

# Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009

## Ford County



Kansas BRFSS  
Bureau of Health Promotion  
Kansas Department of Health and Environment  
1000 SW Jackson St., Suite 230  
Topeka, Kansas 66612-1274  
[www.kdheks.gov/brfss/index.html](http://www.kdheks.gov/brfss/index.html)

# **Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009**

State of Kansas  
Mark Parkinson, Governor

Jason Eberhart-Phillips, MD, MPH  
State Health Officer and Director, Division of Health, KDHE

## **Report Preparation:**

Pratik Pandya, MPH  
Epidemiologist  
Bureau of Health Promotion (BHP)

Erik Cook-Wiens, MPH  
Epidemiologist  
Bureau of Health Promotion (BHP)

## **Report Supervision:**

Ghazala Perveen, MBBS, PhD, MPH  
Director of Science and Surveillance/Health Officer II  
Bureau of Health Promotion (BHP)

## **Project Funding:**

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**Kansas Department of Health and Environment**  
**Bureau of Health Promotion**  
October 2010

**Kansas Department of Health and Environment (KDHE)**  
**Mission**

To protect the health and environment of all Kansans by promoting responsible choices.

Through education, direct services and the assessment of data and trends, coupled with policy development and enforcement, KDHE will improve health and quality of life. We prevent illness, injuries and foster a safe and sustainable environment for the people of Kansas.

[www.kdheks.gov](http://www.kdheks.gov)

## Foreword

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted telephone survey in the world. The Kansas Department of Health and Environment's Bureau of Health Promotion (BHP) first collected state level health risk information in Kansas in 1990 as a point-in-time BRFSS survey. Since 1992, the Bureau has conducted the Kansas BRFSS survey continuously, enabling public health officials the ability to detect and monitor the trends in risk factors and health behaviors of adult Kansans (18 years and older) that are of greatest public health importance to Kansas. Public support of the survey is demonstrated by high response rates, resulting in consistently high data quality with respect to scientific validity and reliability, as indicated by above average CASRO Response Rates and other measures of data quality set by the Centers for Disease Control and Prevention (CDC).

Prior to 2009, the sample size for the Kansas survey was sufficient to produce state level estimates of health risk. Beginning in 2009, the Kansas BRFSS has been expanded in response to a growing demand from local health officials for local level health risk statistics. As a result, the survey will collect adequate sample during odd years (2009, 2011, 2013, 2015, 2017) over a 10 year time period to provide local level estimates from a single year of survey data.

During the 2009 survey year, data were collected from more than 18,000 adult Kansans, providing estimates for 61 of the state's 105 counties and for 16 Public Health Preparedness Regions, with data for 31 health risk indicators analyzed at the subpopulation level. By the conclusion of the 10 year project, the majority of Kansas counties will have county-specific data for use in examining trends in selected health indicators.

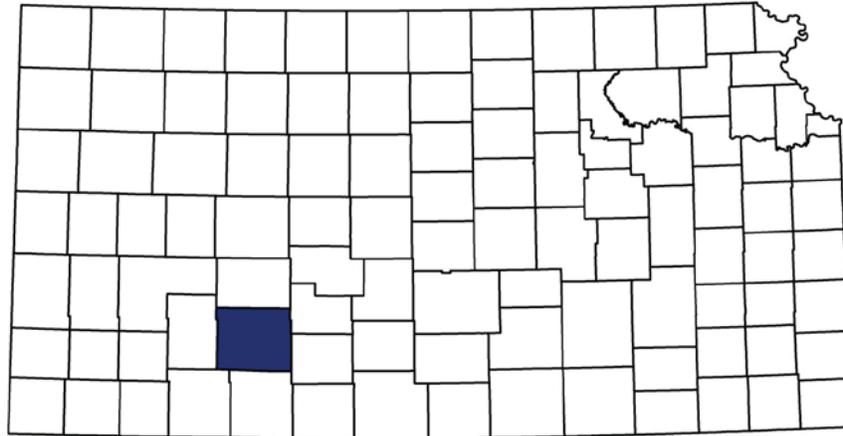
This significant enhancement is made possible by a grant from the Kansas Health Foundation (KHF), a private philanthropy dedicated to improving the health of all Kansans. This report is intended for use by local and regional public health officials, community leaders and policy makers to measure and monitor health conditions and behaviors related to chronic and communicable diseases, disability and injury with ability to compare to state and national statistics.

Sherlock Holmes, the legendary detective created by Sir Arthur Conan Doyle, once said, "It is a capital mistake to theorize before one has data." Unfortunately, such mistakes are made in the practice of public health every day. Now that county- and region-specific BRFSS data are available in Kansas, we who devote our lives to public health practice are in a much better position to theorize about the underlying causes of serious health problems in our communities. And ultimately, we are much better positioned to take targeted action that will significantly improve the health of our communities.

Sincerely,

A handwritten signature in black ink that reads "Jason Eberhart-Phillips". The signature is written in a cursive, flowing style.

Jason Eberhart-Phillips, M.D., M.P.H.  
State Health Officer and Director of Health  
Kansas Department of Health and Environment



Ford County

Kansas Behavioral Risk Factor Surveillance System – Local Data, 2009 can also be accessed at <http://www.kdheks.gov/brfss/>

If you have any questions about survey methodology or need assistance interpreting the data, please contact:

Pratik Pandya, MPH  
Epidemiologist  
Kansas Department of Health and Environment  
Bureau of Health Promotion  
Curtis State Office Building,  
1000 SW Jackson Street, Suite 230  
Topeka, KS 66612  
Telephone: 785-296-6513  
Fax: 785-296-8059  
[ppandya@kdheks.gov](mailto:ppandya@kdheks.gov)

Dr. Ghazala Perveen  
Director of Science and Surveillance/Health Officer II  
Bureau of Health Promotion  
Kansas Department of Health & Environment  
Curtis State Office Building  
1000 SW Jackson, Suite 230  
Topeka, KS 66612-1274  
Telephone: 785-296-8039  
Fax: 785-296-8059  
[gperveen@kdheks.gov](mailto:gperveen@kdheks.gov)



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## Percentage of Adults Who Are Binge Drinkers, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1847	14.5	13.7	15.3
Ford County	13	18.5	2.5	34.5
<b>Gender</b>				
Men	12	35.0	9.7	60.3
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	7	11.3	3.1	19.6
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	8	11.7	2.8	20.6
<b>Race</b>				
White	9	12.1	3.3	20.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	7	25.6	0.0	53.8
Some College or College Graduate	6	11.1	1.4	20.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	10	23.0	8.4	37.7
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	11	20.7	2.3	39.1

**Numerator:** Respondents males having five or more drinks on one occasion in the past 30 days or females having four or more drinks on one occasion in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Heavy Alcohol Consumption in the Past 30 Days, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	645	4.1	3.6	4.6
Ford County	*	*	*	*
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	*	*	*	*
<b>Race</b>				
White	*	*	*	*
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

Numerator: Male respondents who reported consuming an average of more than two drinks per day and female respondents who reported consuming an average of more than one drink per day during the past 30 days.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Doctor Diagnosed Arthritis, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6314	24.1	23.4	24.8
Ford County	45	19.8	11.8	27.8
<b>Gender</b>				
Men	11	14.3	3.8	24.7
Women	34	25.5	13.6	37.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	21	28.5	16.5	40.6
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	38	28.0	18.1	37.8
<b>Race</b>				
White	39	28.0	18.4	37.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	15	17.3	5.0	29.5
Some College or College Graduate	30	22.4	13.1	31.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	22	22.2	8.2	36.2
\$35,000 or Higher per Year	16	16.2	7.0	25.5
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	22	11.4	4.9	17.9

**Numerator:** Respondents who reported they had been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults with Doctor Diagnosed Arthritis Who Are Limited in Their Usual Activities Because of Arthritis or Joint Symptoms, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2867	44.9	43.4	46.5
Ford County	*	*	*	*
<b>Gender</b>				
Men	*	*	*	*
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	*	*	*	*
<b>Race</b>				
White	*	*	*	*
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

**Numerator:** Respondents who reported any limitation in their usual activities because of arthritis or joint symptoms

**Denominator:** Respondents with doctor diagnosed arthritis, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Cancer, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2652	9.9	9.5	10.4
Ford County	16	6.6	2.5	10.8
<b>Gender</b>				
Men	5	5.9	0.0	11.8
Women	11	7.4	1.8	13.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	8	8.1	2.0	14.3
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	13	8.1	3.0	13.2
<b>Race</b>				
White	15	10.9	4.5	17.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	12	9.3	3.0	15.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	11	11.3	3.4	19.2
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	8	2.7	0.5	4.9

**Numerator:** Respondents reporting they had been told by a doctor, nurse or other health professional that they had cancer.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Provide Care or Assistance to a Friend or Family Member Who Has a Health Problem, Long-term Illness, or Disability, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5278	26.4	25.5	27.2
Ford County	47	30.9	17.3	44.5
<b>Gender</b>				
Men	15	23.6	9.2	38.0
Women	32	38.5	18.1	58.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	34.7	21.6	47.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	36	32.7	21.7	43.8
<b>Race</b>				
White	37	32.1	21.6	42.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	15	30.9	6.9	55.0
Some College or College Graduate	32	30.8	19.1	42.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	19	20.3	7.1	33.4
\$35,000 or Higher per Year	20	28.2	14.8	41.6
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	37	31.0	15.2	46.8

**Numerator:** Respondents who reported that they provided regular care or assistance to a family member or friend who has a health problem, long-term illness or disability in the past month.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with Current Asthma, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1447	8.5	7.9	9.1
Ford County	9	12.3	0.0	26.0
<b>Gender</b>				
Men	*	*	*	*
Women	7	21.3	0.0	45.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	5	5.3	0.0	10.7
<b>Race</b>				
White	7	6.9	1.2	12.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	5	6.4	0.0	12.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	*	*	*	*

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they had asthma and that they currently have asthma.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Diabetes, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2267	8.5	8.1	9.0
Ford County	19	10.2	4.7	15.7
<b>Gender</b>				
Men	5	6.6	0.1	13.0
Women	14	14.0	5.1	22.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	10	18.3	6.9	29.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	11	8.7	2.8	14.6
<b>Race</b>				
White	13	9.6	3.8	15.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	9	11.1	2.3	20.0
Some College or College Graduate	10	9.2	2.4	15.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	10	12.9	2.8	23.1
\$35,000 or Higher per Year	7	8.4	1.7	15.0
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	7	5.4	0.8	10.0

**Numerator:** Respondents reporting they had been told by a doctor they had diabetes, excluding females told only during pregnancy and pre-diabetes or borderline diabetes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Reported Living with a Disability, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4971	20.5	19.7	21.2
Ford County	34	15.7	8.9	22.5
<b>Gender</b>				
Men	9	12.0	2.9	21.1
Women	25	19.5	9.6	29.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	20.9	9.4	32.5
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	26	20.5	11.8	29.1
<b>Race</b>				
White	28	21.5	13.0	29.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	14	14.3	4.3	24.4
Some College or College Graduate	20	17.1	8.4	25.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	17	17.9	6.2	29.7
\$35,000 or Higher per Year	11	14.1	4.9	23.3

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems or who reported having a health problem that requires them to use special equipment such as a cane, a wheelchair, a special bed, or a special telephone.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Activity Limitations Due to Physical,  
Mental, or Emotional Problems, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4526	18.9	18.1	19.6
Ford County	31	14.3	7.9	20.8
<b>Gender</b>				
Men	9	12.0	2.9	21.1
Women	22	16.8	7.8	25.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	20.9	9.4	32.5
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	23	18.0	9.9	26.1
<b>Race</b>				
White	26	20.6	12.2	29.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	14	14.3	4.3	24.4
Some College or College Graduate	17	14.3	6.4	22.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	15	15.4	4.8	25.9
\$35,000 or Higher per Year	11	14.1	4.9	23.3

**Numerator:** Respondents who reported they were limited in any activities because of physical, mental, or emotional problems.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Consuming Fruits and Vegetables Less Than 5 Times Per Day, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14770	81.4	80.6	82.1
Ford County	124	89.0	82.8	95.1
<b>Gender</b>				
Men	*	*	*	*
Women	75	84.9	76.4	93.5
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	59	86.8	79.0	94.6
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	91	88.1	81.8	94.5
<b>Race</b>				
White	97	89.7	84.1	95.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	47	88.2	77.4	98.9
Some College or College Graduate	77	89.8	83.6	95.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	53	90.8	82.6	98.9
\$35,000 or Higher per Year	54	84.8	73.4	96.3
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	98	90.4	83.9	96.9

**Numerator:** Respondents who reported they consumed fruits and vegetables less than 5 times per day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Have Gambled in Past 12 Months, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	6848	38.4	37.4	39.4
Ford County	40	20.8	12.1	29.4
<b>Gender</b>				
Men	16	20.8	7.3	34.3
Women	24	20.7	10.0	31.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	33.4	20.5	46.2
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	34	31.7	20.4	43.1
<b>Race</b>				
White	37	33.4	22.4	44.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	9	7.1	1.2	13.0
Some College or College Graduate	31	34.8	22.0	47.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	12	11.8	2.7	21.0
\$35,000 or Higher per Year	27	39.5	24.4	54.6
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	32	19.2	9.8	28.5

**Numerator:** Respondents reporting they had played the lottery, bingo, card games, slot machines, or any other games for money or something else of value in the last 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Fair or Poor Self-Perceived Health Status, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	12.3	11.7	12.9
Ford County	31	14.6	8.1	21.2
<b>Gender</b>				
Men	10	10.5	2.6	18.4
Women	21	19.0	8.7	29.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	14	25.2	12.6	37.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	17	12.7	5.9	19.5
<b>Race</b>				
White	19	13.8	7.1	20.5
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	20	18.6	6.7	30.5
Some College or College Graduate	11	10.4	3.3	17.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	20	19.7	7.3	32.1
\$35,000 or Higher per Year	6	8.7	1.4	16.0
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	14	8.1	2.8	13.4

**Numerator:** Respondents reporting that in general their health is fair or poor.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Lack Health Care Coverage, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1641	11.8	11.1	12.6
Ford County	22	21.0	5.4	36.6
<b>Gender</b>				
Men	7	25.8	0.0	53.0
Women	15	16.0	6.4	25.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	17.1	7.4	26.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	8	5.1	0.8	9.4
<b>Race</b>				
White	11	8.8	2.8	14.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	13	32.8	6.0	59.5
Some College or College Graduate	9	8.6	2.1	15.1
<b>Annual Household Income</b>				
Less than \$35,000 per Year	13	35.1	6.4	63.8
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	18	22.2	4.1	40.3

**Numerator:** Respondents reporting they had no health care coverage.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults with No Personal Doctor or Health Care Provider, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1912	14.6	13.8	15.5
Ford County	28	21.9	12.3	31.6
<b>Gender</b>				
Men	15	26.9	10.4	43.5
Women	13	16.7	6.8	26.6
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	21.3	9.6	33.0
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	12	13.4	5.1	21.7
<b>Race</b>				
White	11	14.9	4.9	24.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	20	29.3	11.9	46.7
Some College or College Graduate	8	14.1	3.0	25.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	14	25.4	9.3	41.5
\$35,000 or Higher per Year	5	10.3	0.5	20.1
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	26	24.2	12.7	35.6

Numerator: Respondents reporting they had no personal doctor or health care provider.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Could Not See Doctor Because of Cost in Past 12 Months, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1823	11.2	10.5	11.8
Ford County	16	9.4	3.9	15.0
<b>Gender</b>				
Men	*	*	*	*
Women	12	13.5	4.7	22.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	7	8.4	1.7	15.0
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	7.7	2.1	13.3
<b>Race</b>				
White	9	7.4	2.0	12.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	8	10.3	1.2	19.4
Some College or College Graduate	8	8.5	1.9	15.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	11	16.7	4.4	29.0
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	9	7.2	1.6	12.8

**Numerator:** Respondents reporting they could not see a doctor because of cost in the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Reported Their Mental Health Was Not Good on 14 or More Days in the Past 30 Days, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1630	8.6	8.1	9.2
Ford County	12	7.4	2.3	12.5
<b>Gender</b>				
Men	*	*	*	*
Women	9	9.1	2.0	16.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	6	9.9	0.6	19.2
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	10.1	2.5	17.7
<b>Race</b>				
White	10	11.0	3.3	18.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	11	14.8	5.2	24.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	7	8.2	0.5	16.0
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	8	5.9	0.9	11.0

Numerator: Respondents reporting 14 or more days when their mental health was not good.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Had a Heart Attack, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	1037	3.7	3.4	4.0
Ford County	12	6.3	2.1	10.6
<b>Gender</b>				
Men	7	8.9	1.3	16.5
Women	5	3.6	0.0	7.4
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	6	14.1	3.1	25.1
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	8.2	2.2	14.1
<b>Race</b>				
White	7	6.4	1.2	11.6
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	8	7.4	1.0	13.7
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	7	9.0	0.8	17.2
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	5	2.3	0.1	4.5

**Numerator:** Respondents who reported that a doctor, nurse, or other health professional EVER told them that they had ever had a heart attack, also called a myocardial infarction.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Tested and Diagnosed with High Cholesterol, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7158	38.6	37.6	39.5
Ford County	35	20.7	12.8	28.6
<b>Gender</b>				
Men	*	*	*	*
Women	24	23.8	13.3	34.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	16	31.1	17.1	45.1
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	27	19.8	11.3	28.3
<b>Race</b>				
White	27	17.4	10.2	24.7
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	19	16.1	7.5	24.8
<b>Annual Household Income</b>				
Less than \$35,000 per Year	19	28.4	13.3	43.4
\$35,000 or Higher per Year	10	12.1	4.1	20.1
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	23	17.1	9.2	24.9

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood cholesterol.

**Denominator:** Respondents who had ever had their cholesterol checked, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults with Diagnosed Hypertension, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	7332	28.7	27.9	29.5
Ford County	56	23.2	14.7	31.7
<b>Gender</b>				
Men	20	20.8	8.6	33.0
Women	36	25.7	14.3	37.2
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	25	35.4	22.6	48.2
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	45	32.8	22.6	43.0
<b>Race</b>				
White	47	32.6	22.8	42.4
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	25	23.3	9.4	37.2
Some College or College Graduate	31	23.1	13.7	32.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	30	30.9	14.0	47.8
\$35,000 or Higher per Year	20	22.7	11.7	33.6
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	33	15.8	8.5	23.1

**Numerator:** Respondents reporting they had been told by a doctor or health care professional that they have high blood pressure.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Ages 18 Years and Older Who Did Not Receive a Flu Shot  
During the Past 12 Months, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	9542	58.9	58.0	59.9
Ford County	96	77.1	68.5	85.7
<b>Gender</b>				
Men	37	79.8	67.4	92.2
Women	59	74.2	62.5	85.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	47	69.0	57.0	81.0
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	65	68.1	58.1	78.1
<b>Race</b>				
White	68	66.8	56.8	76.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	40	78.8	65.1	92.6
Some College or College Graduate	56	75.3	65.9	84.7
<b>Annual Household Income</b>				
Less than \$35,000 per Year	38	76.1	61.6	90.6
\$35,000 or Higher per Year	43	74.0	62.1	85.9
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	79	81.3	72.6	89.9

**Numerator:** Respondents who reported they did not have a flu shot during the past 12 months.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Any Physical Activity (Leisure Time Physical Activity), 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4969	23.2	22.3	24.0
Ford County	49	35.5	20.6	50.4
<b>Gender</b>				
Men	18	44.7	21.4	68.0
Women	31	25.7	13.8	37.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	24	39.4	26.1	52.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	27	22.8	12.4	33.2
<b>Race</b>				
White	33	24.1	15.3	32.8
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	31	53.4	28.9	78.0
Some College or College Graduate	18	16.4	6.2	26.6
<b>Annual Household Income</b>				
Less than \$35,000 per Year	24	49.0	24.6	73.3
\$35,000 or Higher per Year	16	26.9	11.9	41.8
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	36	35.5	18.1	52.8

**Numerator:** Respondents reporting they did not participate in any physical activities or exercise, other than their regular job, in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Not Participating in Recommended Level of Physical Activity, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Ford County	87	68.7	56.9	80.5
<b>Gender</b>				
Men	30	67.8	49.4	86.2
Women	57	69.7	55.3	84.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	35	56.2	42.7	69.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	62	62.9	50.7	75.1
<b>Race</b>				
White	63	59.0	46.9	71.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	39	81.9	68.2	95.6
Some College or College Graduate	48	54.9	40.7	69.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	41	74.6	57.1	92.1
\$35,000 or Higher per Year	32	57.6	41.9	73.2
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	64	67.3	53.5	81.1

**Numerator:** Respondents reporting they did not participate in moderate physical activities at least 5 times per week for at least 30 minutes or vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Not Participating in Recommended Level of Moderate Physical Activity, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	10019	51.5	50.5	52.6
Ford County	87	68.7	56.9	80.5
<b>Gender</b>				
Men	30	67.8	49.4	86.2
Women	57	69.7	55.3	84.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	35	56.2	42.7	69.8
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	62	62.9	50.7	75.1
<b>Race</b>				
White	63	59.0	46.9	71.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	39	81.9	68.2	95.6
Some College or College Graduate	48	54.9	40.7	69.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	41	74.6	57.1	92.1
\$35,000 or Higher per Year	32	57.6	41.9	73.2
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	64	67.3	53.5	81.1

**Numerator:** Respondents reporting they did not participate in either moderate physical activity defined as 30 or more minutes per day for 5 or more days per week, or vigorous activity for 20 or more minutes per day on 3 or more days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Not Participating in Recommended Level of Vigorous Physical Activity, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	14428	72.5	71.5	73.5
Ford County	121	82.4	73.2	91.6
<b>Gender</b>				
Men	34	70.5	52.9	88.2
Women	87	94.8	89.7	99.9
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	54	76.8	65.2	88.5
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	85	77.5	66.9	88.0
<b>Race</b>				
White	91	75.4	63.8	87.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	48	88.5	77.5	99.5
Some College or College Graduate	73	76.0	62.9	89.2
<b>Annual Household Income</b>				
Less than \$35,000 per Year	55	90.0	78.5	100
\$35,000 or Higher per Year	50	75.1	61.3	88.9
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	88	79.0	67.8	90.2

**Numerator:** Respondents reporting they did not participate in vigorous physical activities at least 3 times per week for at least 20 minutes.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Did Not Get Enough Rest or Sleep in Past 30 Days,  
2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	4400	26.4	25.5	27.4
Ford County	32	28.5	13.2	43.7
<b>Gender</b>				
Men	13	36.9	12.0	61.8
Women	19	19.5	9.0	30.1
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	20.0	8.9	31.2
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	23	27.3	16.0	38.5
<b>Race</b>				
White	25	28.1	17.1	39.0
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	11	28.8	1.5	56.1
Some College or College Graduate	21	28.2	15.8	40.5
<b>Annual Household Income</b>				
Less than \$35,000 per Year	15	39.6	12.0	67.3
\$35,000 or Higher per Year	13	25.9	11.8	40.1
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	17	25.0	7.0	43.1

**Numerator:** Respondents reporting they did not get enough sleep on 14 or more days in the past 30 days.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Current Smokers, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	3019	17.8	17.0	18.7
Ford County	22	16.3	7.8	24.9
<b>Gender</b>				
Men	14	24.7	9.0	40.4
Women	8	7.6	1.5	13.7
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	13	22.6	10.5	34.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	12	10.1	3.7	16.5
<b>Race</b>				
White	15	13.6	6.4	20.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	11	20.3	5.0	35.6
Some College or College Graduate	11	12.1	4.4	19.9
<b>Annual Household Income</b>				
Less than \$35,000 per Year	7	10.3	0.6	20.0
\$35,000 or Higher per Year	11	20.4	7.3	33.6
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	17	16.4	6.6	26.1

**Numerator:** Respondents who reported they have smoked at least 100 cigarettes in their entire life and that they now smoke some days or every day.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Currently Use Any Smokeless Tobacco Products, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	788	5.9	5.3	6.4
Ford County	8	6.6	1.0	12.3
<b>Gender</b>				
Men	7	12.3	1.2	23.3
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	5	7.9	1.0	14.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	7	8.5	1.3	15.8
<b>Race</b>				
White	7	8.3	1.3	15.3
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	*	*	*	*
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	*	*	*	*
\$35,000 or Higher per Year	5	11.8	0.0	23.7
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	8	7.9	1.1	14.6

Numerator: Respondents who reported they currently use chewing tobacco, snuff or snus (Swedish for snuff) some days or every day.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample

**Percentage of Adults Who Ever Served on Active Duty in the United States  
Armed Forces, 2009**

**Ford County**

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	2568	12.1	11.5	12.7
Ford County	9	5.6	1.5	9.8
<b>Gender</b>				
Men	9	11.0	2.5	19.5
Women	*	*	*	*
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	*	*	*	*
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	9	10.4	3.3	17.5
<b>Race</b>				
White	7	7.4	1.7	13.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	5	6.6	0.0	13.2
Some College or College Graduate	*	*	*	*
<b>Annual Household Income</b>				
Less than \$35,000 per Year	5	7.2	0.0	14.5
\$35,000 or Higher per Year	*	*	*	*
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	6	3.9	0.4	7.4

**Numerator:** Respondents who reported that they served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

## Percentage of Adults Who Are Obese, 2009

### Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	5453	28.8	27.9	29.7
Ford County	51	29.4	18.3	40.5
<b>Gender</b>				
Men	20	30.0	12.8	47.2
Women	31	28.8	15.2	42.3
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	23	35.3	22.1	48.5
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	36	37.1	25.1	49.1
<b>Race</b>				
White	39	37.2	25.6	48.9
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	22	22.8	8.1	37.5
Some College or College Graduate	29	36.8	23.2	50.4
<b>Annual Household Income</b>				
Less than \$35,000 per Year	24	27.7	10.9	44.4
\$35,000 or Higher per Year	20	38.2	22.1	54.3
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	33	24.9	13.2	36.7

**Numerator:** Respondents with a body mass index greater than or equal to 30, based on self-reported height and weight.

**Denominator:** All respondents, excluding unknowns and refusals.

\* Insufficient Sample

# Percentage of Adults Who Are Overweight or Obese, 2009

## Ford County

	Unweighted Frequency	Weighted Percentage	95% Confidence Limit	
			Lower	Upper
Kansas	11952	64.6	63.6	65.6
Ford County	98	78.1	69.2	87.0
<b>Gender</b>				
Men	40	82.6	70.6	94.6
Women	58	73.1	60.2	86.0
<b>Age</b>				
18 to 44 Years	*	*	*	*
45 to 64 Years	44	67.3	54.9	79.7
65 Years and Older	*	*	*	*
<b>Ethnicity</b>				
Hispanic	*	*	*	*
Non-Hispanic	67	68.7	58.2	79.3
<b>Race</b>				
White	70	68.8	58.4	79.2
African American	*	*	*	*
Other	*	*	*	*
Multi-Race	*	*	*	*
<b>Education</b>				
High School Graduate or Less	41	79.7	65.9	93.6
Some College or College Graduate	57	76.2	66.1	86.3
<b>Annual Household Income</b>				
Less than \$35,000 per Year	41	78.3	63.5	93.1
\$35,000 or Higher per Year	41	72.9	60.4	85.4
<b>Disability</b>				
Living with a Disability	*	*	*	*
Living without a Disability	74	78.1	67.9	88.3

Numerator: Respondents with a body mass index greater than or equal to 25, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

\* Insufficient Sample