

# Save Fuel; Save Cash

High fuel prices have everyone asking the same questions: What really saves gas? Do I need to buy a hybrid? What about using public transportation? Should I could drag my bike out of the garage? While great options, they may not be practical for everyone.

**Check out the top 5 things that save you fuel and money when driving your current vehicle.**

## **Obey speed limits**

Go easy on the gas pedal will ya? And how about showing some respect for those brakes as well? In more technical terms avoid aggressive acceleration and hard braking. Finally, analyze the traffic and signals ahead, speeding up simply to stop at the next traffic light doesn't make \$ense.

## **Avoid excessive idling**

Think about what is going on with your vehicle when waiting to pick up your kids, for example. The engine is running, but you're not moving. You're getting ZERO MILES TO THE GALLON! If you are not in traffic and have to idle for more than a minute, your gas mileage is better off if you shut off your engine.

## **Use the cruise control**

Driving with the cruise on smoothes out the acceleration and may be essential for those of us that have trouble obeying the speed limit. Plus the higher the speed the more wind resistance you encounter.



## **Keep 'em tuned!**

Regular vehicle maintenance improves engine performance and gas mileage. To break it down, timely oil changes save an average of 23 gallons of fuel per year, new filters - 55 gallons per year, and properly inflated tires - 18 gallons per year. With gas at \$3.89 per gallon, good maintenance saves an average of \$373 per year in fuel costs.

## **Consider alternatives**

Consider taking public transportation to work occasionally, or ride your bike to pick up a gallon of milk. Driving less or at least combining your trips to maximize gas mileage may seem a little off the deep end, but hey so are gas prices. It all adds up, in more ways than one.

**It's not just about money.  
Saving fuel benefits air quality  
and reduces greenhouse gases.**

**Kansas Department of Health & Environment  
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**Healthy Kansans living in safe and sustainable environments.**

