

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

Southwest Surveillance Region



Kansas BRFSS
Bureau of Health Promotion
Kansas Department of Health and Environment
1000 SW Jackson St., Suite 230
Topeka, Kansas 66612-1274
www.kdheks.gov/brfss/index.html

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

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**Kansas Department of Health and Environment
Bureau of Health Promotion
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Kansas Department of Health and Environment (KDHE)
Mission

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

www.kdheks.gov

Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

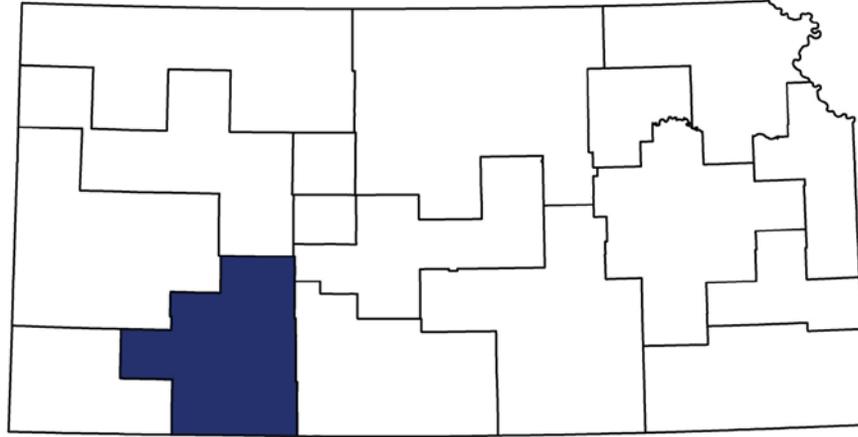
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive style with a large initial 'J'.

Jason Eberhart-Phillips, M.D., M.P.H.
State Health Officer and Director of Health
Kansas Department of Health and Environment



The Southwest Surveillance Region comprises the following counties:
Clark, Ford, Gray, Haskell, Hodgeman, Meade

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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Percentage of Adults Who Are Binge Drinkers, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Southwest Surveillance Region County	25	15.6	6.8	24.4
Gender				
Men	19	20.5	8.8	32.2
Women	6	10.6	0.0	24.1
Age				
18 to 44 Years	11	22.4	7.5	37.2
45 to 64 Years	14	12.2	5.9	18.5
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	20	15.2	5.3	25.0
Race				
White	20	10.9	5.5	16.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	10	19.6	3.6	35.5
Some College or College Graduate	15	11.9	5.1	18.8
Annual Household Income				
Less than \$35,000 per Year	6	11.3	0.0	24.5
\$35,000 or Higher per Year	17	17.0	8.4	25.7
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	21	17.4	6.9	27.9

Numerator: Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Southwest Surveillance Region County	*	*	*	*
Gender				
Men	*	*	*	*
Women	*	*	*	*
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	*	*	*	*
Race				
White	*	*	*	*
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Southwest Surveillance Region County	101	24.8	18.7	30.8
Gender				
Men	30	21.0	12.4	29.5
Women	71	28.5	20.0	37.0
Age				
18 to 44 Years	10	9.9	3.4	16.4
45 to 64 Years	40	32.1	22.9	41.3
65 Years and Older	51	59.1	48.0	70.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	94	30.4	23.1	37.8
Race				
White	95	32.0	25.0	39.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	43	23.9	14.4	33.4
Some College or College Graduate	58	26.0	18.5	33.4
Annual Household Income				
Less than \$35,000 per Year	48	30.3	19.5	41.1
\$35,000 or Higher per Year	38	21.9	14.3	29.5
Disability				
Living with a Disability	50	57.0	37.9	76.1
Living without a Disability	51	16.9	11.3	22.6

Numerator: Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Southwest Surveillance Region County	45	42.1	30.3	53.9
Gender				
Men	*	*	*	*
Women	35	51.5	37.2	65.7
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	25	39.2	24.9	53.6
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	42	40.7	28.7	52.7
Race				
White	42	41.0	28.9	53.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	27	48.6	32.4	64.9
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
Disability				
Living with a Disability	33	64.9	49.3	80.6
Living without a Disability	12	22.9	9.0	36.8

Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

Denominator: Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Cancer, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Southwest Surveillance Region County	30	5.6	3.3	8.0
Gender				
Men	8	4.0	1.0	7.0
Women	22	7.3	3.6	11.0
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	7.4	3.0	11.7
65 Years and Older	16	17.6	9.0	26.1
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	27	6.3	3.6	9.0
Race				
White	28	7.4	4.2	10.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	10	3.9	1.1	6.8
Some College or College Graduate	20	7.4	3.6	11.2
Annual Household Income				
Less than \$35,000 per Year	11	5.9	1.9	9.8
\$35,000 or Higher per Year	16	6.7	2.9	10.5
Disability				
Living with a Disability	15	15.2	6.0	24.4
Living without a Disability	15	3.2	1.4	5.1

Numerator: Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Southwest Surveillance Region County	96	28.4	20.4	36.3
Gender				
Men	31	28.5	16.5	40.4
Women	65	28.3	17.7	38.9
Age				
18 to 44 Years	15	22.0	8.7	35.2
45 to 64 Years	51	38.4	29.1	47.7
65 Years and Older	30	33.2	22.5	43.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	83	27.0	20.0	33.9
Race				
White	83	27.5	20.9	34.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	39	30.2	16.3	44.1
Some College or College Graduate	57	27.0	19.2	34.8
Annual Household Income				
Less than \$35,000 per Year	34	28.3	14.9	41.7
\$35,000 or Higher per Year	48	28.3	19.6	37.0
Disability				
Living with a Disability	28	35.2	20.4	50.0
Living without a Disability	68	26.8	17.5	36.1

Numerator: Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Current Asthma, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Southwest Surveillance Region County	20	9.6	2.4	16.8
Gender				
Men	6	8.1	0.0	17.9
Women	14	11.1	0.6	21.6
Age				
18 to 44 Years	5	12.0	0.0	24.5
45 to 64 Years	10	7.0	1.9	12.0
65 Years and Older	5	6.2	0.6	11.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	16	7.9	1.0	14.8
Race				
White	17	8.6	1.5	15.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	11	14.9	1.3	28.5
Some College or College Graduate	9	4.4	0.9	8.0
Annual Household Income				
Less than \$35,000 per Year	10	6.7	1.8	11.6
\$35,000 or Higher per Year	7	3.6	0.5	6.6
Disability				
Living with a Disability	11	25.5	4.4	46.6
Living without a Disability	9	5.7	0.0	12.4

Numerator: Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Diabetes, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Southwest Surveillance Region County	38	10.3	6.4	14.3
Gender				
Men	11	7.6	2.7	12.6
Women	27	13.1	7.0	19.2
Age				
18 to 44 Years	7	6.6	1.4	11.9
45 to 64 Years	16	13.2	6.4	20.1
65 Years and Older	15	17.3	8.8	25.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	29	10.4	5.8	15.0
Race				
White	30	10.9	6.3	15.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	20	12.2	5.7	18.6
Some College or College Graduate	18	8.7	3.9	13.5
Annual Household Income				
Less than \$35,000 per Year	17	14.9	6.6	23.2
\$35,000 or Higher per Year	15	8.0	3.7	12.2
Disability				
Living with a Disability	19	24.6	11.9	37.3
Living without a Disability	19	6.9	3.2	10.6

Numerator: Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre*diabetes or borderline diabetes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Living with a Disability, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Southwest Surveillance Region County	74	19.6	13.3	26.0
Gender				
Men	24	19.4	8.7	30.1
Women	50	19.8	12.9	26.7
Age				
18 to 44 Years	11	12.2	2.4	22.0
45 to 64 Years	29	23.4	15.0	31.9
65 Years and Older	34	36.4	25.4	47.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	65	23.3	15.4	31.1
Race				
White	67	24.3	16.6	32.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	35	22.2	10.9	33.4
Some College or College Graduate	39	17.4	11.1	23.6
Annual Household Income				
Less than \$35,000 per Year	35	22.9	13.6	32.2
\$35,000 or Higher per Year	27	14.3	8.5	20.1

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,
Mental, or Emotional Problems, 2009**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Southwest Surveillance Region County	69	18.2	12.0	24.4
Gender				
Men	22	17.9	7.4	28.5
Women	47	18.4	11.9	25.0
Age				
18 to 44 Years	10	11.3	1.6	21.1
45 to 64 Years	28	22.5	14.2	30.7
65 Years and Older	31	32.6	22.0	43.2
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	60	21.3	13.7	29.0
Race				
White	63	22.9	15.3	30.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	33	20.7	9.7	31.7
Some College or College Graduate	36	15.9	10.0	21.9
Annual Household Income				
Less than \$35,000 per Year	33	21.3	12.4	30.2
\$35,000 or Higher per Year	26	13.8	8.1	19.6

Numerator: Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Southwest Surveillance Region County	245	84.0	76.4	91.6
Gender				
Men	94	91.8	85.4	98.2
Women	151	76.3	63.6	89.0
Age				
18 to 44 Years	67	85.0	71.9	98.2
45 to 64 Years	109	85.7	79.5	92.0
65 Years and Older	69	78.4	69.2	87.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	205	83.0	73.8	92.2
Race				
White	209	86.8	82.4	91.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	107	83.6	69.4	97.8
Some College or College Graduate	137	84.2	78.3	90.2
Annual Household Income				
Less than \$35,000 per Year	98	89.1	83.5	94.8
\$35,000 or Higher per Year	116	83.8	76.3	91.2
Disability				
Living with a Disability	61	89.8	82.4	97.2
Living without a Disability	184	82.6	73.4	91.8

Numerator: Respondents who reported they consumed fruits and vegetables less than 5 times per day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Have Gambled in Past 12 Months, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Southwest Surveillance Region County	86	30.1	22.3	37.9
Gender				
Men	36	34.5	21.6	47.5
Women	50	25.7	17.3	34.0
Age				
18 to 44 Years	24	29.8	16.8	42.8
45 to 64 Years	43	34.9	25.4	44.4
65 Years and Older	19	24.0	13.4	34.6
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	78	36.2	27.0	45.3
Race				
White	80	39.4	30.7	48.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	30	21.5	9.8	33.2
Some College or College Graduate	55	37.5	27.9	47.2
Annual Household Income				
Less than \$35,000 per Year	26	21.2	12.0	30.4
\$35,000 or Higher per Year	52	40.0	29.6	50.4
Disability				
Living with a Disability	21	48.5	30.5	66.4
Living without a Disability	65	25.5	17.9	33.2

Numerator: Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Southwest Surveillance Region County	49	11.4	7.6	15.2
Gender				
Men	15	8.4	3.7	13.2
Women	34	14.3	8.4	20.3
Age				
18 to 44 Years	5	4.2	0.2	8.1
45 to 64 Years	21	18.0	10.2	25.7
65 Years and Older	23	23.3	13.9	32.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	34	10.0	6.0	14.0
Race				
White	35	10.7	6.6	14.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	31	13.9	7.7	20.2
Some College or College Graduate	17	7.5	3.4	11.6
Annual Household Income				
Less than \$35,000 per Year	29	15.4	8.5	22.2
\$35,000 or Higher per Year	13	8.6	3.5	13.8
Disability				
Living with a Disability	30	33.7	19.5	47.8
Living without a Disability	19	5.9	2.7	9.1

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Lack Health Care Coverage, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Southwest Surveillance Region County	40	14.5	8.0	20.9
Gender				
Men	17	16.9	5.7	28.1
Women	23	12.0	6.2	17.9
Age				
18 to 44 Years	13	16.3	5.3	27.2
45 to 64 Years	25	18.6	11.0	26.2
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	23	7.9	3.7	12.1
Race				
White	25	9.3	4.8	13.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	24	20.9	9.0	32.7
Some College or College Graduate	15	6.8	2.9	10.8
Annual Household Income				
Less than \$35,000 per Year	25	25.4	12.0	38.9
\$35,000 or Higher per Year	9	6.0	1.4	10.7
Disability				
Living with a Disability	10	13.0	3.7	22.4
Living without a Disability	30	14.9	7.2	22.5

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Southwest Surveillance Region County	46	17.5	11.6	23.5
Gender				
Men	25	21.9	11.7	32.0
Women	21	13.1	7.2	19.1
Age				
18 to 44 Years	19	20.8	10.7	30.8
45 to 64 Years	21	17.2	9.7	24.6
65 Years and Older	6	8.3	1.7	14.9
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	28	12.0	7.0	17.1
Race				
White	26	13.1	7.2	19.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	29	21.4	11.6	31.2
Some College or College Graduate	16	12.4	5.4	19.4
Annual Household Income				
Less than \$35,000 per Year	25	25.6	14.6	36.6
\$35,000 or Higher per Year	12	9.4	3.3	15.4
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	42	20.1	12.9	27.3

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Southwest Surveillance Region County	33	13.3	5.7	20.8
Gender				
Men	11	6.5	1.6	11.4
Women	22	20.0	6.7	33.2
Age				
18 to 44 Years	13	17.3	4.2	30.5
45 to 64 Years	16	11.9	5.6	18.2
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	25	13.6	4.1	23.1
Race				
White	23	8.5	4.3	12.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	19	19.0	4.9	33.1
Some College or College Graduate	13	6.4	2.4	10.4
Annual Household Income				
Less than \$35,000 per Year	22	17.9	9.0	26.8
\$35,000 or Higher per Year	8	5.8	1.2	10.4
Disability				
Living with a Disability	18	21.9	10.3	33.4
Living without a Disability	15	11.2	2.0	20.3

Numerator: Respondents reporting they could not see a doctor because of cost in the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Southwest Surveillance Region County	28	8.2	4.4	12.1
Gender				
Men	8	7.1	1.3	13.0
Women	20	9.3	4.4	14.3
Age				
18 to 44 Years	10	8.9	2.7	15.2
45 to 64 Years	13	8.6	3.1	14.0
65 Years and Older	5	5.5	0.7	10.4
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	24	8.4	4.3	12.6
Race				
White	26	10.6	5.7	15.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	7	2.5	0.4	4.7
Some College or College Graduate	21	14.0	7.2	20.9
Annual Household Income				
Less than \$35,000 per Year	13	8.5	3.0	14.1
\$35,000 or Higher per Year	12	9.9	3.2	16.6
Disability				
Living with a Disability	13	15.5	5.7	25.3
Living without a Disability	15	6.5	2.4	10.6

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Had a Heart Attack, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Southwest Surveillance Region County	21	4.9	2.5	7.2
Gender				
Men	12	6.7	2.6	10.9
Women	9	3.0	0.7	5.2
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	10	9.9	3.6	16.3
65 Years and Older	11	12.3	4.8	19.8
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	17	5.2	2.4	8.0
Race				
White	14	4.3	1.9	6.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	15	6.5	2.6	10.4
Some College or College Graduate	6	3.3	0.4	6.3
Annual Household Income				
Less than \$35,000 per Year	9	5.5	1.2	9.8
\$35,000 or Higher per Year	11	6.2	2.4	10.0
Disability				
Living with a Disability	11	14.7	5.1	24.4
Living without a Disability	10	2.5	0.8	4.2

Numerator: Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Southwest Surveillance Region County	81	24.7	18.7	30.6
Gender				
Men	22	18.8	10.2	27.5
Women	59	30.3	22.3	38.3
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	35	30.6	21.3	40.0
65 Years and Older	39	42.8	31.2	54.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	73	26.3	19.8	32.8
Race				
White	71	24.0	17.8	30.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	37	28.5	18.6	38.3
Some College or College Graduate	44	22.5	15.0	29.9
Annual Household Income				
Less than \$35,000 per Year	35	27.0	16.7	37.3
\$35,000 or Higher per Year	35	22.5	14.5	30.5
Disability				
Living with a Disability	24	30.5	18.1	42.9
Living without a Disability	57	23.0	16.3	29.8

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

Denominator: Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults with Diagnosed Hypertension, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Southwest Surveillance Region County	117	27.2	20.8	33.7
Gender				
Men	41	25.0	15.5	34.5
Women	76	29.5	21.0	37.9
Age				
18 to 44 Years	12	12.2	4.4	20.0
45 to 64 Years	52	38.7	29.4	48.0
65 Years and Older	53	55.9	44.5	67.2
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	103	32.1	24.4	39.8
Race				
White	105	33.7	26.3	41.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	53	26.1	16.4	35.9
Some College or College Graduate	64	28.7	20.4	37.1
Annual Household Income				
Less than \$35,000 per Year	49	32.0	20.9	43.1
\$35,000 or Higher per Year	55	30.7	21.5	39.9
Disability				
Living with a Disability	43	47.8	30.8	64.9
Living without a Disability	74	22.3	15.5	29.1

Numerator: Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot
During the Past 12 Months, 2009**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Southwest Surveillance Region County	180	70.8	63.4	78.2
Gender				
Men	70	71.9	60.0	83.8
Women	110	69.6	61.1	78.2
Age				
18 to 44 Years	62	82.4	71.3	93.6
45 to 64 Years	82	64.4	55.2	73.5
65 Years and Older	36	44.2	32.7	55.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	143	64.9	56.2	73.6
Race				
White	143	62.5	54.2	70.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	78	72.4	60.3	84.5
Some College or College Graduate	101	68.8	60.2	77.4
Annual Household Income				
Less than \$35,000 per Year	66	70.4	59.7	81.0
\$35,000 or Higher per Year	88	68.9	59.7	78.2
Disability				
Living with a Disability	36	49.6	32.1	67.1
Living without a Disability	144	75.9	68.9	83.0

Numerator: Respondents who reported they did not have a flu shot during the past 12 months.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Southwest Surveillance Region County	87	28.0	20.6	35.5
Gender				
Men	31	31.5	18.9	44.1
Women	56	24.5	16.4	32.5
Age				
18 to 44 Years	18	24.7	12.6	36.8
45 to 64 Years	36	28.7	20.0	37.4
65 Years and Older	33	37.2	25.9	48.5
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	63	24.3	17.3	31.3
Race				
White	68	25.0	18.6	31.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	54	38.3	24.7	51.8
Some College or College Graduate	33	18.2	11.0	25.5
Annual Household Income				
Less than \$35,000 per Year	40	35.9	22.1	49.6
\$35,000 or Higher per Year	29	23.3	14.4	32.2
Disability				
Living with a Disability	28	31.8	17.8	45.8
Living without a Disability	59	27.2	18.5	35.8

Numerator: Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Southwest Surveillance Region County	165	60.8	52.1	69.5
Gender				
Men	55	59.3	45.4	73.2
Women	110	62.3	51.9	72.7
Age				
18 to 44 Years	41	61.1	46.8	75.4
45 to 64 Years	70	57.5	47.7	67.3
65 Years and Older	54	64.9	53.5	76.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	135	56.7	47.1	66.2
Race				
White	134	52.8	44.1	61.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	68	63.0	48.6	77.4
Some College or College Graduate	96	58.0	48.2	67.8
Annual Household Income				
Less than \$35,000 per Year	62	55.8	41.8	69.7
\$35,000 or Higher per Year	78	62.0	52.1	71.9
Disability				
Living with a Disability	44	51.7	32.8	70.6
Living without a Disability	121	63.0	53.6	72.4

Numerator: Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Southwest Surveillance Region County	165	60.8	52.1	69.5
Gender				
Men	55	59.3	45.4	73.2
Women	110	62.3	51.9	72.7
Age				
18 to 44 Years	41	61.1	46.8	75.4
45 to 64 Years	70	57.5	47.7	67.3
65 Years and Older	54	64.9	53.5	76.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	135	56.7	47.1	66.2
Race				
White	134	52.8	44.1	61.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	68	63.0	48.6	77.4
Some College or College Graduate	96	58.0	48.2	67.8
Annual Household Income				
Less than \$35,000 per Year	62	55.8	41.8	69.7
\$35,000 or Higher per Year	78	62.0	52.1	71.9
Disability				
Living with a Disability	44	51.7	32.8	70.6
Living without a Disability	121	63.0	53.6	72.4

Numerator: Respondents reporting they did not participate in moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Southwest Surveillance Region County	235	78.7	71.0	86.3
Gender				
Men	69	66.7	53.2	80.2
Women	166	90.4	85.4	95.4
Age				
18 to 44 Years	60	76.8	63.9	89.7
45 to 64 Years	101	76.9	68.2	85.7
65 Years and Older	74	87.0	79.9	94.2
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	194	76.7	68.0	85.4
Race				
White	198	74.6	65.5	83.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	95	76.2	63.3	89.2
Some College or College Graduate	139	80.7	72.0	89.3
Annual Household Income				
Less than \$35,000 per Year	97	82.6	72.0	93.2
\$35,000 or Higher per Year	109	78.4	69.7	87.1
Disability				
Living with a Disability	61	73.1	50.9	95.2
Living without a Disability	174	80.0	72.5	87.6

Numerator: Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,
2009**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Southwest Surveillance Region County	73	25.3	18.1	32.5
Gender				
Men	28	28.2	15.8	40.5
Women	45	22.5	14.8	30.1
Age				
18 to 44 Years	26	29.3	16.9	41.6
45 to 64 Years	33	23.0	15.2	30.8
65 Years and Older	14	16.8	7.7	26.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	63	27.2	19.9	34.5
Race				
White	63	28.2	21.1	35.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	30	22.1	10.5	33.6
Some College or College Graduate	43	29.0	20.5	37.4
Annual Household Income				
Less than \$35,000 per Year	33	33.5	19.8	47.2
\$35,000 or Higher per Year	31	23.8	15.3	32.3
Disability				
Living with a Disability	33	42.8	26.5	59.1
Living without a Disability	39	20.8	12.7	28.8

Numerator: Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Current Smokers, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Southwest Surveillance Region County	42	14.8	9.3	20.4
Gender				
Men	23	21.0	11.1	30.9
Women	19	8.6	4.1	13.1
Age				
18 to 44 Years	13	15.5	6.3	24.7
45 to 64 Years	26	20.9	13.0	28.9
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	32	11.6	6.8	16.5
Race				
White	33	13.0	7.9	18.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	21	18.8	8.8	28.7
Some College or College Graduate	21	11.1	5.8	16.4
Annual Household Income				
Less than \$35,000 per Year	17	15.0	6.4	23.6
\$35,000 or Higher per Year	20	14.8	7.3	22.3
Disability				
Living with a Disability	10	12.2	3.8	20.7
Living without a Disability	32	15.5	8.9	22.1

Numerator: Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Southwest Surveillance Region County	20	8.5	3.9	13.0
Gender				
Men	18	16.0	7.3	24.7
Women	*	*	*	*
Age				
18 to 44 Years	6	9.4	1.8	17.0
45 to 64 Years	13	11.1	4.7	17.5
65 Years and Older	*	*	*	*
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	18	9.5	4.2	14.9
Race				
White	17	9.6	4.1	15.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	10	8.5	2.1	15.0
Some College or College Graduate	10	8.5	2.0	15.0
Annual Household Income				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	13	14.5	5.6	23.4
Disability				
Living with a Disability	*	*	*	*
Living without a Disability	19	10.4	4.7	16.1

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States
Armed Forces, 2009**

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Southwest Surveillance Region County	20	6.2	3.3	9.2
Gender				
Men	19	11.4	5.6	17.2
Women	*	*	*	*
Age				
18 to 44 Years	*	*	*	*
45 to 64 Years	6	7.2	1.2	13.2
65 Years and Older	13	19.8	9.9	29.7
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	20	8.4	4.5	12.4
Race				
White	17	7.3	3.7	11.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	9	6.1	1.6	10.7
Some College or College Graduate	11	6.4	2.4	10.4
Annual Household Income				
Less than \$35,000 per Year	9	7.9	2.1	13.7
\$35,000 or Higher per Year	8	5.0	1.3	8.6
Disability				
Living with a Disability	6	11.4	1.7	21.1
Living without a Disability	14	5.0	2.2	7.7

Numerator: Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Obese, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Southwest Surveillance Region County	96	31.6	23.3	39.9
Gender				
Men	38	35.7	21.9	49.4
Women	58	27.4	18.5	36.4
Age				
18 to 44 Years	21	31.5	17.3	45.7
45 to 64 Years	46	33.4	24.5	42.4
65 Years and Older	29	29.1	19.0	39.3
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	77	31.6	22.9	40.3
Race				
White	80	33.1	24.8	41.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	41	31.0	16.8	45.1
Some College or College Graduate	54	31.2	22.6	39.7
Annual Household Income				
Less than \$35,000 per Year	42	36.1	22.0	50.1
\$35,000 or Higher per Year	41	30.6	21.2	40.0
Disability				
Living with a Disability	35	51.8	34.4	69.2
Living without a Disability	61	26.6	17.8	35.3

Numerator: Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample

Percentage of Adults Who Are Overweight or Obese, 2009

Southwest Surveillance Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Southwest Surveillance Region County	192	69.8	61.5	78.2
Gender				
Men	78	75.6	65.6	85.6
Women	114	63.8	51.2	76.5
Age				
18 to 44 Years	50	72.7	58.5	86.9
45 to 64 Years	87	66.3	57.1	75.6
65 Years and Older	55	66.4	55.8	77.0
Ethnicity				
Hispanic	*	*	*	*
Non-Hispanic	156	64.3	54.8	73.9
Race				
White	157	66.8	59.5	74.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
Education				
High School Graduate or Less	82	69.0	54.5	83.4
Some College or College Graduate	109	70.2	61.8	78.7
Annual Household Income				
Less than \$35,000 per Year	73	75.3	65.1	85.5
\$35,000 or Higher per Year	94	67.9	58.5	77.2
Disability				
Living with a Disability	52	78.4	66.8	89.9
Living without a Disability	139	67.6	57.6	77.5

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

* Insufficient Sample