

# Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

## Montgomery County



Kansas BRFSS  
Bureau of Health Promotion  
Kansas Department of Health and Environment  
1000 SW Jackson St., Suite 230  
Topeka, Kansas 66612-1274  
[www.kdheks.gov/brfss/index.html](http://www.kdheks.gov/brfss/index.html)

# **Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009**

State of Kansas  
Mark Parkinson, Governor

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**Kansas Department of Health and Environment  
Bureau of Health Promotion  
October 2010**

**Kansas Department of Health and Environment (KDHE)**  
**Mission**

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

[www.kdheks.gov](http://www.kdheks.gov)

## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

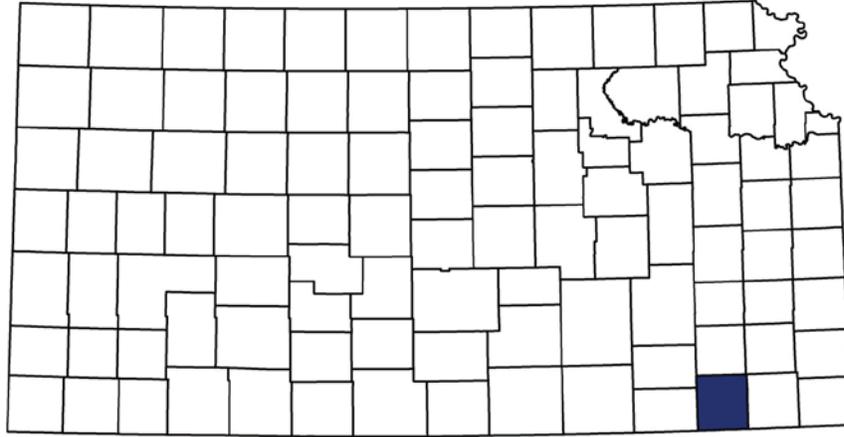
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive style with a large, stylized initial 'J'.

Jason Eberhart-Phillips, M.D., M.P.H.  
State Health Officer and Director of Health  
Kansas Department of Health and Environment



Montgomery County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

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## Percentage of Adults Who Are Binge Drinkers, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Montgomery County	13	9.7	3.7	15.7
<b>Gender</b>				
Men	10	16.4	5.3	27.5
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	7	8.3	1.6	14.9
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	12	8.6	2.9	14.3
<b>Race</b>				
White	13	10.9	4.2	17.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	5	11.2	0.7	21.7
Some College or College Graduate	8	8.8	1.5	16.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	5	9.8	0.2	19.3
\$35,000 or Higher per Year	7	12.5	2.1	22.8
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	10	10.1	3.0	17.2

**Numerator:** Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Montgomery County	8	4.3	0.8	7.9
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	5	7.1	0.5	13.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	8	4.5	0.8	8.1
<b>Race</b>				
White	8	4.9	0.9	8.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	5	4.3	0.0	9.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	6	4.6	0.2	8.9

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Doctor Diagnosed Arthritis, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Montgomery County	90	36.5	27.8	45.2
<b>Gender</b>				
Men	21	28.5	16.1	40.9
Women	69	43.5	31.9	55.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	37	39.6	28.3	50.8
65 Years and Older	43	55.5	43.2	67.8
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	89	37.6	28.7	46.5
<b>Race</b>				
White	78	35.8	26.8	44.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	40	44.1	29.9	58.2
Some College or College Graduate	50	32.3	21.8	42.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	44	42.5	27.3	57.7
\$35,000 or Higher per Year	30	29.4	17.8	41.0
<b>Disability</b>				
Living with a Disability	40	68.0	47.6	88.3
Living without a Disability	50	26.0	17.4	34.6

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Montgomery County	41	45.2	31.2	59.3
<b>Gender</b>				
Men	*	*	*	*
Women	32	47.6	30.6	64.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	41	45.5	31.4	59.6
<b>Race</b>				
White	32	44.0	28.8	59.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	21	33.7	18.7	48.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	7	10.6	2.2	19.0

**Numerator: Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms**

**Denominator: Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.**

\* Insufficient Sample

## Percentage of Adults with Diagnosed Cancer, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Montgomery County	29	9.4	5.4	13.4
<b>Gender</b>				
Men	5	7.3	0.8	13.8
Women	24	11.3	6.3	16.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	6.8	1.8	11.9
65 Years and Older	20	28.1	16.1	40.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	29	9.7	5.6	13.9
<b>Race</b>				
White	26	9.9	5.4	14.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	13	11.4	4.3	18.5
Some College or College Graduate	16	8.3	3.4	13.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	10	7.5	1.8	13.3
\$35,000 or Higher per Year	9	7.4	2.0	12.8
<b>Disability</b>				
Living with a Disability	12	17.8	6.2	29.3
Living without a Disability	17	6.6	2.9	10.4

**Numerator:** Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Montgomery County	62	30.2	21.7	38.7
<b>Gender</b>				
Men	16	26.1	12.7	39.4
Women	46	33.8	23.0	44.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	33	35.5	24.6	46.5
65 Years and Older	16	19.0	9.5	28.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	59	28.2	19.9	36.4
<b>Race</b>				
White	57	31.5	22.4	40.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	19	23.3	12.2	34.5
Some College or College Graduate	43	34.0	22.5	45.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	26	30.2	15.8	44.5
\$35,000 or Higher per Year	28	34.2	21.1	47.2
<b>Disability</b>				
Living with a Disability	11	14.9	4.5	25.3
Living without a Disability	50	35.0	24.7	45.3

**Numerator:** Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Current Asthma, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Montgomery County	9	5.4	0.6	10.3
<b>Gender</b>				
Men	*	*	*	*
Women	6	4.2	0.3	8.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	5.6	0.6	10.6
<b>Race</b>				
White	8	5.7	0.3	11.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	5	6.7	0.0	13.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	5	9.1	0.0	19.9
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	5	5.4	0.0	11.5

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Diabetes, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Montgomery County	29	10.8	6.0	15.6
<b>Gender</b>				
Men	9	10.7	2.8	18.6
Women	20	11.0	5.2	16.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	9	10.1	3.3	17.0
65 Years and Older	17	20.6	10.3	30.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	28	11.0	6.1	16.0
<b>Race</b>				
White	23	10.8	5.6	16.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	9	9.2	1.3	17.1
Some College or College Graduate	20	11.8	5.7	17.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	18	15.6	6.2	25.0
\$35,000 or Higher per Year	8	7.5	2.0	13.1
<b>Disability</b>				
Living with a Disability	15	22.7	8.8	36.7
Living without a Disability	14	6.9	2.6	11.2

**Numerator:** Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Living with a Disability, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Montgomery County	53	24.9	16.5	33.2
<b>Gender</b>				
Men	15	18.5	8.3	28.8
Women	38	30.4	18.5	42.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	18	17.6	9.3	25.8
65 Years and Older	29	41.2	28.7	53.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	51	25.3	16.8	33.9
<b>Race</b>				
White	43	25.0	15.9	34.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	23	33.2	18.7	47.6
Some College or College Graduate	30	20.1	10.4	29.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	31	35.0	19.6	50.4
\$35,000 or Higher per Year	12	13.1	4.6	21.5

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental, or Emotional Problems, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Montgomery County	53	24.9	16.5	33.2
<b>Gender</b>				
Men	15	18.5	8.3	28.8
Women	38	30.4	18.5	42.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	18	17.6	9.3	25.8
65 Years and Older	29	41.2	28.7	53.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	51	25.3	16.8	33.9
<b>Race</b>				
White	43	25.0	15.9	34.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	23	33.2	18.7	47.6
Some College or College Graduate	30	20.1	10.4	29.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	31	35.0	19.6	50.4
\$35,000 or Higher per Year	12	13.1	4.6	21.5

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Montgomery County	161	84.0	78.4	89.5
<b>Gender</b>				
Men	58	93.1	87.5	98.6
Women	103	76.0	67.1	84.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	71	79.8	70.8	88.7
65 Years and Older	59	75.8	65.3	86.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	157	83.6	77.8	89.3
<b>Race</b>				
White	146	84.0	78.1	90.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	69	87.5	80.1	94.8
Some College or College Graduate	92	82.0	74.3	89.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	66	80.1	70.0	90.2
\$35,000 or Higher per Year	65	89.6	83.5	95.7
<b>Disability</b>				
Living with a Disability	41	81.1	69.3	93.0
Living without a Disability	120	84.9	78.6	91.2

**Numerator:** Respondents who reported they consumed fruits and vegetables less than 5 times per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Have Gambled in Past 12 Months, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Montgomery County	87	45.9	36.4	55.4
<b>Gender</b>				
Men	30	47.0	31.9	62.2
Women	57	44.9	32.8	56.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	43	54.1	42.4	65.8
65 Years and Older	26	28.0	17.4	38.5
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	85	45.9	36.3	55.5
<b>Race</b>				
White	78	46.0	36.0	55.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	33	41.8	27.8	55.7
Some College or College Graduate	54	48.2	35.7	60.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	33	47.1	31.4	62.9
\$35,000 or Higher per Year	39	50.0	35.3	64.7
<b>Disability</b>				
Living with a Disability	17	36.9	16.6	57.2
Living without a Disability	70	48.9	38.1	59.7

**Numerator:** Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Montgomery County	41	14.4	9.1	19.7
<b>Gender</b>				
Men	12	12.3	4.4	20.3
Women	29	16.2	9.0	23.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	17	15.8	8.0	23.6
65 Years and Older	20	22.4	12.6	32.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	40	14.7	9.2	20.1
<b>Race</b>				
White	32	13.5	8.0	18.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	18	15.6	6.7	24.6
Some College or College Graduate	23	13.7	7.1	20.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	25	21.0	10.6	31.4
\$35,000 or Higher per Year	12	10.3	3.9	16.7
<b>Disability</b>				
Living with a Disability	23	31.2	15.6	46.8
Living without a Disability	18	8.9	3.9	13.8

**Numerator:** Respondents reporting that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Lack Health Care Coverage, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Montgomery County	22	14.8	7.5	22.0
<b>Gender</b>				
Men	9	15.5	4.1	27.0
Women	13	14.1	5.0	23.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	12	14.1	6.0	22.2
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	22	15.3	7.8	22.8
<b>Race</b>				
White	21	15.6	7.8	23.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	13	16.4	6.9	26.0
Some College or College Graduate	9	13.9	3.8	23.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	16	26.9	12.6	41.2
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	20	18.3	9.2	27.4

**Numerator:** Respondents reporting they had no health care coverage.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

## Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Montgomery County	23	14.8	7.2	22.5
<b>Gender</b>				
Men	10	21.0	6.8	35.1
Women	13	9.4	3.4	15.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	9	9.9	2.9	16.9
65 Years and Older	6	7.1	1.0	13.3
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	22	15.2	7.3	23.0
<b>Race</b>				
White	18	10.9	4.8	17.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	10	9.2	2.9	15.5
Some College or College Graduate	13	18.0	7.0	29.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	10	8.9	2.2	15.6
\$35,000 or Higher per Year	9	20.2	5.6	34.8
<b>Disability</b>				
Living with a Disability	5	5.2	0.1	10.4
Living without a Disability	18	18.1	8.3	27.8

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Montgomery County	29	18.2	10.2	26.2
<b>Gender</b>				
Men	7	7.4	1.7	13.0
Women	22	27.8	15.0	40.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	15	18.2	9.1	27.3
65 Years and Older	5	4.8	0.4	9.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	28	18.6	10.4	26.9
<b>Race</b>				
White	24	18.5	9.8	27.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	12	13.9	5.4	22.3
Some College or College Graduate	17	20.6	9.2	32.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	21	36.6	20.9	52.4
\$35,000 or Higher per Year	5	4.2	0.0	8.4
<b>Disability</b>				
Living with a Disability	9	21.6	2.0	41.2
Living without a Disability	20	17.1	8.7	25.6

**Numerator:** Respondents reporting they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14  
or More Days in the Past 30 Days, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Montgomery County	24	13.0	6.1	20.0
<b>Gender</b>				
Men	7	10.6	0.9	20.4
Women	17	15.2	5.2	25.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	9	7.9	2.4	13.3
65 Years and Older	9	12.9	3.6	22.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	23	13.3	6.1	20.4
<b>Race</b>				
White	23	14.3	6.6	22.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	9	13.8	1.3	26.4
Some College or College Graduate	15	12.6	4.2	20.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	12	23.4	8.8	38.0
\$35,000 or Higher per Year	8	5.4	1.2	9.6
<b>Disability</b>				
Living with a Disability	11	24.7	6.2	43.3
Living without a Disability	13	9.3	2.4	16.1

**Numerator: Respondents reporting 14 or more days when their mental health was not good.**

**Denominator: All respondents, excluding unknowns and refusals.**

\* Insufficient Sample

## Percentage of Adults Who Had a Heart Attack, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Montgomery County	13	4.2	1.5	6.9
<b>Gender</b>				
Men	5	5.4	0.3	10.5
Women	8	3.1	0.8	5.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	9	12.1	3.2	21.1
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	13	4.3	1.5	7.2
<b>Race</b>				
White	11	4.2	1.2	7.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	7	4.9	1.0	8.8
Some College or College Graduate	6	3.8	0.2	7.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	8	5.6	0.6	10.6
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	6	7.2	0.6	13.9
Living without a Disability	7	3.2	0.3	6.1

**Numerator:** Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Montgomery County	73	36.2	26.9	45.6
<b>Gender</b>				
Men	21	34.1	19.4	48.7
Women	52	38.0	26.0	49.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	34	44.1	31.8	56.5
65 Years and Older	35	47.7	34.5	60.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	73	36.5	27.0	45.9
<b>Race</b>				
White	66	37.2	27.2	47.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	31	48.4	32.2	64.5
Some College or College Graduate	42	29.2	19.3	39.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	32	38.7	21.1	56.3
\$35,000 or Higher per Year	28	33.7	21.0	46.3
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	48	28.9	19.7	38.2

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Hypertension, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Montgomery County	97	40.7	31.5	49.9
<b>Gender</b>				
Men	27	41.6	26.7	56.6
Women	70	39.9	28.8	51.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	37	42.3	30.7	53.9
65 Years and Older	50	59.0	46.6	71.4
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	94	40.4	31.1	49.6
<b>Race</b>				
White	84	38.7	29.5	47.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	39	42.2	28.0	56.3
Some College or College Graduate	58	39.9	28.0	51.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	43	34.4	20.5	48.3
\$35,000 or Higher per Year	36	43.9	29.5	58.3
<b>Disability</b>				
Living with a Disability	36	54.8	34.7	74.8
Living without a Disability	60	35.8	25.5	46.1

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot  
During the Past 12 Months, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Montgomery County	98	58.4	49.3	67.4
<b>Gender</b>				
Men	36	63.2	49.2	77.2
Women	62	54.1	42.5	65.8
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	49	58.3	47.0	69.7
65 Years and Older	22	29.4	18.1	40.7
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	95	57.3	48.0	66.5
<b>Race</b>				
White	85	55.2	45.5	64.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	40	52.7	38.5	67.0
Some College or College Graduate	58	61.5	50.1	72.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	39	54.8	39.1	70.5
\$35,000 or Higher per Year	44	68.6	56.8	80.3
<b>Disability</b>				
Living with a Disability	20	43.3	23.0	63.6
Living without a Disability	78	63.3	53.5	73.0

**Numerator:** Respondents who reported they did not have a flu shot during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Montgomery County	70	32.7	23.8	41.6
<b>Gender</b>				
Men	19	24.4	12.6	36.2
Women	51	40.1	28.1	52.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	29	30.9	20.3	41.5
65 Years and Older	27	30.9	19.7	42.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	68	32.3	23.3	41.2
<b>Race</b>				
White	62	33.6	24.1	43.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	38	45.9	31.7	60.2
Some College or College Graduate	32	25.2	14.4	36.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	31	37.2	21.7	52.8
\$35,000 or Higher per Year	22	24.9	13.4	36.4
<b>Disability</b>				
Living with a Disability	25	60.1	42.7	77.6
Living without a Disability	45	23.7	15.6	31.9

**Numerator:** Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Montgomery County	100	49.4	39.8	59.1
<b>Gender</b>				
Men	27	39.9	24.9	54.8
Women	73	58.1	46.5	69.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	38	39.6	28.2	51.0
65 Years and Older	43	53.3	40.3	66.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	97	49.2	39.5	59.0
<b>Race</b>				
White	87	47.3	37.3	57.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	47	51.3	36.7	65.9
Some College or College Graduate	53	48.4	35.7	61.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	49	57.5	42.0	72.9
\$35,000 or Higher per Year	33	39.7	25.1	54.3
<b>Disability</b>				
Living with a Disability	36	72.2	56.3	88.0
Living without a Disability	64	41.9	31.1	52.7

**Numerator:** Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Montgomery County	100	49.4	39.8	59.1
<b>Gender</b>				
Men	27	39.9	24.9	54.8
Women	73	58.1	46.5	69.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	38	39.6	28.2	51.0
65 Years and Older	43	53.3	40.3	66.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	97	49.2	39.5	59.0
<b>Race</b>				
White	87	47.3	37.3	57.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	47	51.3	36.7	65.9
Some College or College Graduate	53	48.4	35.7	61.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	49	57.5	42.0	72.9
\$35,000 or Higher per Year	33	39.7	25.1	54.3
<b>Disability</b>				
Living with a Disability	36	72.2	56.3	88.0
Living without a Disability	64	41.9	31.1	52.7

**Numerator:** Respondents reporting they did not participate in either moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Montgomery County	159	75.8	67.8	83.8
<b>Gender</b>				
Men	47	71.8	58.4	85.2
Women	112	79.3	70.1	88.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	70	75.5	65.4	85.6
65 Years and Older	64	85.6	77.6	93.6
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	155	75.1	66.9	83.3
<b>Race</b>				
White	142	74.8	66.2	83.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	65	74.8	61.9	87.8
Some College or College Graduate	94	76.3	66.2	86.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	70	78.9	66.9	91.0
\$35,000 or Higher per Year	58	68.8	55.3	82.3
<b>Disability</b>				
Living with a Disability	47	88.3	76.7	99.9
Living without a Disability	112	71.6	61.8	81.3

**Numerator:** Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,  
2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Montgomery County	47	30.8	21.3	40.3
<b>Gender</b>				
Men	14	31.3	16.7	45.8
Women	33	30.4	18.0	42.8
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	23.1	13.3	32.9
65 Years and Older	9	11.4	2.9	20.0
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	46	31.7	22.0	41.4
<b>Race</b>				
White	41	30.1	20.1	40.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	20	31.5	17.6	45.4
Some College or College Graduate	27	30.4	17.8	43.0
<b>Annual Household Income</b>				
Less than \$35,000 per Year	23	43.7	27.6	59.8
\$35,000 or Higher per Year	17	22.3	10.0	34.6
<b>Disability</b>				
Living with a Disability	15	38.9	18.1	59.8
Living without a Disability	32	28.3	17.8	38.7

**Numerator:** Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Current Smokers, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Montgomery County	45	30.4	21.1	39.7
<b>Gender</b>				
Men	14	25.1	11.6	38.5
Women	31	35.2	22.5	48.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	20	22.4	12.9	31.9
65 Years and Older	7	7.8	1.4	14.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	44	30.1	20.7	39.5
<b>Race</b>				
White	41	33.2	23.1	43.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	25	44.2	29.6	58.8
Some College or College Graduate	20	22.5	10.9	34.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	27	52.0	37.2	66.8
\$35,000 or Higher per Year	11	13.2	3.9	22.5
<b>Disability</b>				
Living with a Disability	15	48.7	29.2	68.2
Living without a Disability	30	24.4	14.8	34.1

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

## Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Montgomery County	11	9.2	3.2	15.1
<b>Gender</b>				
Men	9	18.3	6.3	30.2
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	10	8.0	2.4	13.5
<b>Race</b>				
White	8	8.1	2.1	14.1
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	7	12.2	3.3	21.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	6	14.5	2.8	26.2
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	7	10.4	2.7	18.1

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2009**

**Montgomery County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Montgomery County	26	13.3	7.5	19.1
<b>Gender</b>				
Men	22	26.1	14.3	37.9
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	7	9.1	2.0	16.2
65 Years and Older	16	29.3	16.7	41.9
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	26	13.7	7.7	19.7
<b>Race</b>				
White	23	12.8	7.0	18.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	8	10.6	2.9	18.4
Some College or College Graduate	18	14.8	6.8	22.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	8	8.9	2.1	15.6
\$35,000 or Higher per Year	12	16.7	6.1	27.2
<b>Disability</b>				
Living with a Disability	6	13.2	2.3	24.1
Living without a Disability	20	13.4	6.5	20.2

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Obese, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Montgomery County	73	39.6	30.1	49.2
<b>Gender</b>				
Men	27	43.1	28.5	57.7
Women	46	36.5	24.3	48.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	32	36.6	25.8	47.5
65 Years and Older	26	34.4	22.3	46.5
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	71	40.6	30.9	50.3
<b>Race</b>				
White	60	35.5	25.8	45.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	32	39.8	25.4	54.2
Some College or College Graduate	41	39.5	27.0	52.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	33	36.8	21.2	52.4
\$35,000 or Higher per Year	29	40.9	26.4	55.5
<b>Disability</b>				
Living with a Disability	20	51.7	32.4	71.1
Living without a Disability	53	35.8	25.5	46.1

**Numerator:** Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Overweight or Obese, 2009

### Montgomery County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Montgomery County	136	67.3	58.6	76.0
<b>Gender</b>				
Men	48	68.8	54.9	82.6
Women	88	66.0	55.2	76.8
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	60	68.1	57.5	78.8
65 Years and Older	52	68.9	57.5	80.2
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	133	67.9	59.1	76.6
<b>Race</b>				
White	118	64.4	55.1	73.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	59	69.5	56.7	82.2
Some College or College Graduate	77	66.0	54.5	77.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	60	63.0	47.9	78.0
\$35,000 or Higher per Year	55	72.4	60.0	84.7
<b>Disability</b>				
Living with a Disability	37	76.6	62.4	90.8
Living without a Disability	99	64.4	54.1	74.7

**Numerator:** Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample