

# Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

## Central Kansas Region



Kansas BRFSS  
Bureau of Health Promotion  
Kansas Department of Health and Environment  
1000 SW Jackson St., Suite 230  
Topeka, Kansas 66612-1274  
[www.kdheks.gov/brfss/index.html](http://www.kdheks.gov/brfss/index.html)

# **Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009**

State of Kansas  
Mark Parkinson, Governor

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## **Project Funding:**

Partial funding for the 2009 Behavioral Risk Factor Survey was provided by cooperative agreement U58DP001968-01W1 Revised from the Centers for Disease Control and Prevention, Atlanta GA and by Kansas Health Foundation 200804006-01, Wichita KS.

**Kansas Department of Health and Environment**  
**Bureau of Health Promotion**  
October 2010

**Kansas Department of Health and Environment (KDHE)**  
**Mission**

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

[www.kdheks.gov](http://www.kdheks.gov)

## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

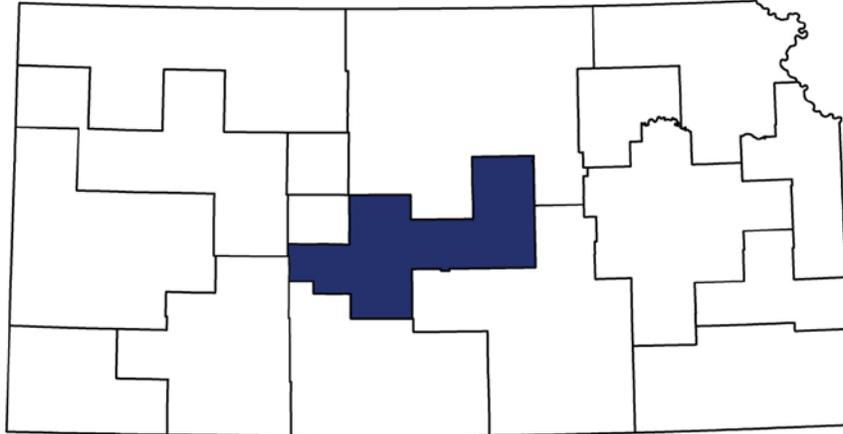
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive style with a large, prominent 'J' and 'P'.

Jason Eberhart-Phillips, M.D., M.P.H.  
State Health Officer and Director of Health  
Kansas Department of Health and Environment



The Central Kansas Region comprises the following counties:  
Barton, McPherson, Pawnee, Rice, Saline, Stafford

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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## Percentage of Adults Who Are Binge Drinkers, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Central Kansas Region County	80	13.7	10.2	17.3
<b>Gender</b>				
Men	49	19.3	13.2	25.4
Women	31	8.4	4.8	12.1
<b>Age</b>				
18 to 44 Years	36	20.6	13.8	27.5
45 to 64 Years	36	10.9	7.1	14.7
65 Years and Older	8	2.5	0.7	4.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	74	13.4	9.8	17.1
<b>Race</b>				
White	74	14.0	10.2	17.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	29	13.7	7.9	19.5
Some College or College Graduate	51	13.8	9.3	18.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	22	11.8	5.5	18.1
\$35,000 or Higher per Year	56	17.3	12.3	22.3
<b>Disability</b>				
Living with a Disability	14	10.8	3.5	18.2
Living without a Disability	66	14.6	10.5	18.6

**Numerator:** Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Central Kansas Region County	30	4.2	2.0	6.4
<b>Gender</b>				
Men	16	5.8	1.9	9.6
Women	14	2.7	0.6	4.9
<b>Age</b>				
18 to 44 Years	8	5.9	1.6	10.3
45 to 64 Years	19	4.2	2.1	6.3
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	28	4.0	1.8	6.2
<b>Race</b>				
White	28	4.1	1.9	6.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	14	6.9	2.4	11.5
Some College or College Graduate	16	2.4	0.5	4.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	10	4.7	0.3	9.0
\$35,000 or Higher per Year	19	4.6	1.7	7.4
<b>Disability</b>				
Living with a Disability	8	7.5	0.5	14.4
Living without a Disability	22	3.3	1.4	5.2

**Numerator:** Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Doctor Diagnosed Arthritis, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Central Kansas Region County	337	24.7	21.5	27.9
<b>Gender</b>				
Men	100	18.0	13.9	22.2
Women	237	31.0	26.4	35.6
<b>Age</b>				
18 to 44 Years	25	10.5	6.3	14.7
45 to 64 Years	149	31.8	26.9	36.6
65 Years and Older	163	46.0	40.4	51.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	329	25.2	21.8	28.5
<b>Race</b>				
White	319	25.3	21.9	28.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	143	27.3	21.8	32.8
Some College or College Graduate	192	22.8	18.9	26.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	149	27.7	21.9	33.4
\$35,000 or Higher per Year	140	22.2	18.0	26.4
<b>Disability</b>				
Living with a Disability	156	48.1	39.5	56.7
Living without a Disability	181	18.2	15.0	21.4

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Central Kansas Region County	151	42.8	36.0	49.5
<b>Gender</b>				
Men	45	41.9	31.0	52.8
Women	106	43.2	34.6	51.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	64	41.8	33.0	50.6
65 Years and Older	78	46.7	38.5	55.0
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	148	42.7	35.9	49.6
<b>Race</b>				
White	142	41.6	34.7	48.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	62	40.0	30.0	50.0
Some College or College Graduate	89	45.3	36.1	54.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	76	49.8	39.1	60.5
\$35,000 or Higher per Year	57	37.0	27.7	46.3
<b>Disability</b>				
Living with a Disability	108	70.7	62.4	79.1
Living without a Disability	43	22.6	14.1	31.2

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

**Denominator:** Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Cancer, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Central Kansas Region County	166	11.8	9.5	14.0
<b>Gender</b>				
Men	60	10.4	7.0	13.8
Women	106	13.1	10.2	16.0
<b>Age</b>				
18 to 44 Years	10	4.0	1.1	7.0
45 to 64 Years	54	11.4	8.2	14.7
65 Years and Older	102	29.1	24.0	34.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	161	11.8	9.5	14.1
<b>Race</b>				
White	155	11.5	9.3	13.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	67	10.5	7.6	13.4
Some College or College Graduate	99	12.6	9.5	15.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	69	11.8	8.3	15.2
\$35,000 or Higher per Year	77	11.7	8.5	14.9
<b>Disability</b>				
Living with a Disability	64	18.7	13.5	23.9
Living without a Disability	102	9.8	7.4	12.3

**Numerator:** Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Central Kansas Region County	311	30.8	26.6	35.0
<b>Gender</b>				
Men	106	29.3	22.3	36.4
Women	205	32.1	27.2	37.1
<b>Age</b>				
18 to 44 Years	53	27.4	19.6	35.2
45 to 64 Years	173	41.0	35.7	46.2
65 Years and Older	85	24.4	19.6	29.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	304	31.2	26.8	35.5
<b>Race</b>				
White	296	31.4	27.0	35.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	104	26.4	19.7	33.2
Some College or College Graduate	207	33.8	28.3	39.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	110	33.0	24.9	41.1
\$35,000 or Higher per Year	170	30.8	25.6	36.0
<b>Disability</b>				
Living with a Disability	89	35.9	27.6	44.2
Living without a Disability	221	29.4	24.5	34.3

**Numerator:** Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Current Asthma, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Central Kansas Region County	71	10.1	6.9	13.2
<b>Gender</b>				
Men	24	10.1	5.0	15.3
Women	47	10.0	6.3	13.8
<b>Age</b>				
18 to 44 Years	21	13.4	7.3	19.4
45 to 64 Years	32	8.6	5.4	11.9
65 Years and Older	18	4.6	2.4	6.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	70	10.3	7.1	13.6
<b>Race</b>				
White	66	10.2	6.8	13.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	30	11.9	6.7	17.1
Some College or College Graduate	41	8.8	4.9	12.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	30	13.5	7.3	19.7
\$35,000 or Higher per Year	34	8.8	4.7	13.0
<b>Disability</b>				
Living with a Disability	29	15.0	7.2	22.9
Living without a Disability	42	8.8	5.4	12.2

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Diabetes, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Central Kansas Region County	133	10.1	7.7	12.6
<b>Gender</b>				
Men	48	9.7	5.6	13.9
Women	85	10.5	7.7	13.2
<b>Age</b>				
18 to 44 Years	9	5.2	1.0	9.4
45 to 64 Years	57	11.1	8.0	14.2
65 Years and Older	67	19.5	15.0	23.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	130	10.4	7.8	12.9
<b>Race</b>				
White	126	10.4	7.8	13.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	50	10.6	5.9	15.3
Some College or College Graduate	83	9.8	7.2	12.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	71	14.7	9.9	19.6
\$35,000 or Higher per Year	48	6.7	4.6	8.8
<b>Disability</b>				
Living with a Disability	63	15.8	11.4	20.2
Living without a Disability	69	8.5	5.6	11.5

**Numerator:** Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre\*diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Living with a Disability, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Central Kansas Region County	271	21.8	18.3	25.3
<b>Gender</b>				
Men	100	21.5	15.6	27.4
Women	171	22.1	18.2	26.0
<b>Age</b>				
18 to 44 Years	30	14.7	8.6	20.8
45 to 64 Years	111	23.4	19.0	27.8
65 Years and Older	130	35.2	29.9	40.5
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	262	21.9	18.3	25.5
<b>Race</b>				
White	250	21.6	18.0	25.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	123	27.0	20.3	33.6
Some College or College Graduate	148	18.4	14.7	22.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	152	33.1	26.0	40.2
\$35,000 or Higher per Year	91	15.7	11.5	19.9

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental, or Emotional Problems, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Central Kansas Region County	245	20.3	16.9	23.8
<b>Gender</b>				
Men	91	20.3	14.4	26.1
Women	154	20.4	16.6	24.2
<b>Age</b>				
18 to 44 Years	29	14.3	8.3	20.4
45 to 64 Years	103	22.1	17.8	26.4
65 Years and Older	113	31.0	25.9	36.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	237	20.4	16.9	23.9
<b>Race</b>				
White	226	20.3	16.7	23.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	112	25.7	19.1	32.3
Some College or College Graduate	133	16.8	13.2	20.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	137	31.1	24.1	38.1
\$35,000 or Higher per Year	82	14.4	10.2	18.5

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Central Kansas Region County	756	80.2	76.4	84.0
<b>Gender</b>				
Men	307	84.5	78.5	90.6
Women	449	76.0	71.3	80.8
<b>Age</b>				
18 to 44 Years	154	81.7	74.5	88.9
45 to 64 Years	353	83.8	80.0	87.7
65 Years and Older	249	71.8	66.7	76.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	727	79.8	75.9	83.8
<b>Race</b>				
White	709	80.1	76.1	84.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	313	82.0	75.3	88.8
Some College or College Graduate	441	78.9	74.4	83.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	288	79.1	71.3	86.9
\$35,000 or Higher per Year	392	80.9	76.1	85.6
<b>Disability</b>				
Living with a Disability	217	84.5	79.6	89.3
Living without a Disability	538	78.9	74.3	83.6

**Numerator:** Respondents who reported they consumed fruits and vegetables less than 5 times per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Have Gambled in Past 12 Months, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Central Kansas Region County	319	36.6	32.0	41.3
<b>Gender</b>				
Men	141	40.7	33.2	48.2
Women	178	32.8	27.1	38.5
<b>Age</b>				
18 to 44 Years	66	39.1	30.3	47.9
45 to 64 Years	163	39.2	34.0	44.5
65 Years and Older	90	27.7	22.6	32.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	306	36.9	32.1	41.7
<b>Race</b>				
White	302	36.6	31.9	41.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	118	29.7	23.1	36.4
Some College or College Graduate	200	41.1	35.1	47.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	102	27.9	20.6	35.3
\$35,000 or Higher per Year	193	43.0	36.9	49.0
<b>Disability</b>				
Living with a Disability	63	27.7	19.7	35.6
Living without a Disability	256	39.2	33.7	44.7

**Numerator:** Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Central Kansas Region County	181	14.3	11.5	17.1
<b>Gender</b>				
Men	75	15.5	10.8	20.3
Women	106	13.2	10.1	16.2
<b>Age</b>				
18 to 44 Years	16	8.1	3.5	12.6
45 to 64 Years	68	14.0	10.5	17.6
65 Years and Older	97	28.5	23.3	33.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	173	14.3	11.4	17.1
<b>Race</b>				
White	163	14.2	11.2	17.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	95	19.2	14.1	24.4
Some College or College Graduate	86	11.0	7.9	14.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	111	23.5	17.5	29.5
\$35,000 or Higher per Year	51	9.5	6.2	12.8
<b>Disability</b>				
Living with a Disability	125	40.1	32.0	48.2
Living without a Disability	55	7.2	4.6	9.7

Numerator: Respondents reporting that in general their health is fair or poor.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Lack Health Care Coverage, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Central Kansas Region County	85	14.5	10.5	18.4
<b>Gender</b>				
Men	28	11.5	6.2	16.9
Women	57	17.2	11.4	23.0
<b>Age</b>				
18 to 44 Years	36	21.7	14.0	29.3
45 to 64 Years	47	13.0	9.1	16.9
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	79	14.4	10.3	18.5
<b>Race</b>				
White	75	13.0	9.3	16.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	42	19.9	12.7	27.0
Some College or College Graduate	43	10.8	6.3	15.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	53	23.2	15.8	30.6
\$35,000 or Higher per Year	23	6.7	3.3	10.1
<b>Disability</b>				
Living with a Disability	27	16.4	8.8	24.0
Living without a Disability	58	14.0	9.3	18.7

Numerator: Respondents reporting they had no health care coverage.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Central Kansas Region County	73	10.6	7.1	14.1
<b>Gender</b>				
Men	40	12.8	7.5	18.2
Women	33	8.5	3.9	13.0
<b>Age</b>				
18 to 44 Years	26	15.4	8.6	22.2
45 to 64 Years	36	8.5	5.5	11.4
65 Years and Older	11	2.8	1.0	4.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	65	10.2	6.6	13.8
<b>Race</b>				
White	62	8.8	5.9	11.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	39	12.9	7.2	18.6
Some College or College Graduate	34	9.0	4.7	13.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	38	12.4	7.1	17.8
\$35,000 or Higher per Year	24	6.9	3.2	10.6
<b>Disability</b>				
Living with a Disability	17	11.0	2.9	19.1
Living without a Disability	56	10.5	6.7	14.4

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Central Kansas Region County	86	10.8	7.6	14.1
<b>Gender</b>				
Men	27	7.9	4.1	11.7
Women	59	13.5	8.5	18.6
<b>Age</b>				
18 to 44 Years	26	13.0	6.8	19.2
45 to 64 Years	51	13.8	9.9	17.7
65 Years and Older	9	1.9	0.6	3.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	79	10.6	7.3	13.9
<b>Race</b>				
White	76	9.4	6.7	12.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	45	14.0	8.8	19.3
Some College or College Graduate	41	8.6	4.5	12.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	49	16.7	10.5	22.9
\$35,000 or Higher per Year	29	6.3	3.8	8.8
<b>Disability</b>				
Living with a Disability	36	18.4	11.0	25.9
Living without a Disability	49	8.5	5.0	12.1

**Numerator:** Respondents reporting they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Central Kansas Region County	81	8.1	5.5	10.7
<b>Gender</b>				
Men	20	5.8	1.6	10.0
Women	61	10.2	7.0	13.5
<b>Age</b>				
18 to 44 Years	21	9.5	4.5	14.5
45 to 64 Years	41	7.4	4.9	9.9
65 Years and Older	19	6.0	3.2	8.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	76	8.0	5.3	10.7
<b>Race</b>				
White	72	7.7	5.0	10.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	42	11.5	6.3	16.8
Some College or College Graduate	39	5.8	3.3	8.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	47	14.2	8.6	19.8
\$35,000 or Higher per Year	23	4.9	1.7	8.1
<b>Disability</b>				
Living with a Disability	46	21.7	12.9	30.6
Living without a Disability	35	4.4	2.5	6.2

**Numerator: Respondents reporting 14 or more days when their mental health was not good.**

**Denominator: All respondents, excluding unknowns and refusals.**

\* Insufficient Sample

## Percentage of Adults Who Had a Heart Attack, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Central Kansas Region County	77	5.7	4.2	7.2
<b>Gender</b>				
Men	44	6.8	4.5	9.1
Women	33	4.7	2.7	6.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	21	5.0	2.5	7.4
65 Years and Older	53	16.2	12.0	20.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	75	5.7	4.2	7.3
<b>Race</b>				
White	76	5.9	4.4	7.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	39	7.4	4.8	10.1
Some College or College Graduate	38	4.6	2.7	6.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	45	10.1	6.5	13.8
\$35,000 or Higher per Year	25	3.4	1.9	4.9
<b>Disability</b>				
Living with a Disability	37	13.1	8.1	18.1
Living without a Disability	40	3.7	2.4	5.0

**Numerator:** Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Central Kansas Region County	388	38.8	34.5	43.1
<b>Gender</b>				
Men	139	36.9	29.8	43.9
Women	249	40.6	35.7	45.6
<b>Age</b>				
18 to 44 Years	30	21.3	13.3	29.4
45 to 64 Years	171	42.3	36.7	47.8
65 Years and Older	187	57.6	51.9	63.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	378	39.0	34.6	43.4
<b>Race</b>				
White	370	39.2	34.8	43.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	165	49.0	41.7	56.4
Some College or College Graduate	223	33.4	28.4	38.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	152	42.6	34.5	50.8
\$35,000 or Higher per Year	190	35.8	30.4	41.3
<b>Disability</b>				
Living with a Disability	126	48.2	39.5	57.0
Living without a Disability	261	36.0	31.1	41.0

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Hypertension, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Central Kansas Region County	429	32.7	28.9	36.6
<b>Gender</b>				
Men	155	32.2	25.9	38.4
Women	274	33.2	28.6	37.8
<b>Age</b>				
18 to 44 Years	34	15.9	10.1	21.7
45 to 64 Years	178	39.7	34.5	44.8
65 Years and Older	217	60.3	54.8	65.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	421	33.5	29.5	37.5
<b>Race</b>				
White	407	33.2	29.2	37.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	180	33.7	27.3	40.1
Some College or College Graduate	249	32.1	27.3	36.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	175	34.1	27.1	41.1
\$35,000 or Higher per Year	197	32.1	27.1	37.1
<b>Disability</b>				
Living with a Disability	154	48.2	39.7	56.7
Living without a Disability	274	28.5	24.3	32.8

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot  
During the Past 12 Months, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Central Kansas Region County	480	60.0	55.7	64.3
<b>Gender</b>				
Men	181	62.3	55.7	69.0
Women	299	57.7	52.3	63.1
<b>Age</b>				
18 to 44 Years	141	75.8	68.6	82.9
45 to 64 Years	243	58.8	53.6	64.0
65 Years and Older	96	26.9	21.9	31.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	456	59.3	54.8	63.7
<b>Race</b>				
White	438	58.1	53.6	62.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	195	60.8	53.8	67.8
Some College or College Graduate	284	59.4	53.9	64.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	176	60.8	53.2	68.3
\$35,000 or Higher per Year	259	59.8	54.2	65.5
<b>Disability</b>				
Living with a Disability	114	53.6	45.3	62.0
Living without a Disability	366	61.9	56.9	66.8

**Numerator:** Respondents who reported they did not have a flu shot during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Central Kansas Region County	273	24.8	21.0	28.6
<b>Gender</b>				
Men	103	24.7	18.3	31.0
Women	170	24.9	20.5	29.3
<b>Age</b>				
18 to 44 Years	37	19.6	12.7	26.4
45 to 64 Years	125	28.8	24.0	33.6
65 Years and Older	111	30.9	25.7	36.0
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	263	24.6	20.7	28.6
<b>Race</b>				
White	254	24.5	20.5	28.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	156	36.5	29.2	43.8
Some College or College Graduate	115	16.7	13.0	20.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	138	35.9	28.1	43.7
\$35,000 or Higher per Year	100	18.4	13.9	22.8
<b>Disability</b>				
Living with a Disability	118	41.5	32.9	50.0
Living without a Disability	155	20.3	16.2	24.4

**Numerator:** Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Central Kansas Region County	524	52.5	47.6	57.3
<b>Gender</b>				
Men	187	51.0	43.1	58.9
Women	337	53.8	48.1	59.6
<b>Age</b>				
18 to 44 Years	89	47.8	38.8	56.7
45 to 64 Years	235	56.6	51.2	62.1
65 Years and Older	200	57.4	51.6	63.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	508	52.4	47.4	57.3
<b>Race</b>				
White	494	51.8	46.8	56.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	217	53.1	45.1	61.2
Some College or College Graduate	306	52.0	46.0	58.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	224	56.2	47.4	65.1
\$35,000 or Higher per Year	243	49.4	43.4	55.5
<b>Disability</b>				
Living with a Disability	179	67.8	59.8	75.9
Living without a Disability	345	48.3	42.6	53.9

**Numerator:** Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Central Kansas Region County	524	52.5	47.6	57.3
<b>Gender</b>				
Men	187	51.0	43.1	58.9
Women	337	53.8	48.1	59.6
<b>Age</b>				
18 to 44 Years	89	47.8	38.8	56.7
45 to 64 Years	235	56.6	51.2	62.1
65 Years and Older	200	57.4	51.6	63.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	508	52.4	47.4	57.3
<b>Race</b>				
White	494	51.8	46.8	56.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	217	53.1	45.1	61.2
Some College or College Graduate	306	52.0	46.0	58.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	224	56.2	47.4	65.1
\$35,000 or Higher per Year	243	49.4	43.4	55.5
<b>Disability</b>				
Living with a Disability	179	67.8	59.8	75.9
Living without a Disability	345	48.3	42.6	53.9

**Numerator:** Respondents reporting they did not participate in moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Central Kansas Region County	778	78.1	74.0	82.2
<b>Gender</b>				
Men	278	75.5	68.7	82.3
Women	500	80.5	75.9	85.2
<b>Age</b>				
18 to 44 Years	136	73.7	66.0	81.5
45 to 64 Years	334	77.8	73.1	82.6
65 Years and Older	308	88.0	84.2	91.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	751	77.8	73.6	82.0
<b>Race</b>				
White	733	77.7	73.4	82.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	323	82.4	76.2	88.6
Some College or College Graduate	453	75.2	69.9	80.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	309	81.2	73.8	88.6
\$35,000 or Higher per Year	375	74.8	69.5	80.1
<b>Disability</b>				
Living with a Disability	246	92.0	87.9	96.2
Living without a Disability	531	74.1	69.0	79.1

**Numerator:** Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,  
2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Central Kansas Region County	237	28.7	24.2	33.1
<b>Gender</b>				
Men	72	25.3	18.1	32.5
Women	165	31.9	26.4	37.3
<b>Age</b>				
18 to 44 Years	64	34.3	25.9	42.7
45 to 64 Years	123	29.1	24.1	34.0
65 Years and Older	50	15.5	11.3	19.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	230	29.0	24.4	33.6
<b>Race</b>				
White	223	29.0	24.3	33.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	100	31.3	23.5	39.1
Some College or College Graduate	137	27.0	21.7	32.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	96	33.3	24.6	41.9
\$35,000 or Higher per Year	120	27.4	22.0	32.9
<b>Disability</b>				
Living with a Disability	79	34.8	25.8	43.9
Living without a Disability	157	26.9	21.8	32.0

**Numerator:** Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Are Current Smokers, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Central Kansas Region County	151	17.1	13.4	20.8
<b>Gender</b>				
Men	63	16.6	11.2	21.9
Women	88	17.6	12.5	22.7
<b>Age</b>				
18 to 44 Years	39	19.8	12.7	26.9
45 to 64 Years	86	20.0	15.7	24.2
65 Years and Older	26	7.3	4.5	10.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	143	16.7	12.9	20.4
<b>Race</b>				
White	132	14.9	11.5	18.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	75	18.3	13.0	23.5
Some College or College Graduate	75	16.3	11.1	21.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	80	24.6	17.5	31.7
\$35,000 or Higher per Year	61	13.0	9.2	16.8
<b>Disability</b>				
Living with a Disability	51	18.2	12.1	24.2
Living without a Disability	100	16.9	12.4	21.4

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Central Kansas Region County	39	4.7	2.8	6.6
<b>Gender</b>				
Men	24	7.8	4.0	11.5
Women	15	1.7	0.8	2.7
<b>Age</b>				
18 to 44 Years	8	4.4	1.1	7.7
45 to 64 Years	22	6.5	3.5	9.5
65 Years and Older	9	2.8	0.6	4.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	39	4.9	2.9	6.8
<b>Race</b>				
White	38	5.0	2.9	7.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	12	2.7	0.9	4.4
Some College or College Graduate	26	6.0	3.0	8.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	8	3.0	0.0	6.3
\$35,000 or Higher per Year	27	6.3	3.5	9.1
<b>Disability</b>				
Living with a Disability	13	6.4	1.3	11.4
Living without a Disability	26	4.2	2.2	6.2

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2009**

**Central Kansas Region**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Central Kansas Region County	133	10.0	8.0	12.1
<b>Gender</b>				
Men	119	18.7	14.4	23.0
Women	14	2.0	0.8	3.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	48	12.5	8.8	16.1
65 Years and Older	81	24.3	19.5	29.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	131	10.3	8.2	12.5
<b>Race</b>				
White	127	10.2	8.1	12.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	62	12.1	8.2	16.1
Some College or College Graduate	71	8.6	6.4	10.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	52	9.9	6.7	13.2
\$35,000 or Higher per Year	67	10.3	7.3	13.3
<b>Disability</b>				
Living with a Disability	52	18.1	11.9	24.4
Living without a Disability	81	7.8	5.9	9.7

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Obese, 2009

### Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Central Kansas Region County	304	33.7	29.2	38.2
<b>Gender</b>				
Men	113	31.5	24.5	38.4
Women	191	35.9	30.1	41.7
<b>Age</b>				
18 to 44 Years	68	35.6	27.1	44.1
45 to 64 Years	138	33.1	28.0	38.1
65 Years and Older	98	30.4	25.0	35.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	289	33.0	28.4	37.6
<b>Race</b>				
White	283	32.4	27.9	36.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	125	31.8	25.1	38.5
Some College or College Graduate	179	35.0	29.1	41.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	126	36.8	28.7	44.8
\$35,000 or Higher per Year	146	31.9	26.3	37.5
<b>Disability</b>				
Living with a Disability	105	42.6	33.8	51.4
Living without a Disability	198	31.4	26.2	36.6

**Numerator:** Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Are Overweight or Obese, 2009

## Central Kansas Region

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Central Kansas Region County	636	69.7	65.3	74.0
<b>Gender</b>				
Men	271	77.0	70.4	83.7
Women	365	62.5	56.9	68.1
<b>Age</b>				
18 to 44 Years	124	69.7	61.6	77.9
45 to 64 Years	289	70.5	65.5	75.5
65 Years and Older	223	68.4	63.3	73.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	611	69.1	64.6	73.6
<b>Race</b>				
White	594	68.9	64.3	73.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	257	67.9	60.5	75.4
Some College or College Graduate	378	70.8	65.5	76.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	246	72.7	65.3	80.1
\$35,000 or Higher per Year	321	67.5	61.6	73.5
<b>Disability</b>				
Living with a Disability	191	69.5	60.3	78.7
Living without a Disability	444	70.1	65.1	75.0

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample