0	76.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	83	76.9	68.0	85.7
Some College or College Graduate	114	68.6	59.4	77.8
Annual Household Income				
Less than \$35,000 per Year	74	76.6	66.7	86.4
\$35,000 or Higher per Year	109	69.9	60.9	79.0
Disability				
Living with a Disability	42	70.8	57.0	84.6
Living without a Disability	155	72.4	65.1	79.8

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample