



KANSAS TITLE V MATERNAL & CHILD HEALTH SERVICES BLOCK GRANT PROGRAM

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The Kansas Department of Health and Environment (KDHE) is responsible for the administration of programs carried out with allotments under Title V. The Title V Maternal and Child Health (MCH) Services Block Grant program is administered by the Bureau of Family Health (BFH) in the Division of Public Health. The mission of the Bureau is to “provide leadership to enhance the health of Kansas women and children through partnerships with families and communities.”

Kansas MCH Population

Kansas, spanning 82,278 sq. miles, is divided into 105 counties with 628 cities. The U.S. Census Bureau estimates there are approximately 2,913,123 residents living in the state in 2017. Kansas has a unique geographic layout that ranges from urban to frontier counties. In 2017, there were an estimated 38,059 infants or about 1.3% of the total population (2,913,123); 558,606 women of reproductive age 15-44 representing 19.2%; and 842,020 children and adolescents 1-21 representing 28.9%. According to the 2016-2017 National Survey of Children’s Health, 20.7% of Kansas children aged 0 to 17 (est. 147,776) were identified as having special health care needs. Males (22.1%) were more likely to have a special health care need than females (19.2%).

**Find this information and more in the State Overview Section.*

Total Individuals Served By Title V* (Annual Report Year 2018)

Pregnant Women	6,554
Infants < 1 Year	2,925
Children 1 through 21 Years	19,112
Children with Special Health Care Needs (CSHCN)	3,155
Other	5,485
<hr/> Total	<hr/> 34,076

**More details are available on Block Grant Form 5a.*

Assessing State Needs

Kansas continuously assesses the needs of MCH populations through an ongoing Needs Assessment, and the State Action Plan is updated as needed during interim years. With a goal to maximize the input of internal and external partners, the [Kansas Title V Five Year Needs Assessment](#) process utilizes a mixed methods approach relying on input from a diverse network of key informants, partners, and community members including families and consumers. The State Systems Development Initiative (SSDI) staff provide data capacity for informed decision-making. This comprehensive process and broad approach assist with identifying key priorities used to develop an action plan that addresses and improves MCH in Kansas while leveraging resources and partnerships across the state.

Title V MCH Priorities (FFY 2020)

Kansas identified seven priorities with the Title V mission, purpose, legislation, and measurement framework in mind.

1. Women have access to and receive coordinated, comprehensive services before, during and after pregnancy.
2. Developmentally appropriate care and services are provided across the lifespan.
3. Families are empowered to make educated choices about infant health and well-being.
4. Communities and providers support physical, social and emotional health.
5. Professionals have the knowledge and skills to address the needs of maternal and child health populations.
6. Services are comprehensive and coordinated across systems and providers.
7. Information is available to support informed health decisions and choices.

Title V National Performance Measures (FFY 2020)

Kansas selected seven National Performance Measures (NPMs) that most closely align with the state priorities.

- NPM1: Well-woman visit
- NPM4: Breastfeeding
- NPM6: Developmental screening
- NPM7: Child injury
- NPM10: Adolescent preventive medical visit
- NPM11: Medical home
- NPM14: Smoking during pregnancy and household smoking

Title V State Performance Measures (FFY 2019)

Kansas identified five State Performance Measures to monitor progress with state priority needs not addressed by NPMs.

- SPM1: Preterm births (<37 weeks gestation)
- SPM2: Physical activity (children and adolescents)
- SPM3: Safe sleep (SIDS/SUID) training
- SPM4: Health literacy
- SPM5: Workforce development

Kansas Title V Activities & Program Highlights

The Title V plan coordinates MCH activities across funding sources, state agencies, and local providers. It relies on partnerships, high quality shared measurement, and data to track the impact and effectiveness of services, activities, and strategies. Review the full Block Grant Application to learn more about these and other activities: <http://www.kdheks.gov/c-f/mch.htm>.

Women/Maternal & Perinatal/Infant Health

Maternal & Pregnancy-Related Mortality: Title V in collaboration with key partners launched the [Kansas Maternal Mortality Review Committee](#) (KMMRC) in an effort to review pregnancy-related deaths, identify causes, and implement interventions to prevent future occurrences. The first formal review (beginning with 2016 death cases) took place in November 2018 with another following in March 2019. Several KMMRC meetings are scheduled for 2019 in an effort to complete all 2016 and 2017 cases by September 2019. Information and data collected from cases will inform selection of an Alliance for Innovation on Maternal Health (AIM) patient safety bundle for statewide adoption. Title V funds support all KMMRC key activities including staffing, abstraction, meeting facilitation, and member reimbursement.

Perinatal Systems of Care/Quality & Neonatal Abstinence Syndrome: Title V is leading implementation of a state-level response to address [Neonatal Abstinence Syndrome \(NAS\)](#) with direction from and in partnership with the Kansas Perinatal Quality Collaborative (KPQC). Work started when policymakers met in 2017 to define NAS within the context of the opioid epidemic, introduced the [Vermont Oxford Network \(VON\) NAS Training Program](#) as a tool, and discussed a path for Kansas. Significant progress has been made. The subscription to VON was completed and the support from Title V and Bureau of Health Promotion's opioid grant has allowed 32 birth centers across the state to enroll in the effort; these 32 centers account for nearly 84% of births in the state. Centers receive universal education for the standardization of care in identification, evaluation, treatment and safe discharge for infants with NAS. The KPQC is working with the Department for Children and Families, Department of Aging and Disability Services (manages substance use treatment and prevention) and Kansas Hospital Association to work on improving policies and practices that support the creation of safe environments for the mother and baby after hospital discharge.

Count the Kicks® (CTK): Title V has a formal partnership with Healthy Birth Day to implement [Count the Kicks®](#), a campaign to prevent stillbirth that educates providers and patients about monitoring fetal movements during the 3rd trimester of pregnancy. The campaign kicked off August 2018 with a letter to providers inviting them to order free materials. This was followed up by media and social media events. The initiative has been successful. As of April 2019, over 170 total orders of educational materials were made from all corners of the state equating to 44,000+ pieces of materials distributed. Over 2,400 Kansans have visited the CTK website, and 650 moms have downloaded the free Count the Kicks app to track baby's movements!

One Key Question® (OKQ): Title V has a formal partnership with The Power to Decide to implement [OKQ](#), an evidence-based intervention known to prevent unplanned pregnancy and reduce incidence of poor birth outcomes. OKQ helps a woman uncover her pregnancy intention by encouraging all health providers to routinely ask, "Would you like to become pregnant in the next year?" Title V brought The Power to Decide to Kansas in February and March 2019 to offer local providers the opportunity to become certified and integrate the intervention into practice. Title V plans to bring the Power to Decide back to Kansas in 2020 for cohort two.

Perinatal Community Collaboratives Implementing Becoming a Mom (BaM): Title V is committed to supporting expansion and sustainability of the [Kansas Perinatal Community Collaborative \(KPCC\)](#) model with local communities and the broader network of local health care and community service providers, as a consistent and proven delivery system for prenatal care education curriculum. The model brings prenatal education, clinical care, and wraparound services together. Data reveals improvements in preterm delivery, low birth weight, and breastfeeding. The [outcomes](#) for mothers and infants participating in a KPCC are improving faster when compared to the state outcomes. Most notable is the Infant Mortality Rate from pre- to post-implementation in the longest running programs (6 years): Saline County 9.0 to 5.5 and Geary County 11.9 to 5.7 (deaths/1000 live births).*

*Source: *Kansas Vital Statistics 2005-2008 and 2013-2017*

Breastfeeding: Title V has a formal partnership with the [Kansas Breastfeeding Coalition \(KBC\)](#) to align and support breastfeeding across many programs including MCH, WIC, Child Care Licensing, Home Visiting, and others. KBC increases the capacity and strengthens the support of local breastfeeding coalitions, provides technical assistance and support for several initiatives, participates in planning for Community Baby Showers and assists with updating breastfeeding education for providers and parents. Title V works closely with WIC, breastfeeding peer counselors, and home visitors to provide consistent messaging and leverage resources at the state and local levels.

Safe Sleep: Title V has a formal partnership with the [Kansas Infant Death and SIDS \(KIDS\) Network](#) to reduce infant mortality through state and local safe sleep targeted efforts. Title V supports the KIDS Network to facilitate a safe sleep culture within Kansas by training a network of Safe Sleep Instructors (SSIs); developing and providing training for parents, physicians, home visitors, and child care providers; promoting consistent safe sleep messages across the lifespan; and offering technical assistance on the Community Baby Shower model (CBS), the Hospital Safe Sleep Certification program, and the Outpatient Provider Safe Sleep Star Program.

Child & Adolescent Health

Help Me Grow: Title V, in partnership with early childhood partners is expanding [Help Me Grow Kansas](#) (HMG) communities. HMG is a framework that promotes integrated, cross-sector collaboration in an effort to build efficient and effective systems that mitigate the impact of adversity and support protective factors among families. Successful implementation of HMG leverages existing community resources, maximizes opportunities, and advances partnerships within four core components: family and community outreach, provider outreach, a centralized access point, and data collection and analysis. Kansas is an affiliate state of the [Help Me Grow national network](#). There are 92 programs in 28 states.

Preventive Medical Visits (Annual Well Visits): Title V is actively engaged in a variety of activities that involve outreach, promotion, and support to increase access to annual preventive medical visits for children and adolescents. Visits are important for access to comprehensive services including screening and immunizations, referral, and diagnosis and treatment when indicated. Title V promotes [Bright Futures™](#) as a standard of care in line with the [Medicaid EPSDT program](#) and is also focusing on expanding school-based health centers to increase access to care, especially for adolescents.

Oral Health: Title V has a formal partnership with [Oral Health Kansas](#) (OHK) to support a three-year initiative launched August 2018. OHK is leading the following activities: conducting an environmental scan of local MCH agencies to discover what educational materials are being used, working with the KPCC coordinator to record a webinar for the oral health prenatal education, creating and disseminating an interactive oral health poster designed to engage parents and children while in a provider's office as well as developing a free workshop for child care providers.

Behavioral Health: Kansas Title V recognizes that there cannot be whole health without behavioral health and is working to increase focus on behavioral health interventions, healthy social-emotional development, and cross systems collaboration within the State Action Plan objectives. To expand programming and increase effectiveness, Title V created a Behavioral Health Consultant (BHC) position. The BHC oversees two new federally funded projects focused on behavioral health—Kansas Connecting Communities (launched October 2018) and KSKIDSMap to Mental Wellness (scheduled for launch in July 2019).

Children & Youth with Special Health Care Needs

Care Coordination: The Special Health Care Needs program (KS-SHCN) continues to work towards expansion of the holistic care coordination model, launched in 2017. This approach helps families find, understand, and access services and resources within medical, school, and community systems to achieve optimal child/family health outcomes and empower and prepare parents to support their children. In 2018, KS-SHCN expanded efforts by partnering with an FQHC to integrate components into general pediatric services and within a specialty clinic.

Peer to Peer Support Network: In partnership with the Special Health Services Family Advisory Council (SHS-FAC), Title V launched a peer-to-peer support network, [Supporting You](#), to connect parents and caregivers of children with SHCN with peers who have like experiences and/or life circumstances. The network is designed to help individuals connect with one another, share ideas and resources, and gain support where it would most benefit. Currently there are three participating programs: KS-SHCN, KS School for the Deaf, and SHS-FAC. The network is expected to expand to at least two other programs in the coming year.

Family Engagement: KS-SHCN contracted with a SHS-FAC member to extend care coordination services in the Wichita and surrounding areas, where the program previously lacked adequate coverage through a separate Satellite Office. This care coordinator will also begin providing Family Care Coordination Trainings and develop a train-the-trainer model to expand program capacity and extend additional training opportunities. The coordinator serves as the KS-SHCN Peer Support Administrator to assist with connecting peers through the network. As needs arise, this partnership model will be pursued whenever possible to support family engagement, leadership, and professional development.

Kansas Title V Block Grant Budget

The Federal-State Title V partnership budget totals \$12,723,071 for FY2020 (federal funds \$4,780,598; state funds \$3,949,804; local funds \$3,992,669). Federal and State MCH funds totaling more than \$4.5M is allocated for FY2020 to support local agencies in providing community-based, family centered MCH services, including services for individuals with special health care needs.