Kansas Self-Management Education
Chronic Disease Group Leader Application

A Stanford University Self-Management Program

The workshop series is composed of six (6) weeks of scripted content and a partially scripted information meeting held one (1) week prior to the first workshop session. This means you are making a commitment to lead seven (7) weeks of sessions. Each session will last no longer than two and one-half (2.5) hours. Trained Group Leaders maintain certification by leading one (1) complete workshop series per year.

First Name _____ **Last Name** _____

Organization (if applicable) _____

Job Title: _____

Address _____

City _____ **Zip** _____ **County** _____

Phone Number _____ **Email** _____

Gender ☐ Male ☐ Female **Birth Date** _____

Please identify your race *(optional)*

☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American

☐ Native Hawaiian or Other Pacific Islander ☐ White

Please identify your ethnicity *(optional)*

☐ Hispanic or Latino ☐ Not Hispanic or Latino

Do you have a co-leader? *(recommended, but not required)*

☐ Yes ☐ No

If yes, please provide name: _____

Education Completed

☐ 8th Grade or Less ☐ Some High School ☐ High School Diploma ☐ Some College or Technical School

☐ College or Beyond ☐ Graduate or Professional Degree

What type of insurance do you have? *Select all that apply.*

☐ Medicare ☐ Medicaid ☐ Private /Employer ☐ Other ☐ None

we do CDSME

because it works

I am applying for group leader training

Month/Date _____ Location _____

How did you hear about the Kansas Self-Management Education program?

Please Select One *(one or both leaders should be living with a chronic condition)*

☐ I Have a chronic condition ☐ I am a caregiver ☐ I do not have a chronic condition

Condition(s) (optional): _____

Do you have current CPR certification? *(recommended, but not required)* ☐ Yes ☐ No

What professional experience or volunteer experience have you had leading education classes, conducting workshops, or speaking in public?

What other experience do you have that you feel would be beneficial in leading the Kansas Self-Management Education program (such as work with people with disabilities, older adults, people with special needs, and/or chronic conditions)?

How confident are you that you will make and keep the commitment to lead one (1) workshop series per year?

0=Not At All Confident and 10=Completely Confident

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

How comfortable are you speaking in a public or group situation?

0=Not At All Comfortable and 10=Completely Comfortable

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

How many miles are you willing to travel each week, one-way, to lead a workshop series?

☐ 20 miles or Less ☐ 21 – 60 miles ☐ 60 or more miles

Please use the space below to share why you want to become a Group Leader?