

# Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

## Pottawatomie County



Kansas BRFSS  
Bureau of Health Promotion  
Kansas Department of Health and Environment  
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Topeka, Kansas 66612-1274  
[www.kdheks.gov/brfss/index.html](http://www.kdheks.gov/brfss/index.html)

# **Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009**

State of Kansas  
Mark Parkinson, Governor

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## **Project Funding:**

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**Kansas Department of Health and Environment**  
**Bureau of Health Promotion**  
October 2010

**Kansas Department of Health and Environment (KDHE)**  
**Mission**

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

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## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

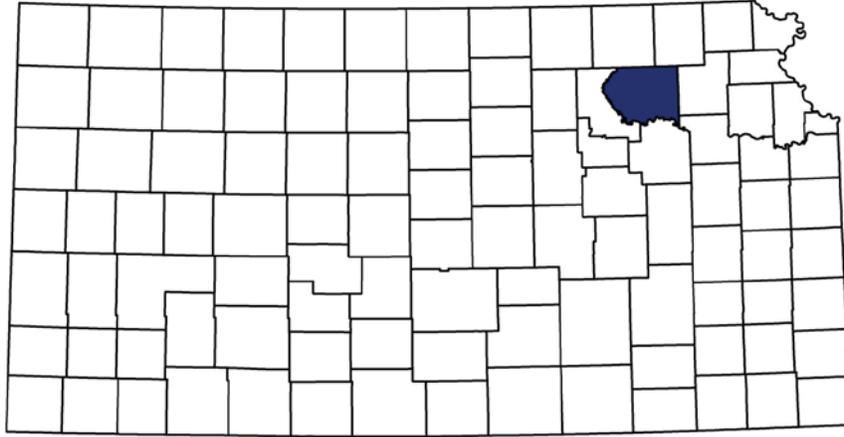
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive, flowing style.

Jason Eberhart-Phillips, M.D., M.P.H.  
State Health Officer and Director of Health  
Kansas Department of Health and Environment



Pottawatomie County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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## Percentage of Adults Who Are Binge Drinkers, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Pottawatomie County	16	11.5	5.9	17.1
<b>Gender</b>				
Men	8	11.9	4.6	19.2
Women	8	11.1	2.7	19.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	6	7.1	1.1	13.0
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	16	11.7	6.0	17.3
<b>Race</b>				
White	16	12.0	6.2	17.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	7	10.8	1.4	20.3
Some College or College Graduate	9	12.0	5.0	18.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	6	17.3	6.6	28.1
\$35,000 or Higher per Year	9	11.1	3.7	18.5
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	14	13.1	6.4	19.8

**Numerator:** Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Pottawatomie County	7	3.8	0.6	7.0
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	5	7.1	0.5	13.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	7	3.8	0.6	7.1
<b>Race</b>				
White	7	4.0	0.6	7.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	5	5.0	0.2	9.7
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	7	5.3	0.9	9.8

**Numerator:** Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Doctor Diagnosed Arthritis, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Pottawatomie County	59	23.8	16.9	30.6
<b>Gender</b>				
Men	23	23.5	12.9	34.1
Women	36	24.0	15.3	32.8
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	29.5	17.5	41.5
65 Years and Older	31	56.3	43.3	69.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	59	24.0	17.1	30.9
<b>Race</b>				
White	57	24.2	17.1	31.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	28	27.6	15.2	40.0
Some College or College Graduate	31	21.5	13.3	29.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	25	30.0	18.1	41.9
\$35,000 or Higher per Year	28	22.8	13.9	31.7
<b>Disability</b>				
Living with a Disability	30	34.6	20.6	48.7
Living without a Disability	29	19.3	11.4	27.2

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Pottawatomie County	29	42.1	27.6	56.6
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	29	42.1	27.6	56.6
<b>Race</b>				
White	28	42.0	27.3	56.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

**Denominator:** Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Cancer, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Pottawatomie County	29	14.2	8.1	20.3
<b>Gender</b>				
Men	15	14.3	6.6	21.9
Women	14	14.2	5.2	23.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	17.1	7.8	26.3
65 Years and Older	12	22.6	10.7	34.5
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	29	14.3	8.2	20.4
<b>Race</b>				
White	28	14.5	8.2	20.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	11	12.3	2.3	22.2
Some College or College Graduate	18	15.6	7.9	23.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	11	19.8	5.7	34.0
\$35,000 or Higher per Year	13	10.9	4.4	17.4
<b>Disability</b>				
Living with a Disability	18	28.8	13.6	44.0
Living without a Disability	11	8.1	2.8	13.5

**Numerator:** Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Pottawatomie County	50	27.1	18.9	35.2
<b>Gender</b>				
Men	20	24.1	11.9	36.4
Women	30	29.9	19.2	40.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	28	37.5	25.2	49.9
65 Years and Older	12	24.8	14.0	35.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	50	27.5	19.2	35.7
<b>Race</b>				
White	49	28.0	19.5	36.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	16	22.7	8.7	36.7
Some College or College Graduate	34	29.9	20.1	39.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	15	20.8	10.2	31.5
\$35,000 or Higher per Year	29	27.5	17.5	37.4
<b>Disability</b>				
Living with a Disability	15	26.6	11.2	41.9
Living without a Disability	35	27.3	17.7	36.9

**Numerator:** Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Current Asthma, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Pottawatomie County	17	12.1	5.5	18.7
<b>Gender</b>				
Men	5	8.0	0.5	15.6
Women	12	15.9	5.6	26.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	11.1	2.8	19.3
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	17	12.2	5.6	18.9
<b>Race</b>				
White	17	12.6	5.7	19.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	8	13.9	2.4	25.4
Some College or College Graduate	9	11.0	2.8	19.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	5	13.3	0.0	27.5
\$35,000 or Higher per Year	9	11.8	3.4	20.2
<b>Disability</b>				
Living with a Disability	9	27.2	9.8	44.6
Living without a Disability	8	6.3	1.2	11.3

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Diabetes, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Pottawatomie County	15	4.7	2.0	7.4
<b>Gender</b>				
Men	6	4.2	0.5	7.8
Women	9	5.2	1.4	9.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	8.7	2.3	15.2
65 Years and Older	7	10.6	2.3	18.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	14	4.5	1.8	7.1
<b>Race</b>				
White	14	4.6	1.9	7.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	6	4.1	0.6	7.6
Some College or College Graduate	9	5.1	1.4	8.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	9	9.6	3.2	15.9
\$35,000 or Higher per Year	6	3.7	0.4	7.0
<b>Disability</b>				
Living with a Disability	10	11.1	3.2	19.0
Living without a Disability	5	2.1	0.2	4.1

**Numerator:** Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Living with a Disability, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Pottawatomie County	55	28.7	20.5	36.9
<b>Gender</b>				
Men	26	32.6	19.4	45.8
Women	29	24.9	14.8	35.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	16	21.8	11.3	32.3
65 Years and Older	28	45.3	31.8	58.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	55	29.1	20.8	37.4
<b>Race</b>				
White	53	29.4	20.9	37.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	28	35.9	20.4	51.5
Some College or College Graduate	27	24.2	14.5	33.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	25	41.6	26.6	56.6
\$35,000 or Higher per Year	25	25.8	15.5	36.2

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental, or Emotional Problems, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Pottawatomie County	50	25.8	18.0	33.6
<b>Gender</b>				
Men	23	27.6	15.3	39.9
Women	27	24.1	14.0	34.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	14	18.8	8.9	28.7
65 Years and Older	26	43.0	29.6	56.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	50	26.2	18.2	34.1
<b>Race</b>				
White	48	26.4	18.3	34.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	26	34.1	18.8	49.4
Some College or College Graduate	24	20.6	11.8	29.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	23	39.8	24.7	54.9
\$35,000 or Higher per Year	22	22.0	12.3	31.7

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Pottawatomie County	135	78.4	71.3	85.5
<b>Gender</b>				
Men	58	85.0	75.6	94.3
Women	77	72.1	61.9	82.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	64	86.3	78.5	94.1
65 Years and Older	40	70.1	58.1	82.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	133	78.2	71.1	85.4
<b>Race</b>				
White	130	78.7	71.6	85.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	61	88.8	80.0	97.6
Some College or College Graduate	73	71.7	62.0	81.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	49	81.0	69.0	93.0
\$35,000 or Higher per Year	73	74.4	64.9	84.0
<b>Disability</b>				
Living with a Disability	43	84.8	74.4	95.2
Living without a Disability	92	75.8	66.8	84.8

**Numerator:** Respondents who reported they consumed fruits and vegetables less than 5 times per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Have Gambled in Past 12 Months, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Pottawatomie County	59	35.3	26.2	44.3
<b>Gender</b>				
Men	27	41.2	26.8	55.5
Women	32	29.3	18.3	40.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	27	31.9	20.6	43.3
65 Years and Older	17	31.6	18.5	44.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	59	35.5	26.4	44.7
<b>Race</b>				
White	59	36.6	27.2	45.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	26	36.9	20.8	53.1
Some College or College Graduate	33	34.3	23.6	44.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	18	32.5	20.0	45.1
\$35,000 or Higher per Year	35	35.5	24.0	47.0
<b>Disability</b>				
Living with a Disability	14	28.1	11.9	44.4
Living without a Disability	45	38.3	27.3	49.2

**Numerator:** Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Pottawatomie County	27	11.9	6.4	17.4
<b>Gender</b>				
Men	11	10.8	3.5	18.0
Women	16	13.0	4.9	21.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	11	11.4	4.4	18.4
65 Years and Older	11	17.7	7.3	28.0
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	26	11.7	6.2	17.3
<b>Race</b>				
White	24	11.6	6.0	17.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	15	16.8	5.6	28.0
Some College or College Graduate	12	8.8	3.2	14.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	16	26.7	12.4	41.1
\$35,000 or Higher per Year	8	6.3	1.3	11.4
<b>Disability</b>				
Living with a Disability	19	31.5	15.6	47.4
Living without a Disability	8	4.0	1.0	7.1

**Numerator:** Respondents reporting that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Lack Health Care Coverage, 2009

## Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Pottawatomie County	21	16.7	8.3	25.1
<b>Gender</b>				
Men	10	22.3	8.2	36.5
Women	11	11.2	3.1	19.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	10	13.4	4.6	22.1
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	18	15.5	7.1	23.9
<b>Race</b>				
White	17	15.7	7.1	24.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	9	22.1	4.7	39.5
Some College or College Graduate	12	13.3	5.8	20.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	9	21.9	10.1	33.6
\$35,000 or Higher per Year	9	10.4	2.8	18.0
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	18	20.1	9.4	30.8

**Numerator:** Respondents reporting they had no health care coverage.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

## Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Pottawatomie County	16	15.2	7.0	23.3
<b>Gender</b>				
Men	11	26.1	11.6	40.6
Women	5	4.5	0.0	9.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	12.5	3.5	21.6
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	16	15.4	7.1	23.7
<b>Race</b>				
White	16	15.8	7.3	24.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	6	18.3	1.0	35.6
Some College or College Graduate	10	13.2	5.8	20.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	6	18.3	7.1	29.5
\$35,000 or Higher per Year	8	10.1	2.8	17.4
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	14	19.0	8.4	29.6

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Pottawatomie County	9	4.4	0.5	8.2
<b>Gender</b>				
Men	*	*	*	*
Women	6	6.5	0.0	13.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	6	6.7	0.9	12.4
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	4.4	0.5	8.4
<b>Race</b>				
White	8	4.3	0.3	8.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	7	6.1	0.1	12.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	6	4.7	0.0	9.8

**Numerator:** Respondents reporting they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Pottawatomie County	9	4.2	0.4	7.9
<b>Gender</b>				
Men	*	*	*	*
Women	8	7.4	0.4	14.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	7	7.3	1.8	12.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	4.2	0.4	8.0
<b>Race</b>				
White	9	4.4	0.5	8.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	5	7.3	0.0	16.3
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	5	11.5	0.0	25.1
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	5	2.2	0.2	4.2

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Had a Heart Attack, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Pottawatomie County	6	1.5	0.2	2.7
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	6	7.8	1.4	14.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	6	1.5	0.2	2.7
<b>Race</b>				
White	6	1.5	0.2	2.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	5	4.4	0.3	8.5
Living without a Disability	*	*	*	*

**Numerator:** Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Pottawatomie County	68	34.2	25.7	42.7
<b>Gender</b>				
Men	25	30.3	17.6	42.9
Women	43	37.3	25.9	48.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	35	44.6	32.0	57.2
65 Years and Older	30	57.3	43.7	70.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	67	33.9	25.4	42.5
<b>Race</b>				
White	66	34.8	26.0	43.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	33	48.1	31.9	64.4
Some College or College Graduate	35	27.3	17.5	37.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	28	51.7	36.2	67.2
\$35,000 or Higher per Year	35	27.7	17.8	37.5
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	44	32.1	22.4	41.8

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Hypertension, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Pottawatomie County	64	25.1	18.0	32.3
<b>Gender</b>				
Men	28	28.7	16.5	40.9
Women	36	21.7	14.1	29.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	31	35.0	23.4	46.7
65 Years and Older	30	52.9	39.2	66.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	63	25.2	17.9	32.4
<b>Race</b>				
White	61	25.4	18.0	32.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	36	33.7	19.7	47.8
Some College or College Graduate	28	19.7	11.9	27.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	34	40.3	26.8	53.9
\$35,000 or Higher per Year	24	21.6	12.4	30.9
<b>Disability</b>				
Living with a Disability	28	40.8	24.0	57.6
Living without a Disability	36	18.8	12.2	25.5

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot  
During the Past 12 Months, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Pottawatomie County	96	61.4	52.7	70.1
<b>Gender</b>				
Men	36	64.3	52.0	76.5
Women	60	58.7	46.7	70.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	46	59.6	47.4	71.8
65 Years and Older	22	46.1	32.5	59.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	94	61.5	52.8	70.3
<b>Race</b>				
White	92	61.0	52.0	69.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	38	69.2	56.7	81.6
Some College or College Graduate	58	56.7	45.6	67.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	35	68.7	56.4	81.1
\$35,000 or Higher per Year	54	56.6	45.2	67.9
<b>Disability</b>				
Living with a Disability	22	50.2	33.1	67.4
Living without a Disability	74	65.9	55.8	75.9

**Numerator:** Respondents who reported they did not have a flu shot during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Pottawatomie County	46	23.5	15.2	31.7
<b>Gender</b>				
Men	21	29.7	15.5	43.8
Women	25	17.5	9.8	25.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	20	25.0	14.3	35.8
65 Years and Older	19	31.8	19.1	44.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	44	22.7	14.4	31.0
<b>Race</b>				
White	43	22.1	13.8	30.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	25	32.2	15.4	49.1
Some College or College Graduate	21	18.0	10.6	25.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	23	34.6	22.5	46.7
\$35,000 or Higher per Year	19	15.1	7.6	22.5
<b>Disability</b>				
Living with a Disability	23	32.9	18.5	47.2
Living without a Disability	23	19.7	9.7	29.7

**Numerator:** Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

## Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Pottawatomie County	90	50.3	40.5	60.1
<b>Gender</b>				
Men	34	47.3	32.3	62.4
Women	56	53.1	40.9	65.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	41	54.1	41.3	67.0
65 Years and Older	29	50.3	36.5	64.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	89	50.2	40.4	60.1
<b>Race</b>				
White	87	49.3	39.4	59.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	42	54.6	36.6	72.6
Some College or College Graduate	48	47.8	36.3	59.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	32	59.7	44.8	74.6
\$35,000 or Higher per Year	54	53.5	41.8	65.2
<b>Disability</b>				
Living with a Disability	32	63.2	46.9	79.4
Living without a Disability	58	45.0	33.8	56.1

**Numerator:** Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Pottawatomie County	90	50.3	40.5	60.1
<b>Gender</b>				
Men	34	47.3	32.3	62.4
Women	56	53.1	40.9	65.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	41	54.1	41.3	67.0
65 Years and Older	29	50.3	36.5	64.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	89	50.2	40.4	60.1
<b>Race</b>				
White	87	49.3	39.4	59.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	42	54.6	36.6	72.6
Some College or College Graduate	48	47.8	36.3	59.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	32	59.7	44.8	74.6
\$35,000 or Higher per Year	54	53.5	41.8	65.2
<b>Disability</b>				
Living with a Disability	32	63.2	46.9	79.4
Living without a Disability	58	45.0	33.8	56.1

**Numerator:** Respondents reporting they did not participate in either moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Pottawatomie County	141	75.1	65.3	84.9
<b>Gender</b>				
Men	56	71.2	54.8	87.6
Women	85	78.9	68.6	89.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	66	90.8	83.7	98.0
65 Years and Older	47	87.2	77.5	96.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	139	74.9	65.0	84.8
<b>Race</b>				
White	135	74.2	64.1	84.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	63	75.6	56.3	95.0
Some College or College Graduate	77	74.7	64.4	85.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	51	83.4	71.3	95.6
\$35,000 or Higher per Year	80	78.7	68.8	88.6
<b>Disability</b>				
Living with a Disability	47	87.1	74.7	99.4
Living without a Disability	94	70.3	58.0	82.5

**Numerator:** Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,  
2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Pottawatomie County	37	27.4	18.4	36.5
<b>Gender</b>				
Men	14	22.9	10.6	35.2
Women	23	32.0	19.5	44.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	18	24.2	13.0	35.3
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	37	27.8	18.7	37.0
<b>Race</b>				
White	36	27.5	18.2	36.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	10	21.4	6.3	36.5
Some College or College Graduate	27	31.4	20.3	42.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	6	14.8	0.8	28.9
\$35,000 or Higher per Year	28	31.6	20.5	42.8
<b>Disability</b>				
Living with a Disability	11	32.0	14.4	49.6
Living without a Disability	26	25.6	15.3	35.9

**Numerator:** Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Current Smokers, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Pottawatomie County	25	16.5	8.8	24.2
<b>Gender</b>				
Men	11	20.0	7.0	33.0
Women	14	13.1	4.5	21.8
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	11	10.6	3.9	17.3
65 Years and Older	6	10.8	1.9	19.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	25	16.7	8.9	24.6
<b>Race</b>				
White	24	17.0	8.9	25.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	16	31.2	14.7	47.8
Some College or College Graduate	9	7.2	1.7	12.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	13	29.3	13.2	45.4
\$35,000 or Higher per Year	8	8.9	1.6	16.2
<b>Disability</b>				
Living with a Disability	10	27.7	11.0	44.4
Living without a Disability	15	12.0	3.9	20.0

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

## Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Pottawatomie County	9	8.8	2.4	15.2
<b>Gender</b>				
Men	9	18.0	5.6	30.4
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	8.9	2.4	15.4
<b>Race</b>				
White	9	9.1	2.5	15.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	5	14.3	0.5	28.2
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	5	7.7	1.0	14.3
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	7	10.6	2.2	19.0

**Numerator:** Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2009**

**Pottawatomie County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Pottawatomie County	26	14.0	8.2	19.8
<b>Gender</b>				
Men	24	23.6	13.3	33.9
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	10.5	3.2	17.8
65 Years and Older	12	23.2	11.0	35.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	26	14.2	8.3	20.1
<b>Race</b>				
White	25	13.4	7.7	19.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	11	11.1	3.7	18.6
Some College or College Graduate	15	15.9	7.7	24.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	9	14.2	4.2	24.2
\$35,000 or Higher per Year	15	14.5	6.8	22.1
<b>Disability</b>				
Living with a Disability	10	16.1	5.3	26.8
Living without a Disability	16	13.2	6.2	20.2

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Obese, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Pottawatomie County	58	32.5	23.7	41.4
<b>Gender</b>				
Men	26	35.6	22.0	49.2
Women	32	29.4	18.4	40.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	32.6	20.3	45.0
65 Years and Older	22	41.7	28.1	55.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	57	32.3	23.4	41.2
<b>Race</b>				
White	57	33.2	24.1	42.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	31	43.3	26.9	59.8
Some College or College Graduate	27	25.6	15.8	35.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	20	38.6	23.0	54.1
\$35,000 or Higher per Year	33	29.7	19.5	39.9
<b>Disability</b>				
Living with a Disability	23	46.6	28.8	64.4
Living without a Disability	35	26.9	17.1	36.7

**Numerator:** Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Overweight or Obese, 2009

### Pottawatomie County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Pottawatomie County	123	68.2	58.9	77.5
<b>Gender</b>				
Men	59	70.5	55.8	85.3
Women	64	65.8	54.7	76.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	57	79.1	67.9	90.2
65 Years and Older	38	70.0	58.3	81.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	121	68.0	58.6	77.4
<b>Race</b>				
White	119	68.5	58.9	78.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	51	65.7	48.3	83.1
Some College or College Graduate	72	70.0	60.1	80.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	42	67.9	55.3	80.5
\$35,000 or Higher per Year	75	73.6	63.0	84.2
<b>Disability</b>				
Living with a Disability	39	76.7	61.7	91.7
Living without a Disability	84	64.8	53.5	76.1

**Numerator:** Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample